

Student Nurses

Orientation Handbook

2022



Pacific Health Unit

Te Whatu Ora
Health New Zealand



Talofa Lava

Ni Sa Bula Vinaka

Malo ni

Malo e lelei

Kia Orana

Fakalofa lahi atu

Noa'ia

Fakatalofa

Ko na mauri

Warm Pacific Greetings

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The Pacific Health Unit was established over the last decade to support Pacific patients and their families during their stay in hospital.

The health statistics show a prevalence of adult obesity, diabetes, asthma, smoking and alcohol among Pacific peoples (Ministry of Health statistics, 2020).

This support service is imperative to promote health literacy and mitigate health disparities for Pacific peoples.

The team

The team is made up of a Specialty Clinical nurse, a registered nurse, a social worker, a Pacific inpatient navigator and an administrator.

The team:

- advocate for patients and support them to make informed decisions
- use Pacific cultural frameworks to undertake holistic clinical assessments and provide support tailored to the needs of the patient and family
- works with hospital staff to help patients understand their care and treatment
- provide health information and education
- provide information on community and social support services
- link patients to community providers
- help patients with language support
- provide support with complex cultural or social dynamics
- help link patients to Pacific community providers or relevant agencies on discharge.

Common presentations to Pacific Health Unit

- Complex social issues
- Poor health literacy
- Language barrier
- Non-resident needing support to meet medical fees

Referrals process

Family members, patients or clinical staff can refer any Pacific patient who requires cultural, clinical or social support while in hospital.

It is recommended that you discuss the referral with the patient first and gain their consent.

Contacts

Agnes McKay

Specialty Clinical Nurse / Clinical lead

Agnes.mckay@ccdhb.org.nz

04 806 2322

Litia Gibson

Pacific Health Nurse

Litia.gibson@ccdhb.org.nz

04 806 2320

Theresa Peteli

Social Worker

Theresa.peteli@ccdhb.org.nz

04 806 2321

Elizabeth Solomona

Pacific Inpatient Navigator

Elizabeth.solomona@ccdhb.org.nz

04 806 2254

Selina Isala

Administrator

Selina.isala@ccdhb.org.nz

04 806 2320

Pacific Health Unit Cultural

Care Centre, Level 2, and Wellington Regional Hospital.

Open: Monday to Friday, 8:30am to 5pm

Your Preceptor

You will be allocated a Pacific Registered Nurse who will be your primary preceptor.

You will also work alongside other disciplines in the unit during your time with us. These experiences will help you understand working in collaboration within the Pacific team.

You will learn how the different disciplines in the Pacific team use Pacific Cultural Frameworks in their assessments as well as integrating our service with the multiple disciplinary team in the wards.

Your preceptor will be responsible for helping you to complete your learning objectives.

We will ensure that you work with this preceptor, however, due to the structure and function of the Pacific unit this is not always possible.

It is your responsibility to ensure the nurse you are working with is aware of your objectives for the day or week.

You must provide evaluations and/or other paperwork to your preceptor in a timely fashion - preferably **three days before completing your placement.**

If you have any concerns or questions do not hesitate to contact your main clinical contacts:

- **Agnes McKay** on 027 8680189 or
- **Litia Gibson** on 027 294716

Expectations of the Student Nurse while you're with the Pacific Health unit

- It is expected that you arrive on time for your shift.
If you are going to be late, or you are unwell and cannot come, to call the unit by phone
- You must complete the full shift that you are allocated to work. If you are unable to do so, please discuss this with your nurse, preceptor or nurse educator.
A lot of learning occurs at quiet times in the unit, come with a 'can do' attitude and interest to learn.
- It is important for your preceptor or the nurse you are working with that he/she is aware of your objectives.
- Due to infection control, a clean uniform must be worn, long hair must be tied back and cardigans must not be worn when working in the floor.
- Wear respectable, non-revealing clothes as this is a cultural service.
- If you are not achieving your objective please see your preceptor (before your last week in the unit).
- Please have all documentation required for your placement. A placement roster will be provided to you.
- Ensure all documentation you need to complete for the polytechnic/university is accomplished before the last days in the unit.

Your preceptor will not complete any paper that is given to him or her if it is given in the last days of your placement.

