

Student Nurses

Te Whatu Ora
Health New Zealand

Gastroenterology
Department
2022

Student Name:

Welcome

We are looking forward to working with you.

We hope that you find the following guide helpful. We would like you to find your time in Gastroenterology interesting and enjoyable. Please ask questions as we are here to help you make the most of your time.

You will work alongside a senior nurse/preceptor who will help you gain theoretical knowledge, and also the practical and technical skills relating specifically to this area. However it will be your own responsibility to direct the development of your placement.

If you have any problems with your orientation, please do not hesitate to inform your Charge Nurse Manager; Clinical Nurse Educator, the preceptor you have been working with, or your tutor. If at any time you feel you have been put into a situation in which you do not feel confident please let someone know.

The Gastroenterology Department

The Gastroenterology Department encompasses a wide variety of different diagnostic and interventional procedures. The procedures we routinely provide include Gastroscopy, Colonoscopy, Flexible Sigmoidoscopy, PEG (Percutaneous Endoscopic Gastrostomy) Insertion, PEJ (Percutaneous Endoscopic Jejunostomy) Insertion, ERCP (Endoscopic Retrograde Cholangio Pancreatography), Paediatric Endoscopy in Operating Theatre, POEM (Per Oral Endoscopic Myotomy), and Endoscopic Ultrasound Procedures.

As nurses we are one of the common threads that move throughout the department. Our primary focus is to ensure patient safety and continuity of care throughout an individual's visit to our department.

The types of patients admitted vary from diagnostic, therapeutic, elective (booked) and acute cases (Urgent/Emergency) such as Food Bolus and Gastrointestinal

Gastroenterology Department – Student Nurses

Bleeding. We receive patient referrals from all areas of the hospital and from other DHBs within our region.

The Gastroenterology Department is situated on level 6 of the Clinical Services Block, Wellington Regional Hospital.

On your first day, please report to the Gastroenterology Department Reception Area at 0800.

Contacts

Prior to your placement, Email, Text, or Ring the Nurse Educator (see below).

Nurse Manager	Jane Bilik	Jane.Bilik@ccdhb.org.nz DD: 04 918 6694
Nurse Educator/ACNM	Cel Aligno	Cel.Aligno@ccdhb.org.nz
Coordinator		Ext 6223
Gastroenterology Reception	Paige, Christine, Nite	DD: 04 385 5336

**If you are sick and cannot come to work while on a placement:
Please inform Jane or Cel.**

Attire

You are required to wear your student nurse uniform during your placement. You must wear your student ID at all times while in the department.

Please remove all jewellery, watches, false nails and nail polish.

Student's Role

In the Admission and Recovery Area, you will be able to help prep patients before their procedures and care for them after their procedure.

In the Endoscopy Rooms, most of your time will be spent observing, but, wherever possible we would encourage you to be involved. The nurse that you are working with will guide you as to what you can do. There is a list of procedures at the end of the handbook that will give you some ideas of what you can see.

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- ❖ It is expected that you arrive on time for your shift and if you are going to be late or you are unwell and can not come to work, Contact Grethel.
- ❖ You must complete the full shift that you are allocated to work – If you are unable to do so please discuss with your Nurse Buddy, Nurse Preceptor or Nurse Educator. A lot of learning occurs at quiet times in the department.
- ❖ It is important that the Nurse you are working with is aware of your objectives. Please ensure all documentation you need to complete for the polytechnic / University is accomplished before the last days in the unit.
- ❖ Be enthusiastic, motivated and willing to learn.
- ❖ Return your swipe card to Paul or Grethel at the end of the placement.
- ❖ Communicate with your preceptor at the beginning of the day if you need to leave to meet your lecturer or have an appointment.

Your Preceptor

You will be allocated a main preceptor and then a buddy for each shift.

Buddying with your main preceptor for every shift of your placement may not be possible. The advantage of working with other Nurses is that you will be exposed to different teaching methods and experiences.

