

Hello! I'm Deaf

Please be patient and try other ways to communicate with me.

- Write it down in plain English
- Use gesture and pointing
- Type on a phone or device

Then check that I understand before you start any procedures. Thank you.



Wairarapa DHB

Wairarapa District Health Board

Te Poari Hauora a-rohe o Wairarapa



Capital & Coast
District Health Board

ŪPOKO KI TE URU HAUORA

Hello! I'm Deaf

My preferred language is New Zealand Sign Language (NZSL).



You can use a phone or other device to **access an interpreter via video call**. This service is available via Skype, Zoom or Microsoft Teams.

Visit **www.nzrelay.co.nz** or scan this QR code with your device for instructions.



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Hello! I'm Hard of Hearing

It is difficult for me to understand you because I can't see your lips or facial expressions with the mask on.

- Can you **please remove your mask** so that I can understand you?
- **I will stay 2 metres away** when you speak.



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