

# Newborn Services

Information to support the completion of the newborn notification form



The free services below are designed to keep your baby healthy over the next few years.

Your midwife will discuss this information to help you complete the notification so that your baby can benefit from these important services. Please refer to your Well Child/Tamariki Ora Health Book for additional information on newborn services.

## National Immunisation Register (NIR)

The National Immunisation Register records the immunisation of all children living in New Zealand. This information supports your doctor and nurse to ensure that your baby receives the vaccines recommended by the Ministry of Health.

## General Practice (GP)

General Practices provide professional health care to you and your family, usually from a family doctor or nurse.

It is important for your baby's health to be enrolled with a GP. This will make sure that your baby's name and contact details are on file which will make it easier for your first visit. It will also make sure your baby can access the health care they need in the future.

Your doctor's surgery will provide:

- free immunisations as recommended by the Ministry of Health for all children
- free health care for all babies and children under the age of 13 years who are eligible for publicly-funded health services.

To find a GP near you, visit your local DHB's website.

## Well Child/Tamariki Ora Services

The Well Child/Tamariki Ora Service will support you to ensure your child grows and develops to their full potential. This service is offered to all children living in New Zealand from birth to five years.

The information you have provided advises the Well Child/Tamariki Ora provider that your baby has arrived. Your LMC and Well Child/Tamariki Ora provider will work together to transfer your child's care at around four-six weeks of age but you are welcome to contact your chosen Well Child/Tamariki Ora provider at any time. Information on each local Well Child/Tamariki Ora provider is on the back of this page.

## Dental Services

*Bee Healthy Regional Dental Service (Wellington, Kāpiti, Hutt Valley) and the Wairarapa community Dental service*

Your baby's first teeth will begin to appear at five to six months of age. Dental education and basic treatment services are provided free of charge from birth to 18 years. Once the information you have provided has been received, you will get a letter confirming your baby has been enrolled with the dental service.

The Dental Service will contact you again when your child's first dental visit is due. If your child has any urgent dental problems or if you have any questions about the service, please don't hesitate to contact the service on 0800 825 583.

## BCG Services - prevention of Tuberculosis (TB)

A BCG vaccination is given to prevent TB. TB is an infectious disease and mainly infects the lungs, although it also can affect other organs. Your midwife will give you information about TB.

Your baby is considered high risk of contracting TB if he/she:

- will be living in a house with a person with either current TB or a past history of TB
- has one or more parents or household members or carers who within the past five years have lived for a period of six or more months in any of the countries that have a high rates of TB
- will be living for three months or longer in any of the countries that have high rates of TB.

If any of the above statements apply to your baby it is likely that he/she will require a BCG vaccination and your midwife will refer you to BCG services.

## Universal Newborn Hearing Screening Early Intervention Programme

Every year in New Zealand up to 170 babies are born with significant hearing loss. If your baby has hearing loss, finding this early will help their language, learning and social development.

You will be offered free hearing screening to check whether your baby can hear well. The screening is safe and simple, and will not harm your baby. You can be with your baby during screening and will be told the results straight away. If you are not seen by a newborn hearing screener in the maternity unit, you will be sent an appointment for a test at an outpatient clinic.



# Information on Well Child/Tamariki Ora Providers

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## Plunket (Wellington, Kāpiti, Porirua, Hutt Valley, Wairarapa)

Plunket is a Well Child/Tamariki Ora Health provider with a team consisting of Kaiawhina/Karitane (Trained Child Health workers) and Plunket nurses (Registered nurses with post graduate qualification in child and family health). We are committed to supporting parents to do the very best for their children.

We offer a range of family care services including Well Child/Tamariki Ora Health assessments in the home, clinic and Kōhanga Reo environments, free parenting education courses, breast feeding support, parent support groups and car seat services.

### Contact details

Phone: (04) 460 4660

Email: wellington.wairarapa@plunket.org.nz

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## Hora Te Pai (Kāpiti)

Hora Te Pai is a long established Well Child/Tamariki Ora provider that has a registered nurse with post graduate qualification in child and family health. We provide all core assessments to our Tamariki (0-5 years) through home visits. This ensures that our Tamariki's health and wellbeing is progressing according to their age group. We are committed to working alongside our whānau to ensure the best health outcomes for our Tamariki.

We also offer other services including breast feeding support, parent education, support groups, support for hapu wahine and support from our Whānau Ora team and GP service.

### Contact details

Phone: (04) 902 7095

Fax: (04) 298 4973

Email: reception@horatepai.org.nz

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## Te Runanga o Toa Rangatira Inc - Ora Toa Health Services (Wellington and Porirua)

Ora Toa is an established Well Child/Tamariki Ora provider servicing both Wellington and Porirua suburbs. We offer holistic care, free growth and developmental checks, and support for all tamariki (0-5yrs) and their whānau.

We deliver our services in the home, open clinics, Saturday clinics, Kohanga Reo and creche visits. We also provide access to various health services and support groups. We have a qualified and experienced team of both registered nurses and community health workers.

### Contact details

Phone: (04) 237 0131

Porirua: (04) 237 0131 DDI

Wellington: (04) 245 0026 DDI

Email: tamariki.ora@oratoa.co.nz

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## Maraeroa Health Clinic (Porirua)

Based in Waitangirua, Porirua, Maraeroa Marae Health Clinic is a health provider that offers a range of services for all whānau. Our nurse and/or Kaiawhina nurse and/or Kaiawhina will visit you at home or at the Health clinic. The health and wellbeing of you and your pepi is our first priority.

### Contact details

Phone: (04) 2358 000

Email: mma@maraeroa.maori.nz

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## Pacific Health Services (Hutt Valley)

We are a Pacific Well-Child provider for the Hutt Valley. We have a qualified Well Child/Tamariki Ora Nurse. Referrals may be received through LMCs, GPs, community agencies or family self referrals. Our role is to support families to ensure the child has the best opportunity of wellbeing.

### Contact details

Phone: (04) 577 0394

Email: lolohea.tukia@phshutt.co.nz

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## Te Rūnanganui o Te Āti Awa Inc. Well Child/Tamariki Ora (Hutt Valley)

We are a well established Well Child/ Tamariki Ora provider offering services to whānau/families across the Hutt Valley. We have five Tamariki Ora nurses, three Kaiawhina and a doctor supported by other staff who provide breastfeeding education and support, safe sleep education, hapū ora, Whānau Ora services and GP services. The core elements of our Well Child/Tamariki Ora service are delivered in clinics, on Marae and Kohanga Reo and in whanau homes. We provide growth and development checks, health checks, health promotion and education and whānau care and support.

### Contact details

Phone: (04) 587 1646 or 0800 587 1646

Email: tamarikiora@atiawa.com

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## Whaiora (Wairarapa)

Whaiora is Māori Health Well Child/Tamariki Ora provider that has a team of registered nurses who have post graduate qualifications in child health. This allows us to provide a comprehensive home based care and education service promoting the health and wellbeing of Tamariki (0-5years) and their whānau. We also offer Family Start, a service which provides advocacy and support to whānau in health, education and welfare. Whaiora works in conjunction with Plunket to offer Well Child/Tamariki Ora Services.

### Contact details

Phone: (06) 370 0818

Toll free: 0800 494 246

Email: tari@whaiora.org.nz