We rely on you to tell the nurse you are buddied with your objectives for the day/week. You must provide evaluations and/or other paperwork to the preceptor you have spent the most time with in a timely fashion (i.e. not on the due date)!

Hours of Operation

0730 – 1600 Endoscopy Nurse assisting the Paediatric Endoscopy list (Theatre)

0800 – 1630 Early Shift (Admission, Instrument, Patient, Pre-assessment, Coordinator)

0830 – 1700 Middle Shift (Admission, Instrument, Patient, Pre-assessment)

0900 – 1730 Late Shift (Capsule, Pre-assessment, Float Nurses)

1630 – 0800 Monday to Thursday – Weekday On call Nurse

1630 – 0800 Friday to Sunday – Weekend On call Nurse

Treasure Hunt

This list is designed to help you become familiar with the environment, but is by no means exhaustive of all the things you will be required to locate.

<input type="checkbox"/> Scales	<input type="checkbox"/> Discharge information
<input type="checkbox"/> Controlled Drug cupboard	<input type="checkbox"/> Clinical policies & procedures
<input type="checkbox"/> Fire Hose Reels	<input type="checkbox"/> "Notes on Injectable Drugs"
<input type="checkbox"/> Linen supplies	<input type="checkbox"/> Roster
<input type="checkbox"/> Clinical Nurse Manager Office	<input type="checkbox"/> BP Machine
<input type="checkbox"/> CNE Office	<input type="checkbox"/> Suction Equipment
<input type="checkbox"/> Intravenous Fluids and equipment	<input type="checkbox"/> Bio-hazard bags
<input type="checkbox"/> Store room	<input type="checkbox"/> Tympanic thermometer & covers
<input type="checkbox"/> Staff tea room	<input type="checkbox"/> Stationery supplies
<input type="checkbox"/> Resuscitation trolley	<input type="checkbox"/> Photocopier
<input type="checkbox"/> Scope Cleaning Room	<input type="checkbox"/> Patient charts
<input type="checkbox"/> AER Machine	<input type="checkbox"/> Pre Procedure Forms
<input type="checkbox"/> Endoscope Cupboard	<input type="checkbox"/> Dirty linen bags
<input type="checkbox"/> Fire Exits	<input type="checkbox"/> Incident Reporting
<input type="checkbox"/> ECG machine	<input type="checkbox"/> Staff Changing Room
<input type="checkbox"/> Blood glucose Machine	<input type="checkbox"/> Sterile Gloves
<input type="checkbox"/> Where to store your bags	<input type="checkbox"/> Drug Fridge
<input type="checkbox"/> Suction Machine	<input type="checkbox"/> Oxygen connection

Common Gastroenterology Related Conditions

Familiarize yourself with the following Patient Symptoms.

Dyspepsia	
dysphagia	
Gastro-Oesophageal reflux disease	
Oesophageal varices	
Pancreatitis	
Cholangitis	
Irritable bowel syndrome	
IBD – Crohns and Ulcerative Colitis	
Diverticular disease	
Achalasia	

Common Medications

Familiarize yourself with the following drugs used in Gastroenterology and briefly describe their action, pharmacokinetics and side-effects:

