

Student Nurses

*Emergency
Department
Observation Unit
(EDOU)
20201*

Student Name:

The Emergency Department Observation Unit (EDOU)

Capital Coast Health is responsible for the delivery of core health services to the people of Wellington; its' suburbs, the Porirua Basin and the Kapiti Coast.

The EDOU is a 10 bed unit adjacent to the Emergency Department. Five beds are for observation patients from ED and five beds are for assessment patients we pull straight from the waiting room. We also have ED's 7 bed Minor Care Zone. So two thirds of our work is now ED work.

The major goal of the unit will be to discharge up to 80% of patients' home within 24 hours.

Professional nursing practice is committed to the principles of the Treaty of Waitangi: protection, partnership and self-determination. Each person is a reflection of a particular culture, environment and life experiences. The nursing care each person receives responds to these differences.

This orientation package is provided to help familiarise you with the unit, its standards and its procedures. We encourage you to make full use of the units learning resources. A preceptorship program is provided to supervise your practice and to assist you in learning the knowledge and skills needed in an acute environment.

We believe in providing a supportive environment in which to work and learn. We hope your time here with us is both interesting and challenging.

Welcome!!
We are looking forward to working with you.

Contacts

EDOU		5487 (3855487)
Nurse Educator	Julie Fagan	
Associate Charge Nurse Manager	Jayne Rudd	4657 or 4664

Your Preceptor

You will be allocated one main preceptor; this preceptor will be responsible for helping you completing your objectives. We will endeavor to ensure that you mainly work with this preceptor; however, due to shift work this is not always possible. It is **your** responsibility to ensure the nurse you are working with is aware of your objectives for the day/week. You must provide evaluations and/or other paperwork to your preceptor in a timely fashion (i.e. not on the due date!!). Your preceptor will not complete any evaluations if you give it to them on your last days in the unit.

If you have any concerns or questions do not hesitate to contact the Nurse Educator.

Expectations of the Student Nurse while in EDOU

The EDOU team consists of a team of registered nurses, a nurse educator and an Associate Charge Nurse Manager. The EDOU is under the umbrella of the Department of Emergency Medicine.

Morning shift	0700 - 1530
Afternoon shift	1445 – 2315 (except Thursday 1430 for teaching)
Night shift	2245 - 0715

Students administering medications (oral or intravenous) must always do so under direct supervision of an RN from the start to the finish of the procedure. Please see Student Policy in Intravenous Therapy & Cannulation Resource Manual.

- We have a few expectations of student nurses working in the EDOU:
- It is expected that you arrive on time for your shift and if you are going to be late or you are unwell and cannot come to call the unit on **3855487**
- You must complete the full shift that you are allocated to work – if you are unable to do so please discuss this with your nurse, preceptor or nurse educator. A lot of learning occurs at quiet times in the unit!!
- It is important for your preceptor or the nurse you are working with that he/she is aware of your objectives
- Due to infection control a clean uniform must be worn, long hair must be tied back and cardigans must not be worn when working on the floor
- If you are not achieving your objective please see the educator or your preceptor (before the last week in the unit)
- Please ensure all documentation you need to complete for the polytechnic/university is accomplished before the last days in the unit – your preceptor will **not** complete any paper that is given to him or her if it is given in the last days of your placement

Safety Measures in the EDOU

— What to do in the event of a cardiac arrest

If you discover a collapsed patient, push the red emergency bell above each bed. Ring 777 if no-one else can or if you are asked to. State clearly that it is a cardiac arrest in EDOU, bed-space XX

— What to do in the event of a fire

If you discover a fire or smoke, immediately tell other staff. Follow the directions of the nurse in charge

Ensure you are familiar with the flip-cardex hanging beside the patient note slots.

Ensure you know where automatic fire alarms and fire hoses are situated.

Treasure Hunt

This list is designed to help you become familiar with the environment, but is by no means exhaustive of all the things you will be required to locate.

<input type="checkbox"/> IV fluid store	<input type="checkbox"/> Plain Gauze
<input type="checkbox"/> Controlled Drug cupboard	<input type="checkbox"/> Clinical policies & procedures
<input type="checkbox"/> Linen supplies	<input type="checkbox"/> Roster
<input type="checkbox"/> A.Charge Nurse Manager Office	<input type="checkbox"/> Manual BP machine
<input type="checkbox"/> Staff Office	<input type="checkbox"/> Suction Equipment
<input type="checkbox"/> IV Syringes	<input type="checkbox"/> Bio-hazard bags
<input type="checkbox"/> Kitchen	<input type="checkbox"/> Tympanic thermometer covers
<input type="checkbox"/> Staff tea room	<input type="checkbox"/> Stationery supplies
<input type="checkbox"/> Cleaners room	<input type="checkbox"/> Photocopier/printer
<input type="checkbox"/> Xray facilities	<input type="checkbox"/> Patient charts
<input type="checkbox"/> Drug	<input type="checkbox"/> Laboratory forms
<input type="checkbox"/> Dressing Materials	<input type="checkbox"/> Emergency Trolley
<input type="checkbox"/> Oxygen isolation "shut off" valve	<input type="checkbox"/> Incident Forms
<input type="checkbox"/> Dressing Supplies	<input type="checkbox"/> Assessment Room
<input type="checkbox"/> Alcohol Swabs	<input type="checkbox"/> Sterile Gloves
<input type="checkbox"/> Minor Care Zone	<input type="checkbox"/> PTS Tube System
<input type="checkbox"/> Where to store your bags	

Objectives

- The provision of appropriate care to the patient and whanau with support and supervision from the preceptor, including
 - Accurate assessment
 - Competent implementation of care
 - Documentation
 - Referrals

- Gain an understanding of the multidisciplinary team

- Practice good infection control measures

- Pain management

- Fluid management/Fluid balance

- Wound management

- Taking vital signs and what they mean

- Coming to grips with the cardiac monitors

Common Presentations to EDOU

Common presentations to EDOU include:

- UTI (Urinary tract Infection) or pyelonephritis
- Deliberate Self Harm/overdose
- Chest pain (low risk under ED)
- Arrhythmias
- Minor injuries needing observation
- Older people needing MDT assessment or AHOP team
- Post ictal
- Waiting for further investigations
- Renal Colic
- Back pain
- Headache
- Minor care injuries/illnesses

Evaluation of your Clinical Preceptor

Please return your evaluation to the nurse educator

Name of Preceptor _____ Date _____

E = Excellent VG = Very Good S = Satisfactory NI = Needs Improvement

Please read the following statements then tick the box that best indicates your experience

My Preceptor:	E	VG	S	NI
Was welcoming and expecting me on the first day				
Was a good role model and demonstrated safe and competent clinical practice				
Was approachable and supportive				
Acknowledged my previous life skills and knowledge				
Provided me with feedback in relation to my clinical development				
Provided me with formal and informal learning opportunities				
Applied adult teaching principals when teaching in the clinical environment				

Describe what your preceptor did well

Describe anything you would like done differently

Signed: _____ Name: _____

Cut along line

Notes

Please use this space for notes.