

Education Plan for Nurse Practitioners re Applying for Special Authorities and prescribing Standard Supplements – November 2019

Assumption that as nurse practitioners already write a prescriptions and chart on the medicine chart if relevant.

Topics to cover:

- Assessing a patient – food first, boosted or fortified food before supplementation
- How to do a Special Authority Application – hard copy or electronic
- Standard Supplements: this section of the Pharmaceutical schedule includes the standard liquid and powder supplements and tube feeds for adults. Need to know products in this category and what is used within your DHB, and what products fall outside of this category i.e. SA is restricted.
- Hospital Medicine List vs Community Schedule – not all products on HML able to be prescribed in the community
- Products with part-charges and what that means for patients
- Supplements should not be used if patients cannot afford food – may need a Disability allowance
- What to do if a patient does not meet criteria for subsidized products
- Monitoring a patient, how often and how long
- How much to prescribe and for how long
- Differences between products and generally when you would use one vs another
- How to mix up powder feeds to different strengths
- Interface between dietitians and nurse practitioners

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