Midazolam	
Fentanyl	
Buscopan	
Anexate	
Naloxone	
Adrenaline	

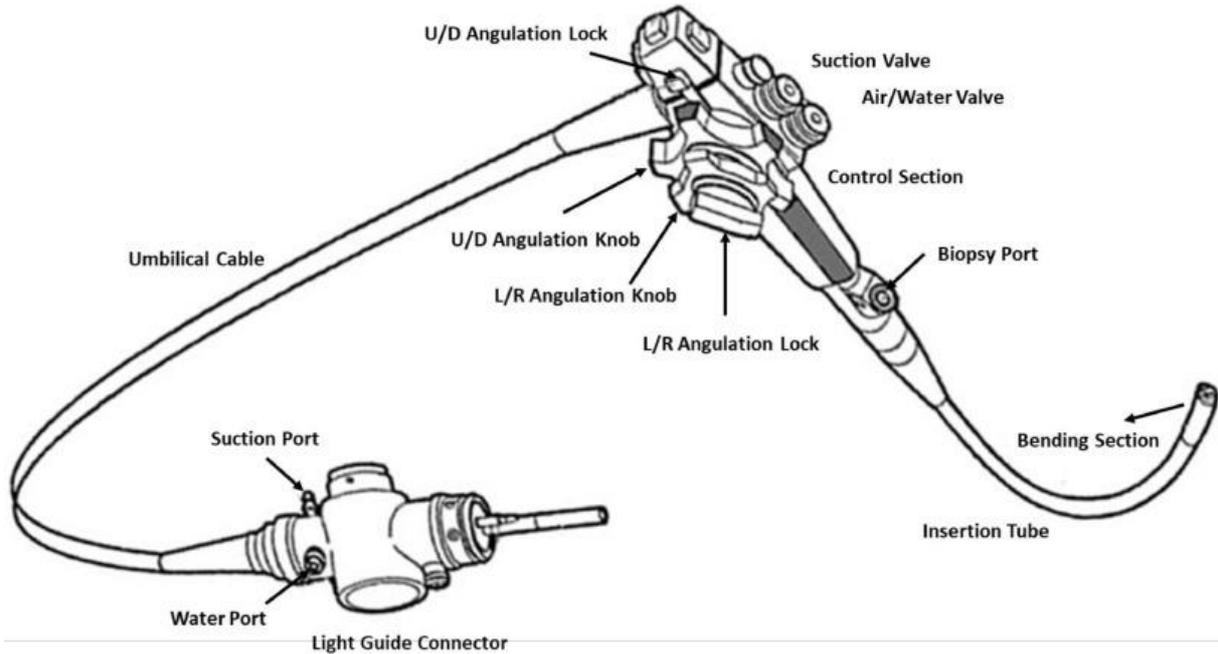
Procedures to Observe

Your Preceptor will ensure you observe the following procedures.

Gastroscopy	
Capsule Endoscopy	
Colonoscopy/ Sigmoidoscopy	
ERCP	
EUS	
POEM	
PEG	
PEJ	
Stent insertions	
Paediatric Endoscopy	

Gastroenterology Gear/Equipment

Below is a general diagram/images of the equipment you expect to come across in the Gastroenterology theatres. Feel free to examine the scopes and the equipment in the theatres under supervision of your preceptor.



Evaluation of Clinical Experience

Nurse: _____

Date of placement: _____

Date of Evaluation: _____

Preceptor: _____

This evaluation is intended to offer feedback to the preceptor and their clinical area.

Clinical Learning	1 Strongly Agree	2 Agree	3 Neither agree or disagree	4 Disagree	5 Strongly disagree	Comments
The staff were welcoming and learned to know the students by their personal name						
The staff were easy to approach and generally interested in student supervision						
A preceptor(s) was identified/introduced to me on arrival to area						
One preceptor had an overview of my experience and completed my assessment						
An orientation to the clinical area was provided						
My learning objectives were achieved						
I felt integrated into the nursing team						
I formally met with the "named preceptor" at least fortnightly						
There were sufficient meaningful learning situations in the clinical placement						
How was the Preceptor?						
The preceptor assessed and acknowledged my previous skills and knowledge						
The preceptor discussed my prepared learning objectives						
The preceptor assisted with planning learning activities						
The preceptor supported me by observing and supervising my clinical practice						
The preceptor was a good role model for safe and competent clinical practice						
I felt comfortable asking my preceptor questions						

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The preceptor provided me with regular constructive feedback on my practice						
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Additional comments:

Please return this form to Charge Nurse Manager or Clinical Nurse Educator