Te-Upoko-me-Te-Karu-o-Te-Ika Mental Health, Addictions and Intellectual Disability Service

MHAIDS: Hints for helping the nursing student - YEAR TWO

Team work:	 Demonstrate you know when to seek guidance from preceptor or nurse when the situation is beyond your knowledge, understanding or concerns about a change in the clients status Learn the importance of team work, what it is, and how your role functions in the team The multidisciplinary approach- understand the different roles within the team e.g. occupational therapist, social worker, mental health support worker, clinical coordinator and so on. Spent time with members of the multidisciplinary team to broaden your understanding of individual roles. Discuss team work with preceptor, allocated nurse
Multidisciplinary Team (MDT) Multidisciplinary Review (MDR):	 Attend MDT/MDR/ Hui Hui and learn what the MDT/ MDR processes are, its purpose, how each member contributes, family/whanau input, and the client (when possible), and the value of working together with this approach to care Make links between theory and practice and contribute in MDT/ MDR
Profession and professionalism:	 We encourage you to ask questions about clinical decisions/rationale in an appropriate and respectful manner, our staff will be happy to help you with your learning Research evidence based practice-evaluate, retrieve and locate information and use it appropriately Learn the importance and value of confidentiality Demonstrate respect for client, family/ whanau and for all colleagues Demonstrate professional nursing in a manner the client determines as being culturally safe Dress appropriately, read specific dress code Demonstrate infection control standards
Safety:	 Read and complete the services Health & Safety orientation and questionnaire Learn the emergency procedures: such as fire, evacuation and how you can help if a situation occurs, and follow staff direction Learn about what nurses do in a medical emergency (MET) procedure, numbers to call, use of ISBAR communication tool Orientation to the emergency trolley or emergency equipment, other equipment, location of medical supply cupboard, oxygen tank, and algorithms Environmental safety measures and protocols i.e. environmental safety e.g. always wear a duress alarm, always look after your keys. Undertake duress alarm demonstration by staff/ security coordinator. Turn duress to silent in Court (site/ DHB specific) Working in the community, take assigned work mobile telephone and use if needed, learn what the process is for informing staff of where you will be and for how long Demonstrating an increased awareness of self and others in environment, including your personal safety The importance of reading and referring to treatment plans to gain understanding about the client, their behaviour/ presentation, triggers and so on Observe and learn de-escalation skills
Developed by: Intellectual Disability Service Educator, MHAIDS Nurse Educator, Clinical Nurse Specialist, Nurse Educator for Students and New Graduate Nurses and Nurse Practitioner in collaboration with the Clinical Nurse Specialist/ Nurse Educator forum and the District Health Board/ Tertiary Education Provider forum. New Zealand.	

Date completed: Monday 14th September 2020

Date to be reviewed: Wednesday 14th September 2022 To be reviewed at the Clinical Nurse Specialist and Nurse Educator meeting and District Health Board / Tertiary Education Provider Advisory Meeting Forum