

Nurse Practitioner Candidacy Programme

An Integrated Health Service and Education Internship Model for Nurse Practitioner Candidate Role Development



Extended Clinical and Expanded Practice Experience (over 1-2 year timeframe of NP Candidacy)

Infrastructure of support from medical, nursing and other personnel underpinned by integrated NPC intern model for organisation

Clinical Experience & Extension

Practice proposal established between Preceptor (usually medical) and NPC. Preceptoring and coaching supports NPC clinical role development with:
 - up-skilling in clinical practice
 - endorsement to expand practice appropriate to clinical context
 - supervised extended practice covered by organisations guidelines and policies e.g. to select and interpret laboratory and diagnostic tests, prescribe treatments and perform procedures
 - extended clinical practice experience and skill acquisition within Service
 - when appropriate targeted learning in negotiated placement outside service e.g. short-term access to practice setting or course

Expanded Role Reflection

Practice Mentor (nurse with no direct reporting line):
 - facilitates reflection and critical thinking around clinical and practice role development
 - supports NPC role development to NP level
 - Support activities across NP domains to expand nursing contribution and NP Portfolio preparation

NPC selects mentor or negotiates co-mentoring structure (e.g. between NP, nurse academic, NZNO mentor programme, experienced mentor).

Professional Role Development

Nurse leadership contact:
 - fortnightly with service NL
 - 3 monthly with DON until final phase of NP programme
 - supports role development to underpin leadership and expert skills working collaboratively across settings and within diverse cultural and interdisciplinary environments

During final 1-2 months of NP candidacy in preparation for NCNZ registration assessment
 - re-scheduled contact with DON and Nursing Professor
 - Opportunity for preparation for panel interview

Clinical Supervision

Contact scheduled with approved Clinical (Professional) Supervisor to:
 - discuss and extend insight on personal, interpersonal and organisational issues that influence NPC work with patients and families
 - foster development and growth of NP skills, ability and leadership in an expanded practice role
 - improve both personal and professional development

Concluding NP Portfolio preparation for Nursing Council of NZ (NCNZ) assessment

Service and organisational endorsement

University endorsement for clinically focused Masters Degree with NP Competencies

NP Portfolio submission and panel interview with NCNZ and strategic NP role development and implementation