

MHAIDS: Hints for helping the enrolled nursing student

Helpful hints for Enrolled Nursing Student/ Ngā Taura to learn on their clinical placement at Mental Health, Addictions and Intellectual Disability Service (MHAIDS). Student nurses always work under the direction and delegation of a nurse

Knowledge, skills and attributes:

- Apply the principals of the Treaty of Waitangi/Te Tiriti o Waitangi to nursing practice
- Articulate the role and boundaries of an enrolled nurse (EN) working under the direction of a registered nurse (RN), demonstrate reporting observations, changes in health status and escalating concerns to appropriate health practitioner with support from preceptor or nurse
- Develop professional practice by engaging in and receiving constructive feedback in the learning environment
- Establish an understanding of mental health presentations and diagnoses, substance use, intellectual disability (ID), including difference between mental illness and ID
- Learn the aims of the service
- Learn about admission to discharge and the associated processes and how the EN contributes to these
- Learn about plans used in MHAIDS settings, consider Whanau Tahī, Wellness plan, Comprehensive Assessment, Care and rehabilitation plan (CARP) plan, Hui Hui multidisciplinary team document (Forensics), and how the EN contributes to these
- Develop an understanding of health promotion initiatives available to the client
- Learn specific models of care and rehabilitation e.g. Intellectual Disability Model of Care and Meihana Model
- Learn about other services that interact with this one, such as other MHAIDS services/respite
- Learn about risk assessment and formulation (risk to self, staff, and/ or the environment) and consider how the EN contributes to these and begin to demonstrate this

Relationships and communication:

- Develop an understanding of the importance of professional and culturally appropriate communication and begin to demonstrate therapeutic relationships based on rapport and trust
- Interact and engage with the client to develop skills and confidence in communication
- Learn and practice skills in collaboration with the client, building on strengths, promote recovery and wellbeing, enhancing resilience and holding hope
- Learn the variety of ways staff communicate, including how to answer the telephone, email, multi-disciplinary team (MDT), verbal and non-verbal communication. Specific communication forms, visual and communication passports which may be utilized in the ID sector
- Contribute to handover, practice writing in digital notes with support from preceptor or nurse
- Develop and maintain collegial relationship with all members of the team
- Be aware of how you present yourself, such as being present and in the moment

Assessment and the patient journey:

- Learn the holistic approach nurses take to care, contribute to nursing assessments and care planning with the registered nurse, practice observing and articulate to preceptor

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