

The Professional Development Recognition Programme (PDRP)

The PDRP is a competency based clinical programme that supports the practice development and career progression of Enrolled and Registered Nurses.

Competency vs. KPI

3.1 Establishes, maintains and concludes therapeutic interpersonal relationships with clients.

Describe how you establish, maintain and conclude therapeutic interpersonal relationships and maintain professional boundaries.

This competency is about therapeutic relationships and boundaries rather than communication. A therapeutic relationship differs from a personal relationship or friendship. The relationship is guided by professional boundaries, practice and organisational codes. What has to happen to create and maintain a therapeutic relationship and how do you achieve a formal ending to the relationship?

Competency

Key Performance Indicator (KPI)

Hints to support the development of written examples

Levels of PDRP

- Levels of PDRP are objectively assessed against the Key Performance Indicators (KPIs) of the competency.
- While the competencies do not change at any of the levels, the KPIs change to reflect the different levels of practice.
- KPIs are written in bold in the self and peer assessment under the competency, and must be answered clearly and completely.
- Examples within the self and peer assessment must be from the past 12 months and from the current area of practice.
- The level of PDRP applied for needs to reflect your current level of practice in your current area of practice and is determined by your manager.

Requirements for completing Self Assessment at RN Competent level

In each newsletter, requirements of a competent level KPI against one of the New Zealand Nursing Council (NCNZ) Competencies are outlined. Please refer to previous newsletters for information about other competencies. Archived newsletters are available at:

<https://www.ccdhb.org.nz/working-with-us/nursing-and-midwifery-workforce-development/professional-development/professional-development-and-recognition-programme/>

Competency 3.1

3.1 Establishes, maintains and concludes therapeutic interpersonal relationships with clients.

Describe how you establish, maintain and conclude therapeutic interpersonal relationships and maintain professional boundaries.

This is in 4 parts:

How do you **establish** therapeutic relationships? How do you **maintain** therapeutic relationships? How do you **conclude** therapeutic relationships?
AND

Describe how you **maintain professional boundaries.**

PDRP Workshops to support the development of portfolios are available for booking via Connect Me.

For further information about the PDRP, please discuss with the Nurse Educator in your clinical area or email: fern.crowe@ccdhb.org.nz