

Student Nurses



7 North

General Surgery
Vascular
ENT
Ophthalmology

2021

Dedicated Education Unit

7 North

7 North is a 42 bed General Surgical, Vascular, ENT and Ophthalmology ward. Patients may be admitted to 7 North from home, outpatient clinics, SAPU, via the Emergency Department, from ICU or directly from theatre on the day of their surgery. Due to the range of specialties our patients are admitted for a wide variety of surgeries and procedures including:

Surgery (Acute and Elective)

- General surgery
- Bowel surgery
- Upper GI Surgery including liver surgery
- Thyroid surgery
- Disorders of the bowel, pancreas and gallbladder

Vascular

- Arterial/venous leg ulcer management
- Bypass surgery
- Aneurysm repair
- Amputation

ENT

- Quinsy
- Tracheostomy
- Laryngectomy
- Epistaxis

Ophthalmology

- Keratitis
- Corneal Transplant
- Retinal Detachment

7 North Student Nurses

We work closely with the wider multidisciplinary team including but not limited to:

- Physiotherapy
- Occupational therapy
- Dietetics
- Social work
- Diabetes nurse specialists
- Wound care nurse specialists
- Palliative Care Team

Welcome!!

We are looking forward to working with
you

Contacts

7 North			
Charge Nurse Manager	Ruth Steven	Ruth.steven@ccdhb.org.nz	8060916
Clinical Nurse Educator	Susan Donovan	Susan. Donovan@ccdhb.org.nz	8060711
Associate Charge Nurse Manager	Jackie Benson Jane Zervos	Jackie. Benson@ccdhb.org.nz Jane.Zervos@ccdhb.org.nz	8060916
Clinical Liaison Nurse		CC-GD-7NorthDEU@ccdhb.org.nz	

Your Preceptor/ Clinical Liaison Nurse

Please Email the 7 North DEU/CLN before starting your placement to arrange shifts

You will be allocated one main Clinical Liaison Nurse (CLN) this CLN in conjunction with your daily preceptor will be responsible for helping you complete your objectives.

We will endeavour to ensure that you work in the same pod and with the same person for consecutive days however, this is not always possible due to shift work and safe skill mix.

It is **your** responsibility to ensure the nurse you are working with is aware of your objectives for the day/week. You must provide evaluations and/or other paperwork to your preceptor in a timely fashion (i.e. not on the due date!!). You preceptor will not complete any evaluations if you give it to them on your last days on the ward.

If you are unable to work a rostered shift due to sickness etc. please phone through to the ward on one of the above numbers before your due start time. If you have any concerns or questions do not hesitate to contact your CLN, Susan Donovan or Ruth Steven.

Dedicated Educational Unit

The Dedicated Education Unit (DEU) model of clinical teaching and learning and is a partnership between organisations, the education providers Massey University (Massey) and Whitireia New Zealand (Whitireia) and the Capital and Coast District Health Board. Collaboration allows practice areas to provide a more supportive clinical learning and teaching environment for students. DEU's are dedicated to supporting nursing students on clinical placement encouraging incidental and intentional learning modes, and peer teaching. The DEU is based on an Australian model and offers an alternative to the Preceptorship model to focus on student learning and curriculum integration.

Preceptor

Your Preceptor will work alongside you to support your practice and learning during your placement. You will work with your preceptor in a shared care model for your orientation period. This means you will be allocated your own workload and be supported by your preceptor for this time.

Clinical Liaison Nurse

The DEU Clinical Liaison Nurse (CLN) is your main clinical contact. They will provide you with some structured clinical learning during your clinical placement. Your CLN has an excellent understanding of your programme and academic study and will work alongside your academic tutors and yourself to support your learning needs and complete formative and summative assessments during your placement.

Expectations of the Student Nurse while in 7 North

The shifts times for 7 North are:

Morning (AM)	:	0700hrs to 1530hrs
Afternoon (PM)	:	1445hrs to 2315hrs
Night (N)	:	2245hrs to 0715hrs

We have a few expectations of student nurses working in the 7 North:

- It is expected that you arrive on time for your shift and if you are going to be late or you are unwell and cannot come to call the ward on 8060916
- You must complete the full shift that you are allocated to work – if you are unable to do so please discuss this with your nurse, preceptor or nurse educator. A lot of learning occurs at quiet times in the ward.
- It is important for your preceptor or the nurse you are working with that he/she is aware of your objectives
- Due to infection control a clean uniform must be worn each day, long hair must be tied back and cardigans must not be worn when working in the floor
- If you are not achieving your objectives please see your CLN or your preceptor (before the last week on the ward)
- Please ensure all documentation you need to complete for the polytechnic/university is accomplished before the last days on the ward, Your preceptor will **not** complete any paper that is given to him or her if it is given in the last days of your placement

Safety Measures in 7 North

For all emergencies dial 777

- The resuscitation trolley is located between Pod B and Pod C. Please familiarise yourself with its contents and the contents of the emergency equipment basket at the bedside.
- Please familiarise yourself with the emergency management procedures for fire and earthquake located in the Fish Bowl on day one. Ask your named nurse to show you the fire exits and fire cells.
- In the event of an emergency push the red emergency bell located at the head of the patients beds and in the bathrooms. Help will arrive within a few seconds.
- Ensure you know the location of the duress alarms. There are three located around the ward.

Documentation

All documentation must be recorded in a timely fashion for example vital signs and fluid balance charts. All entries into the patient's notes must be legible and signed and dated with the time of writing and designation. Entries must be counter signed by your named RN.

