



Te-Upoko-me-te-Karu-o-Te-Ika
Mental Health, Addictions and
Intellectual Disability Service



Capital & Coast
District Health Board
ŪPOKO KI TE URU HAURA

Student Nurses

TEAM FOR ASSERTIVE COMMUNITY TREATMENT (TACT) 2021

Student Name:

Team for Assertive Community Treatment

TACT is the Team for Assertive Community Treatment. We provide intensive case management for people with severe and enduring mental health problems; holistic assessment and psychiatric intervention; employment and housing assistance; family/whānau support; treatment for substance abuse; and other supports critical for an individual's ability to live successfully in the community. We have the resources and time to create opportunities for recovery for even the most difficult to engage people with complex needs.

TACT is located at **31 Mein Street, Newtown, Wellington** in the white, administration building. We operate **Monday to Friday, 0800 till 1630hrs**.

AIM:

Our aim is to enable the consumer to be successful and satisfied in the social environment of their choice, with the least amount of professional support.

TARGET POPULATION:

The target population for TACT are consumers who have an **Axis I** diagnosis, generally schizophrenia, and some, if not all, of the following characteristics:

- A particularly disruptive and enduring mental illness, resulting in significant problems of daily living
- A history of difficulty sustaining engagement, reflected in a pattern of multiple and compulsory inpatient admissions
- Reluctance or refusal to accept treatment from 'traditional' services
- Co-morbid presentation of substance use problems, homelessness, and involvement with the criminal justice system
- Multi-professional and multi-agency involvement

Consumers who present primarily with an **Axis II** diagnosis such as Borderline Personality Disorder do not meet our criteria. Consumers living in **Level 4** supported accommodation would not meet our criteria unless they are existing TACT clients.

THE KEY CHARACTERISTICS OF TACT:

- Smaller caseloads
- Multi-professional
- A high degree of mobility allowing for spontaneous treatment delivery.
- No time limit
- A 'whole team' approach

THE ROLE OF TACT:

- TACT is the key coordinator and the primary provider of services to its consumers
- We are responsible for supporting consumers to meet all activities of daily living including personal hygiene, medical care, dental care, nutrition, budgeting, bill payment, transport
- We support consumers to access full benefit entitlement through WINZ
- We supporting consumers to access day/vocational/educational services
- We support consumers to find paid employment
- In the event of a consumer being hospitalized we retain our role as key coordinator, sharing responsibility for discharge planning with the inpatient unit
- We work in partnership with the consumer to preempt or respond quickly to stressors and alleviate symptoms of distress. We understand the interaction between consumer's symptoms and psychosocial functioning

TACT TEAM VALUES:

- Assertive engagement
- Strength-based approach
- The flexibility to adapt to the needs of the individual consumer...
- ...whilst also providing consistent treatment and continuity of care
- Responsibility for clinical decisions
- A degree of autonomy
- Knowledge of community resources and how to access them

MULTIPLE AGENCIES:

- TACT work in collaboration with other agencies. These include:
- Downtown Community Ministry (DCM)
- Wellington City Mission
- Salvation Army
- Housing New Zealand
- Wellington City Council
- Te Aro Health
- Police
- Probation Services
- Family and District Court

Contact

Name	Role	Email for main contact	Phone number
James Shanks	Student Coordinator	James.Shanks@mh aids.health.nz	04 806 2218

Your Preceptor

You will be allocated one main preceptor; this preceptor will be responsible for helping you completing your objectives. However, in order to get the most out of your placement you may want to work with other members of the team at certain times. It is **your** responsibility to ensure the nurse you are working with is aware of your objectives for the day/week. You must provide evaluations and/or other paperwork to your preceptor in a timely fashion (i.e. not on the due date). Your preceptor will not complete any evaluations if you give it to them on your last day.

Expectations while with TACT

- It is expected that you arrive on time. If you are going to be late or you are unwell and cannot come please let us know.
- You must complete the full day – if you are unable to do so please discuss this with your preceptor.
- Wear clean, casual clothes – not your uniform. Please wear your name badge; you need only have your first name showing.
- It is important that your preceptor is aware of your objectives.
- If you are not achieving your objective please see your CTA or your preceptor.
- Please ensure all documentation you need to complete for the polytechnic/university is accomplished before your last day.

