

MHAIDS: Hints for helping the nursing student - YEAR TWO

- Reflect on care and the effectiveness of plans with preceptor or nurse
- Begin to learn what a mental state examination (MSE) is and contribute to one
- Discuss with your preceptor the risks which are relevant to the environment and client and contribute to risk assessments
- Discuss the multidisciplinary review/multidisciplinary team meeting processes and contribute to these
- Learn about assessments, such as: triggers and early warning signs, CIWA scale, importance of physical assessments (such as ECG, vital signs and early warning signs), chain analysis, functional analysis, and outcome measure tools that may be specific to service. Understand the importance of and participate in physical assessments
- Gain knowledge and cultural understanding and assessment e.g. Te Whare Tapa Whā / Fonofale
- Learn admission to discharge or transfer of care processes
- Learn and practice inputting Trend care data
- Learn about Second Health Professional Reports, Court process, and the role of the RN and the EN scope of practice to contribute to both of these

Medication:

- Learn and practice medication administration, learn the appropriate education and resources the DHB provides, and promote health, including the EN scope of practice in relation to medication
- Read medication policies specific to service, ask preceptor which ones to read and ask questions if there is anything you don't understand
- Know your clients, do they have comorbidities, what is their diagnosis, physical health history, before you look at their medication chart
- Learn how to read a prescription/medication chart, is it a good prescription: allergies and adverse reactions completed properly, all the fields completed properly, doctor's signatures. Look up medications you don't know in the appropriate DHB site, and check dose, contra-indicators, drug interactions, possible side effects, and benefits. Consider would you be happy to administer the medication to this client?
- Long acting intra-muscular (LA IMI) chart completed appropriately. Read the Intramuscular injection in adults guideline and Olanzapine pamoate long acting injection administration and post injection syndrome monitoring protocol, and other relevant policies, learn muscle sites, administration techniques. If appropriate observe the administration of Olanzapine pamoate long acting injection by an RN.
- Chose 1-2 medications/IMI/LA IMI to learn about from the DHB appropriate site, learn the therapeutic effect, possible side effects, contra-indications, dose
- Learn the pharmacy preferred websites to print medication information for the client you are working with
- Observe and participate in medication administration as per policies, procedures, guidelines, and protocols
- Learn the importance of metabolic and physical monitoring
- Learn how to send medication prescriptions to pharmacy
- Demonstrate how blood glucose monitoring device is used. Provide evidence that e-learning is completed