



EYE
OUTPATIENTS
[ophthalmology]

Student Name:

The Eye Outpatients

What we do:

Provide acute and specialist eye care services to the CCDHB, HVDHB and WDHB catchment, plus sub specialty services to the lower North Island and Upper South Island regions.

Our philosophy:

To provide high quality eye care in a timely manner that is culturally safe

Kinds of patients/conditions:

Provide eye care throughout the life span.

Specialist medical and surgical care, plus tertiary emergency eye care in an outpatient setting

Provide pre-assessment for ocular surgery

Our team:

Registered nurses

Specialist medical staff and ophthalmic program trainees

Allied health/ orthoptist

Support services/ administrative

Welcome!!
We are looking forward to working with
you

Contacts

This should contain information on all the key contacts for the ward/unit

Eye outpatients	Hours: 0800 to 1700	04 3855.999 extension 82650
Clinical Nurse Manager Lyn Stewart	Lyn.stewart@ccdhb.org.nz	

Please feel free to call us with any questions prior to your placement with us. A message can be left on the department answer phone out of hours.

Your Preceptor

You will be allocated one main preceptor. Your preceptor will be responsible for helping you complete your objectives. During your time in the department you will also spend time working along side various members of the clinical team to broaden your understanding of the various facets of working as a registered nurse in ophthalmology. It is **your** responsibility to ensure the nurse you are working with is aware of your objectives for the day/week. You must provide evaluations and/or other paperwork to your preceptor in a timely fashion (i.e. not on the due date!!). Your preceptor will not complete any evaluations if you give it to them on your last days in the unit.

If you have any concerns or questions do not hesitate to contact us.

Expectations of the Student Nurse while in Eye Outpatient Department

- Hours for students are approximately 0830hours to 1600hours
- Please wear your uniform and identification at all times
- Initially you will not be expected to undertake any procedures, however please discuss with your preceptor when you feel ready to expand your role
- All written documentation must be signed and dated clearly
- Remember patient confidentiality, especially as this is a busy department with many patients waiting to be seen.
- You must always work within your scope of practice

We have a few expectations of student nurses working in the Eye Outpatients

- ❖ It is expected that you arrive on time for your shift. If you are going to be late, or you are unwell, and can not come please contact the department.
- ❖ You must complete the full shift that you are allocated to work – if you are unable to do so please discuss this with your preceptor. A lot of learning occurs at quiet times in the department.
- ❖ It is important for your preceptor or the nurse you are working with that he/she is aware of your objectives.
- ❖ Due to infection control a clean uniform must be worn, long hair must be tied back and cardigans must not be worn when working with patients.
- ❖ If you are not achieving your objective please see your preceptor (before the last week in the unit).
- ❖ Please ensure all documentation you need to complete for the polytechnic/university is accomplished before the last days in the unit – your preceptor will **not** complete any paper that is given to him or her if it is given in the last days of your placement.

Safety Measures in Eye Outpatients

By the end of your first day with us please ensure you can identify the following:

- Staff responsibilities during a fire alarm
- Fire extinguishers' / hoses/ emergency exits
- An medical emergency telephone number/ resus trolley
- Laser safety
- Staff response to call buttons

Treasure Hunt

This list is designed to help you become familiar with the environment, but is by no means exhaustive of all the things you will be required to locate.

- Fire alarm
- Eye patient information
- Minor operations room
- Linen supplies
- Clinical Nurse Manager Office
- Patient toilets
- IV Syringes
- Staff toilets
- Staff tea room
- Cleaners room
- Sterile Gloves
- Clean utility room
- Dressing Materials
- Eye pads and shields
- Dressing Supplies
- Plain Gauze
- Clinical policies & procedures
- "Notes on Injectable Drugs"
- Laser safety
- Manual BP machine
- Where to store your bags
- Bio-hazard bags
- Tympanic thermometer covers
- Stationery supplies
- Photocopier
- Patient files
- Laboratory forms
- Resus trolley
- Incident Forms
- Pre Assessment Room

Objectives

Below are some objectives that you should aim to complete during your placement.

- Be able to accurately test and record visual acuity
- Discuss emergency care of a chemical injury and the rationale behind the procedure
- Identify structures of the eye
- Patch an eye
- Instill eye drops and eye ointment and explain the differences between and their effects on a patient
- Attend a theatre session
- Sit in with a doctor during an outpatient consultation
- Simply explain the role of an ophthalmic nurse
- Identify chronic conditions that affect the eye
- Learn what a slit lamp is used for
- Visual fields
- Attend a pre-assessment
- Check resus trolley
- Spend time with the orthoptist and in low vision clinic.
- The role of the triage nurse
- Health assessment
- Find department's standing orders

Plus discuss with your preceptor your personal objectives for this placement

Who are these people in the department?

Maori liaison

Infection control person

People who prepare patients' for surgery

Triage nurse

Common Presentations to Eye Outpatient Department include

- Corneal ulcers
- Foreign bodies
- Infections
- Diabetic retinopathy
- Retinal detachment
- Sudden loss of vision
- Traumatic eye injuries
- Macular degeneration
- Squints
- Cataracts
- Glaucoma

Common Medications

- Most medications given in the department are given as a drop preparation
- The department has standing orders for the giving of some medications
- Students may ONLY administer medications under the direct supervision of a registered nurse
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Pre-reading/Resources

Any general nursing text book will provide ophthalmology pre-reading information for you. You can also access the Eye Outpatient section on Health Point.

The department holds various forms of information that you are welcome to use, just ask your preceptor or the nurse you are working with for assistance

Evaluation of your Clinical Preceptor

Please return your evaluation to Charge Nurse Manager

Name of Preceptor _____ Date _____

E = Excellent VG = Very Good S = Satisfactory NI = Needs Improvement

Please read the following statements then tick the box that best indicates your experience

My Preceptor:	E	VG	S	NI
Was welcoming and expecting me on the first day				
Was a good role model and demonstrated safe and competent clinical practice				
Was approachable and supportive				
Acknowledged my previous life skills and knowledge				
Provided me with feedback in relation to my clinical development				
Provided me with formal and informal learning opportunities				
Applied adult teaching principals when teaching in the clinical environment				

Cut along line

Describe what your preceptor did well

Describe anything you would like done differently

Signed: _____ Name: _____

Notes

Please use this space for notes.