Safety Measures at TACT

- Swipe cards should be administered from your tertiary institute. If there are issues with activation of the swipe card, contact administration or the team leader.
- It is important to remember that TACT consumers can be unpredictable. Interactions with clients take place in the community. Consumers are frequently drug effected. Therefore, it is important to remain vigilant for both your safety and the safety of the client. Your preceptor will talk to you about risk and how we manage it.

Confidentiality

- Whilst on placement in this service, students are bound by the requirements of the Privacy Act and the Health Information Code in maintaining client confidentiality, which means information given by clients, must not be shared with anyone outside of the service at any time. Whilst discussing client-sensitive information, please be mindful of those who may potentially overhear your discussion.
- From time to time you may notice information regarding a friend, family member, or someone else you know outside of this placement. It is a breach of the Privacy Act for you to access this information. If you do become aware of this information, it is best that you advise your preceptor who can then ensure that you do not access this client's information. You are asked not to read or have any contact with this person while on placement.

Objectives

Learning objectives are an important part of making the most of your placement. Try to set objectives which specifically tie into your theoretical learning and deepen your knowledge, or find something you find particularly interesting! Understanding policies, best practice and WHY healthcare workers do things a specific way is a good reflection point. Here are some examples:

- Understand the Assertive Community Treatment (ACT) model.
- Understand the different roles and disciplines within the team; Administrator, Nurse, Occupational Therapist, Psychiatrist, Social Worker.
- Participate in the Multidisciplinary Team Meeting (MDT)
- Understand the Mental Health Act (MHA); the process of compulsory assessment and treatment.
- Understand a consumer's rights while subject to the MHA.
- If possible, attend a MHA hearing; for example, an application for a Compulsory Treatment Order or a Review Tribunal. Understand the role of the Second Health Professional.
- Understand the role of the Duly Authorised Officer (DAO).
- Understand the role of the Police in regard to the MHA.
- Assess risk.
- Assertively engage consumers in the community, for example, at the Downtown Community Ministry (DCM) or Wellington District Court.
- Use therapeutic interpersonal skills when talking to consumers
- Complete a Mental State Examination (MSE) on every consumer you see using psychiatric terminology.
- Complete progress notes.
- Understand the commonly used medications, for example anti-psychotics.
- Administer a long-acting anti-psychotic (LAI) in the form of an intramuscular injection (IM).

Common Presentations to TACT

- Paranoid Schizophrenia
- Schizo-Affective Disorder
- Polysubstance Use Disorder
- Anti-Social Personality Disorder

Common Medications

- Zuclopenthixol
- Haloperidol
- Risperidone
- Paliperidone
- Olanzapine
- Clozapine
- Quetiapine

Common Legislation

- Mental Health Assessment and Treatment Act 1992 (amended 1999)
- Privacy Act
- Health and Disability Commissioners Act
- Health Practitioners Competency Assurance Act
- Human Rights Act
- Medicines Act
- Crimes Act
- Health Information Code
- Children, Young Persons, and Their Families Act 1989
- Criminal Procedure (Mentally Impaired Persons) Act 2003

Full copies of all NZ Acts of Parliament, amendments, Bills and Regulations can be found at <http://www.legislation.co.nz/>

Evaluation of Clinical Experience

Nurse: _____ Date of placement _____

Date of Evaluation: _____ Preceptor: _____

This evaluation is intended to offer feedback to the preceptor and their clinical area.

Clinical Learning	1 Strongly Agree	2 Agree	3 Neither agree or disagree	4 Disagree	5 Strongly disagree	Comments
The staff were welcoming and learned to know the students by their personal name						
The staff were easy to approach and generally interested in student supervision						
A preceptor(s) was identified/introduced to me on arrival to area						
One preceptor had an overview of my experience and completed my assessment						
An orientation to the clinical area was provided						
My learning objectives were achieved						
I felt integrated into the nursing team						
I formally met with the "named preceptor" at least fortnightly						
There were sufficient meaningful learning situations in the clinical placement						
How was the Preceptor?						
The preceptor assessed and acknowledged my previous skills and knowledge						
The preceptor discussed my prepared learning objectives						
The preceptor assisted with planning learning activities						
The preceptor supported me by observing and supervising my clinical practice						
The preceptor was a good role model for safe and competent clinical practice						
I felt comfortable asking my preceptor questions						
The preceptor provided me with regular constructive feedback on my practice						

Additional comments:

Please return this form to Charge Nurse Manager or Clinical Nurse Educator