

MHAIDS: Hints for helping the nursing student - YEAR THREE

Be aware of how you present yourself i.e. being present and in the moment

Assessment and the persons journey:

- Demonstrate your holistic approach in partnership with the client to comprehensive care, nursing assessments, care planning, assessing outcomes, including enrolled nurses contributions, documentation in MHAIDS digital notes and paper based systems
- Reflect on care and the effectiveness of plans with preceptor or nurse
- Demonstrate skills in mental state examination (MSE), and discuss rationale
- Discuss with preceptor the risks which are relevant to the environment and client and contribute to risk assessments (build on from year 2)
- Continue to contribute to the multidisciplinary review/multidisciplinary team meeting processes, and Complex Case Reviews
- Demonstrate skills in assessments, such as: triggers and early warning signs, CIWA scale, importance of physical assessments (such as ECG, vital signs and early warning signs). chain analysis, functional analysis, and outcome measure tools that may be specific to service. Demonstrate holistic care and participate in physical assessments
- Demonstrate cultural understanding and assessment e.g. Te Whare Tapa Whā / Fono Fale, Meihana Model learn when to refer on
- Demonstrate skill in admission to discharge or transfer of care processes
- Practice data Input: Trend care data, HoNOS, Statistics
- Practice contributing to Second Health Professional Reports, Court process and learn the role of the RN and the EN scope of practice in contributing to these

Medication:

- Demonstrate skills in medication administration, learn the appropriate education and resources the DHB provides, and promote health, including knowledge of the EN scope of practice in relation to medication
- Read medication polices specific to service, ask preceptor which ones to read and ask questions if there is anything you don't understand
- Know your clients, do they have comorbidities, what is their diagnosis, physical health history, before you look at their medication chart
- Learn how to read a prescription/medication chart, is it a good prescription: allergies and adverse reactions completed properly, all the fields completed properly, doctor's signatures. Look up medications you don't know in the appropriate DHB site, and check dose, contra-indicators, drug interactions possible side effects, and benefits. Consider would you be happy to administer this medication to this client?
- Long acting intra-muscular (LA IMI) chart completed appropriately. Read the Intramuscular injection in adults guideline and Olanzapine pamoate long acting injection administration and post injection syndrome monitoring protocol, and other relevant policies, learn muscle sites, administration techniques. . If appropriate observe the administration of Olanzapine pamoate long acting injection by an RN.
- Chose 1-2 medications/IMI/LA IMI to learn about from the DHB appropriate site, learn the therapeutic effect, possible side effects, contra-indications, dose
- Learn the pharmacy preferred websites to print medication information for the client you are working with

Specialist/ Nurse Educator forum and the District Health Board/ Tertiary Education Provider forum. New Zealand.

Date completed: Monday 14th September 2020

Date to be reviewed: Wednesday 14th September 2022

To be reviewed at the Clinical Nurse Specialist and Nurse Educator

meeting and District Health Board / Tertiary Education Provider

Advisory Meeting Forum

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