



**2020**  
INTERNATIONAL YEAR  
OF THE NURSE AND  
THE MIDWIFE

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# Weighty Issues: Nursing, Equity & Safety

Nursing Grand Round March 2020

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Practice



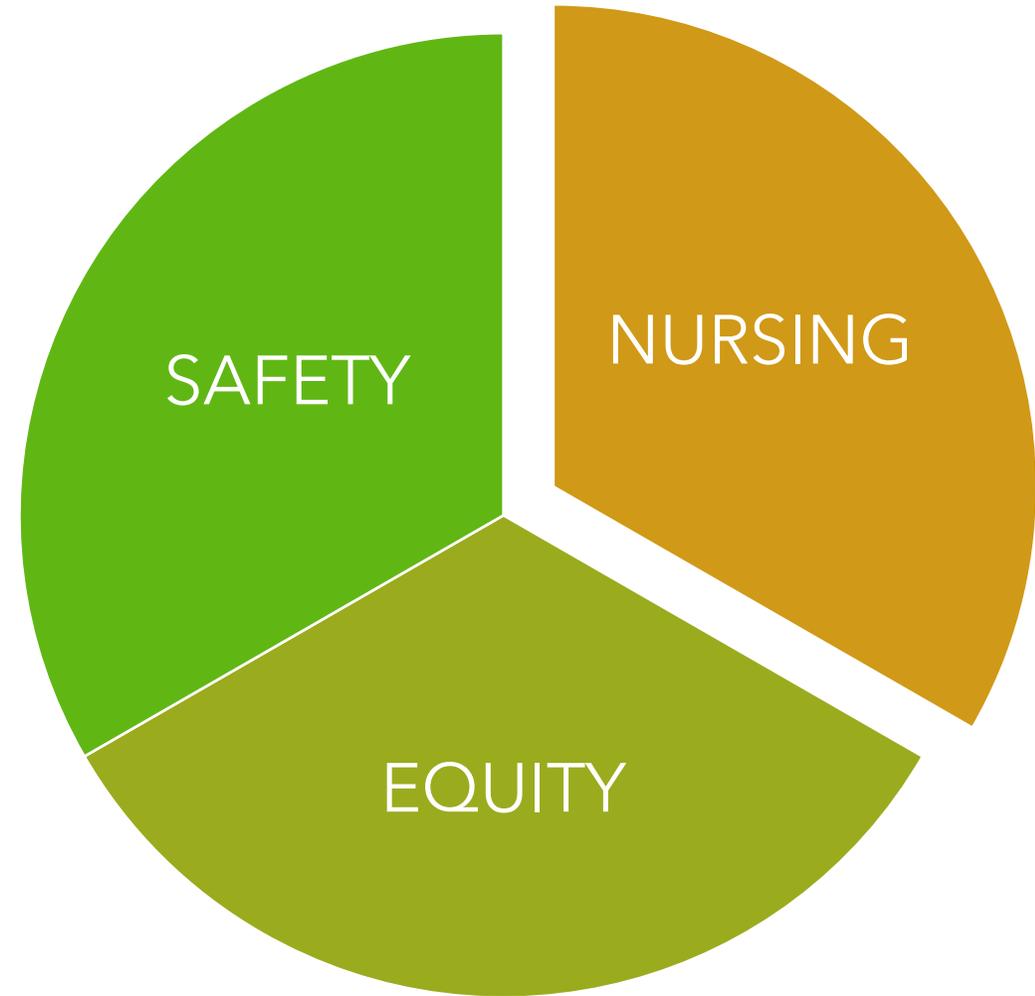
VICTORIA UNIVERSITY OF  
**WELLINGTON**  
TE HERENGA WAKA



Capital & Coast  
District Health Board  
ŪPOKO KI TE URU HAUORA

## Challenges of caring for larger body sizes

To present how local nursing research has made a difference to nursing practice and the quality of patient care at CCDHB when caring for patients of larger body size



Can you  
remember a  
time  
before.....

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...2015



# The experiences of patients with extreme obesity during hospitalisation

## Clinical Concerns

- Equipment
- Mobilisation
- Multiple service involvement

*Review of bariatric guidelines (2013-15)*

*Patient experience project*

*PhD findings*

## **CLINICAL IMPACT**

Immobile/ mobile care needs

Bariatric care bundles

Pre-admission to discharge pathways

Physical layout aids mobility

Hales, C., Curran, N., & de Vries, K. (2018). Morbidly obese patients' experiences of mobility during hospitalisation and rehabilitation: A qualitative descriptive study. *Nursing Praxis in New Zealand*, 34 (1),p. 20-31.



Hales, C., Gray, L., Russell, L., & MacDonald, C. (2018). A qualitative study to explore the impact of simulating extreme obesity on health care professionals' attitudes and perceptions. *Ostomy Wound Management*, 64, (1), 18-26.

Can simulating extreme obesity affect the attitudes and perceptions of health care professionals?

### Clinical concerns

Nursing attitudes  
Purchasing of body suits



### **CLINICAL IMPACT**

Physical layout of the health care environment

Social interactions between healthcare professionals and larger bodied patients

Hales, C., Amankwaa, I., Gray, L., & Rook, H. (2019). ARC Extreme: Aged residential care needs of older adults with extreme obesity. Victoria University of Wellington, Wellington.

How prepared of ARC facilities to care for older adults with extreme obesity?

Clinical concerns

Equity

Health service delivery

## **CLINICAL IMPACT**

Disrupts current perceptions of the Aged Care populations

Emergency management plans that consider patients weight & size

InterRAI data to support service development



# # Make a difference



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1

# research

2

# impact

3

# nursing voice