

Endocrine, Diabetes and Research Centre

Student Nurse Orientation Handbook 2020

Welcome! We are looking forward to working with you.

Wellington **Endocrine and Diabetes Service, Grace Neill Block,
Level 5, Wellington Hospital**
(Admin) Caroline Bennett 806 2140
Contact person: Julie Bate 027 216 9994

Kenepuru: Diabetes Office, Kenepuru Hospital,
Level 3, Ward Block (top of the stairs)
Rahia Street, Kenepuru
Christine Curry 027 2947763
Kenepuru office (04) 9182063

Kapiti: Kapiti Health Centre, Warrimoo Street, Paraparumu
Val Crawford CNS 027 4445590

If unwell or unable to attend a placement

Please phone the preceptor you are with for the day OR phone Caroline 04 8062140
(Diabetes Centre Receptionist)

Service outline

The Specialist Diabetes Nursing Service provided by CCDHB covers Wellington, Kenepuru and Kapiti. The team is made up of doctors, nurses, dieticians, a podiatrist and clinical admin staff.

During your experience:

You will improve your knowledge of the role of primary health care in promoting diabetes self management. You will observe the Diabetes CNS providing education and support to the primary health care nurse at case management clinical sessions.

You will increase your knowledge related to high risk populations and the burden of the diabetes disease process.

You will learn about the agencies and resources available for people with diabetes to improve self management.

You will observe a range of health providers working in Outpatient Clinics with people with complex co-morbidities.

You will improve your knowledge about lifestyle interventions, recommendations about food and activity, and medications for treatment of diabetes

What do we do?

We support people with diabetes and/ or endocrine conditions to achieve and maintain optimal management that fits with their lifestyles

We offer a Specialist diabetes service to assist

- People with Type 1 diabetes (newly diagnosed and long term)
- People with complex Type 2 diabetes
- Women with diabetes during pregnancy
- People preparing for dialysis in the community and/or dialysis
- People on insulin pumps (Type 1 diabetes)
- Children and adolescents with diabetes
- other health professionals caring for people with diabetes including Primary Care nurses to provide diabetes care and education in the community (Diabetes Nurse Practice Partnership), ward nurses, specialist doctors and other health providers, Rest Homes.

Co-ordination and Preceptorship

- Your Kenepuru programme is co-ordinated by Christine Curry 0272947763 (Kenepuru); Julie Bates 027 216 9994
- Each day you will be preceptored by a member of our team (the allocated preceptor may vary on a daily basis and you will receive a roster outlining the time, the venue for each day).
- Your placement is divided between two/three campuses (Wellington, Kenepuru, and Kapiti).

Orientation/Information

- Day one, you will report to Kenepuru Diabetes Department, at 0830 hrs for orientation and education in uniform.
- We will advise you of any specific requirements (location and time to report) within each specialty placement.
- You will receive a timetable outlining where to report, your placement and the type of clinic.
- You will be given a short basic quiz so that we can identify any knowledge gaps to support you in your learning. This is not retained or used for any other purpose other than to assess your previous knowledge.
- Your placement is primarily an observing role due to the nature of mostly attending outpatient clinic services at secondary care level. We would anticipate that you will be able to successfully start a person blood glucose monitoring, and teach hypoglycaemia treatment independently.
- Free car parking at Kenepuru and Kapiti hospital. For parking at Wellington Hospital, go to the CCDHB student page. You should do this well in advance of your placement start date.

Expectations of Student nurses / code of conduct

- Usually we work from 0800 – 1630. However this may vary depending on clinics.
- There is an expectation as a student you will provide your own transportation to travel to the various placements. If you cycle to work, there are showering facilities in our departments (Kenepuru and Wellington).
- You will discuss your assignment tasks and Learning Objectives as you commence the placement and review on as needed basis throughout the placement. You must provide evaluations and / or paperwork to your preceptor on the due date. Your preceptor will not complete any evaluations if you give it to them on your last three days of your placement due to their time constraints of their workloads.
- Dress code:- Student uniform with name badge, long hair must be tied back and cardigans must not be worn when working in clinics or the wards
- Cell phones must be turned off while on wards or in clinic and not in use unless during your breaks.
- No carrying water bottles in the clinical area
- Meal breaks 30 minutes for lunch, breaks for morning and afternoon tea are flexible within the placements.
- Access to food outlets or bring your own. No food outlet in Kapiti
- You are responsible for your own valuables and we have a secure office where you can leave your bags.
- Access to areas within the service/ codes: some sites only accessible after 8am, some areas require a swipe card
- If you are not achieving your objectives speak to your preceptor. We are here to provide a sound base for further development of your diabetes skills as a new graduate Registered Nurse.
- If you have any concerns during your placement, in the first instance we encourage you to speak directly with the person involved and your Institute Co-ordinator and Diabetes Co-ordinators Christine or contact person Julie.