Objectives

The provision of appropriate care to the patient and family with support and supervision from the preceptor, including:

- Accurate assessment using cultural frameworks
- Competent implementation of care
- Documentation
- Referrals
- Gain an understanding of the multidisciplinary team
- Practice good infection control measures
- Collaboration with community support services
e.g Vaka Atafaga, Pacific Navigation Service
- Pacific cultural awareness and competence
- Navigating the intranet to:
 - Use search engines such as the Contact Directory
 - Sending messages using the official texting service
 - Update through Daily Dose
 - Search for clinical forms and policies using CapDoc
 - Access pharmacy references on medications and pumps etc.
 - Familiarise yourself with SQUARE for reportable events
 - Familiarise yourself with Emergency procedures

Health and Safety

Please understand specific safety measures applied or needed in your unit/ward. This should include:

- **What to do in the event of a cardiac arrest**
 - Call 777 and a RN will initiate CPR
- **What to do in the event of a fire**
 - Follow instructions by the warden (with the yellow hat), evacuate using the right side access out of the building and congregate to the front right side of the hospital
- **Any other unit/ward specific issues**
 - You are to visit the wards accompanied by your preceptor at all times
- **Security access cards**
 - please do not share or lose them.
 - return your security access card to the administrator on the last day of your placement
- **Health and safety**
 - The unit health and safety will go through safety measures with you
- **Covid19 requirements**
 - Masks must be worn at all times.
 - Safety precautions practiced at all times.
 - If you feel unwell, please stay home and report to your preceptor.
 - See your doctor if required.

Policies and guidelines

This list is designed to help you become familiar with the environment. (It is by no means an exhaustive list of all the things you will be required to locate.)

- Occupation Health and Safety folder
- Stationery supplies
- Whānau care room
- Pacific policies and resources
- Fire hazard panel
- Photocopier
- Pacific Director's office
- Incident Reporting
- Pacific Advisors' office
- Where to store your bags
- Chapel
- Wards
- Chaplains' office

- Radiology department
- Staff kitchenette
- Outpatients
- CMU
(Clinical Measurement Unit)
- Radiation Therapy
- Printing room/ mail room
- Mortuary/viewing room
- Emergency department
- EDOU
(Emergency Department Observation Unit)
- MAPU
(Medical Assessment and Planning Unit)
- Security Orderlies

Resources

Pacific Health Directorate

<https://3dhb.sharepoint.com/sites/ccdhbintranet/Pages/Teams/Pacific-Health.aspx>

Pacific Health Unit

3dhb.sharepoint.com/sites/.../Pages/Teams/Pacific-Health-unit.aspx

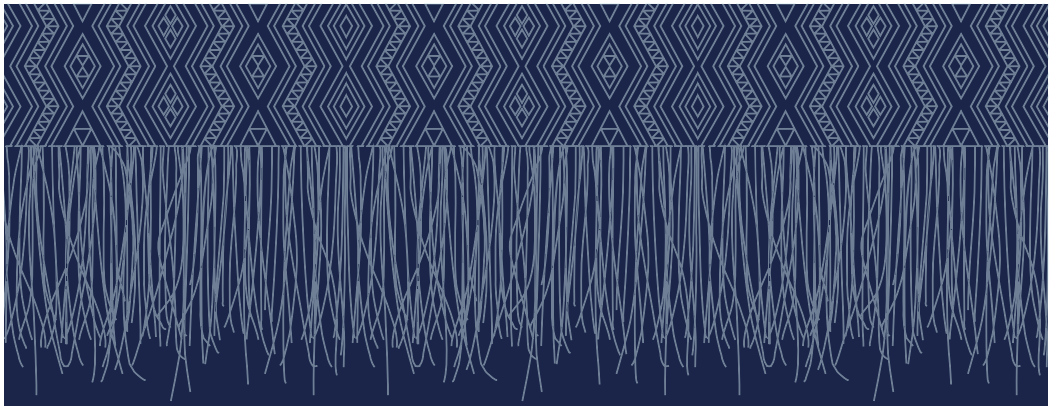
Pacific Health Strategic plan

<https://www.ccdhb.org.nz/news-publications/publications-and-consultation-documents/pacific-hw-strategic-plan-gwr-nocropmarks.pdf>

Cap Doc:

http://silentone/content/capitalDoc/320_Pacific_Health/000000105723/__file__/000000105723.pdf

http://silentone/content/capitalDoc/320_Pacific_Health/000000101554/__file__/000000101554.pdf



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