Useful Documentation Tool

Condition / Neuro: Alert, stable, unstable improving, deteriorating, poor, satisfactory

Observations: T.P.R., B.P, E.W.S, RR, O2 sats, pulses - document abnormalities

Input: Fluids (oral, I.V., S.C., P.I.C.C., C.V.L.) Food (type of diet), NBM

Output: urine, bowels, stoma, vomit, nasogastric, drain / wound bag

Medications: Given, refused, not available, withheld and why,

Pain: Nature, site, duration, mode of administration for analgesia and effect

Wound care: Sutures, clips, skin tears, drain sites PICC and CVL dressings

General: Any further information

Treasure Hunt

This list is designed to help you become familiar with the environment, but is by no means exhaustive of all the things you will be required to locate.

<input type="checkbox"/> Pyxis Medication Machine	<input type="checkbox"/> Discharge information
<input type="checkbox"/> Controlled Drug cupboard	<input type="checkbox"/> Clinical policies & procedures
<input type="checkbox"/> Admission Trolley	<input type="checkbox"/> "Notes on Injectable Drugs"
<input type="checkbox"/> Linen supplies	<input type="checkbox"/> Roster
<input type="checkbox"/> Charge Nurse Manager Office	<input type="checkbox"/> Manual BP machine
<input type="checkbox"/> CNE/ACNM Office	<input type="checkbox"/> Suction Equipment
Scales	
<input type="checkbox"/> Intravenous Fluids and equipment	<input type="checkbox"/> Bio-hazard bags
<input type="checkbox"/> Store room	<input type="checkbox"/> Tympanic thermometer & covers
<input type="checkbox"/> Staff tea room	<input type="checkbox"/> Stationery supplies
<input type="checkbox"/> Resuscitation trolley	<input type="checkbox"/> Photocopier
<input type="checkbox"/> Dirty utility room	<input type="checkbox"/> Patient charts
<input type="checkbox"/> Clean utility room	<input type="checkbox"/> Laboratory forms
<input type="checkbox"/> Dressing trolley and Materials	<input type="checkbox"/> linen bags
<input type="checkbox"/> Isolation Equipment	<input type="checkbox"/> Incident Reporting
<input type="checkbox"/> ECG machine	<input type="checkbox"/> Patients old notes
<input type="checkbox"/> Blood glucose trolley	<input type="checkbox"/> Sterile Gloves
District Nurse Referral	Pneumatic Tube System
<input type="checkbox"/> Where to store your bags	<input type="checkbox"/> Drug Fridge
Wound swabs	Advanced wound care cupboard
Shared equipment room	

Objectives

Before you start your placement you may wish to consider what you would like to achieve and have a list of objectives for your placement. You may add to these during your time on the ward.

You might like to include some of the following:

- Vital signs – accurate recording and interpretation
- Pain assessment
- Wound assessment and wound care
- Fluid balance
- Stoma therapy
- Admission and discharge process
- Admission to discharge planner including risk assessments
- Removal of IDC/Drains
- Gain an understanding of the multidisciplinary team
- Documentation and handover

Common Presentations to 7 North

Some common surgeries/presentations to 7 North include:

General Surgery

- Bowel Resections
- Stoma Formation
- Cholecystitis/cholecystectomy
- Diverticular disease
- Pancreatitis
- Thyroidectomy

Vascular

- Venous/Arterial leg ulcers
- Ischaemic lower limb
- Bypass surgery
- Carotid endarterectomy

ENT

- Quinsy
- Post tonsillectomy bleed
- Tracheostomy
- Laryngectomy

Common Procedures

- Angiography
- ERCP
- Endoscopy
- Ultrasound scan
- CT Scan
- Duplex scan

Common Medications

Common groups of medications used in 7 North:

- Analgesics
- Antiemetic
- Antibiotics
- VTE prophylaxis
- Anticoagulants
- Insulin

Student nurses may check and administer oral medications under the direct supervision of an RN.

Student nurses/midwives, who are fully endorsed by their Tertiary institutions, will be supported from their 2nd year of training onwards, to develop the skills necessary to safely administer IV and related therapies.

(Medicines – administration by C&C DHB staff – CCDHB organisational clinical policies and procedures).

Student nurses are not permitted to double check or sign for controlled drugs.

Oral medications

You may check and give oral medications under the supervision of a registered nurse (RN) if (s)he is confident for you to do so, remembering the 5 rights:

Right patient / drug / route / dose / time/ documentation

Subcutaneous (SC) and Intramuscular (IM) medications

A student nurse may administer SC and IM injections under the supervision of a RN

Intravenous medications

2nd year students - IV infusions may be prepared under the supervision of a RN. The 2nd year student nurse may not administer IV infusions.

3rd year students – IV infusions may be prepared and administered under the direct supervision of a RN and at their discretion.

Controlled Drugs

Controlled drugs are kept in the locked controlled drugs cupboard and in Pyxis. Student nurses are **not** permitted to double check or sign for controlled drugs

Evaluation

We would appreciate your feedback and ask that you complete the evaluation of your clinical experience in order for us to help improve on future student nurse placements.

Clinical Learning	1 Strongly Agree	2 Agree	3 Neither agree or disagree	4 Disagree	5 Strongly disagree	Comments
The staff were welcoming and learned to know the students by their personal name						
The staff were easy to approach and generally interested in student supervision						
My learning objectives were achieved						
I felt integrated into the nursing team						
I formally met with the CLN at least fortnightly						
There were sufficient meaningful learning situations in the clinical placement						
I felt comfortable asking questions						
I received feedback in relation to my clinical development						

Additional comments:

Please return this form to Charge Nurse Manager or Clinical Nurse Educator

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Acknowledgements to Carolyn Peckston HVDHB