

MHAIDS: Hints for helping the nursing student - YEAR TWO

Helpful hints for undergraduate nursing students/ ngā taura in Mental Health, Addictions and Intellectual Disability Services (MHAIDS) Student nurses always work under the direction and delegation of a nurse

Knowledge, skills and attributes:

- Apply the principals of the Treaty of Waitangi/Te Tiriti o Waitangi to nursing practice
- Articulate the role of registered nurse (RN) including responsibilities and processes of direction and delegation to enrolled nurses (EN) and mental health support workers (MHSW), including knowledge of accountability, monitoring and evaluation of care
- Develop professional practice by engaging in and receiving constructive feedback in the learning environment
- Establish an understanding of mental health presentations and diagnoses, substance use, intellectual disability (ID), including the difference between mental illness and ID
- Learn the aims of the service
- Learn about admission to discharge/transfer of care processes and the contribution of the RN
- Learn about plans used in MHAIDS settings, consider Whanau Tahī, Wellness plan, Comprehensive Assessment, Care and rehabilitation plan (CARP) plan, Hui Hui multidisciplinary team document (Forensics)
- Develop an understanding of health promotion initiatives available to the client
- Learn specific models of care and rehabilitation e.g. Intellectual Disability Model of Care and Meihana Model
- Learn about other services that interact with this one, such as other MHAIDS services/ respite
- Learn about risk assessment and formulation (risk to self, staff, and / or the environment) and learn the RN assessment, tools used and rationale process.

Relationships and communication:

- Develop an understanding of the importance of professional and culturally appropriate communication and begin to demonstrate therapeutic relationships based on rapport and trust
- Interact and engage with the client to develop skills and confidence in communication
- Learn and practice skills in collaboration with the client, building on strengths, promote recovery and wellbeing, enhancing resilience and holding hope
- Learn the variety of ways staff communicate, including how to answer the telephone, email, multi-disciplinary team (MDT), verbal and non-verbal communication. Specific communication forms, visual and communication passports which may be utilized in the ID sector
- Contribute to handover, practice writing in digital notes with support from preceptor or nurse
- Develop and maintain collegial relationship with all members of the team
- Be aware of how you present yourself, such as being present and in the moment

Assessment and the persons journey:

- Learn the holistic approach nurses take to comprehensive care, nursing assessments, care planning, assessing outcomes, including enrolled nurses contributions, documentation in MHAIDS digital notes and paper based systems