



# International Nurses Day 2018

## Professional Development Series

**Wellington Regional Hospital**

**Every Tuesday in May**

Ward 7 Seminar Room

2.30-3.00pm

**Kenepuru Community Hospital**

**Every Wednesday in May**

Ward 6 Seminar Room

3.00-3.30pm

**Inspiring Practice: Hearing from our 2017 Ellen Dougherty IND Award Recipient**

***Renate Julie Donovan***, Clinical Nurse Specialist-Trauma, CCDHB

*Tuesday 1st May and Wednesday 2nd May*

**Resilience and Nursing Today**

***Alison Rowe***, Nurse Practitioner– Palliative Care, CCDHB

***Andrea McCance***, Executive Director of Nursing & Midwifery, CCDHB

*Tuesday 8th May and Wednesday 9th May*

**Understanding the Importance of Sleep: Physiology, Functions and Shift Work**

***Dr Karyn O’Keefe***, Research Officer Sleep/Wake Research, Massey University

*Tuesday 15th May and Wednesday 16th May*

**Mindfulness– What is it and how can it work for you?**

***Mal Joyce***, Operations Manager– Child Health Services, CCDHB

*Tuesday 22nd May and Wednesday 23rd May*

**Health is a Human Right– Local Context**

***Bronwyn Boele Van Hensbroek-Miller***, Nurse Practitioner– Te Aro Health

*Tuesday 29th May and Wednesday 30th May*

