

## The Professional Development Recognition Programme (PDRP)

The PDRP is a competency based clinical programme that supports the practice development and career progression of Enrolled and Registered Nurses.

### Professional development hours

Verified evidence of professional development that adds up to 60 hours or more from the past three years is required.

Verification can be provided by:

- Including a copy of a certificate
- Including an electronic print out from the education provider (i.e. Connect Me record of learning)
- Having the activity verified by a senior nurse within the professional development record, i.e. signature, name, APC number

Professional development hours must:

- Be relevant to scope of practice
- Add up to 60 hours from last 3 years
- Be completed on CCDHB Professional Development Record template
- Include reflections of how three of the activities have affirmed, influenced or changed your practice
- Include date of completion of core competencies or plan to complete these

Please be aware that the following do not contribute towards professional development hours:

- Reading journals (unless in a structured forum, i.e. journal club)
- Attending meetings (unless there is a specific education focus to the meeting)
- Attending professional supervision

Please do not include any original documents within your PDRP portfolio.

## Requirements for completing the self assessment

Self assessments need to:

- Include an example from practice
- Clearly and completely answer the key performance indicator (KPI)
- Be from the past 12 months
- Be from the current area of practice
- Maintain confidentiality of patients, their family/whanau and your colleagues.

In each newsletter, requirements of a competent level KPI against one of the New Zealand Nursing Council (NCNZ) Registered Nurse Competencies are outlined. Please refer to previous newsletters for information about other competencies.

Archived newsletters are available at:

<https://www.ccdhb.org.nz/working-with-us/nursing-and-midwifery-workforce-development/professional-development/professional-development-and-recognition-programme/>

### Competency 3.2

3.2 Practices nursing in a negotiated partnership with the client where and when possible.

**Describe how you negotiate a partnership with a patient to support their independence.**

Use a particular example from your practice and describe how you negotiated a partnership with your client that supported their independence. Ensure that how you worked alongside the person is clear in your example.

**For further information about the PDRP, please discuss with the Nurse Educator in your clinical area or email:**  
[fern.crowe@ccdhb.org.nz](mailto:fern.crowe@ccdhb.org.nz)