

Moving from NICU to

Ward 1 or 2

Parent / Caregiver Information

Wards 1 and 2 are located on the ground and first floor of the Wellington Children's Hospital and care for children 0 – 16 years of age.

When your baby is ready to move from NICU to the ward, a time will be arranged for you to visit Ward 1 or 2 and meet with staff.

This visit will be arranged between 8am and 2pm Monday to Friday when the Charge Nurse Manager and/or the Clinical Nurse Specialist are available. You will have the opportunity to ask questions and gain an understanding of how the wards operate.

What to bring - Suggestions of what you may like to bring with you

- Well Health book/ Tamariki Ora Health book
- Your child's favourite toy or cuddly
- Special bottles and teats (disposable provided)
- Clean pyjamas (hospital ones provided)
- Your child's usual medications and creams (give these to the nurse looking after your child on arrival to the ward)
- Basic toiletries for yourself if you are staying overnight with your baby /child

Facilities for parents / caregivers

- One parent/caregiver is encouraged to stay overnight
- A phone is available on the ward for you to make local calls
- Meals are provided for breastfeeding mothers of infants 6 months of age and under. We apologise that we are not able to provide meals for mothers who are not breastfeeding. If you wish to bring in your own food, a fridge and microwave is available for you to use. A snack trolley selling food and cold drinks visits the wards between 10-11am Monday to Friday. If you are staying with your child overnight, toast

and cereal for breakfast is available on the ward

- The hospital shop is located in the hospital atrium and is open 7.30am – 5.30pm Monday to Friday, 9am-3pm Saturday and Sunday
- You can buy meals for yourself from Wishbone or Fuel. Fuel coffee bar is by the purple lifts outside ward 1 on Level 3. Wishbone is in the Atrium of the main hospital

Visiting

Parents/Caregivers are welcome to visit their children at any time; other visitors are welcome until 7:30 pm.

Other children should not visit if your child is in an isolation room, or in the evening when children are being settled for the night.

The door to the ward is locked overnight from 7:30 pm to 6:30 am. The nurse's may ask who you are visiting if they do not recognise you, please do not be offended as this is for the safety of all children, parents and staff. During these 'lights –out' hours the ward can be accessed by using the intercom system and the doors opened at the discretion of the staff.

For the Children

There is a large indoor playroom at the end of the ward; with age appropriate toys for children. Brothers and sisters are welcome to use the play area before 7pm. They must be supervised at all times.

Things to remember

Hot drinks brought on to the ward must have secure lids to avoid the risk of burns and spillage.

Cell phones can be used on the ward. Please ensure that you respect other families while talking on your phone in your room.

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You are **unable** to make phone calls or accept cell phone calls on the ward phone.

Security / Valuables

There are no lockable facilities on the ward. We recommend that any valuables are left at home. Please be aware that all items brought into hospital are at your own risk. We are unable to take responsibility for any of your belongings or valuables. Please do not leave any valuables unattended on the ward.

Only G (Ward 1) or G/PG (Ward 2) rated videos, games and T.V programmes are allowed in the wards (to be suitable for all age groups).

Ronald McDonald room

This parent/caregiver's room can be found along the corridor approaching Ward 2 (Level 4). The room is staffed by volunteers and is open 10am-9pm (depending on volunteer availability).

The room is for parents to have a break. Children who are Ward 1 or 2 patients cannot use the room. Brothers and sisters are able to use the room if they are accompanied by a parent /caregiver.

Tea and coffee making facilities and a lightly stocked kitchen are available for your use. A washing machine and dryer are also available. Please ask the volunteers for more information.

Hospice Room (Open 9pm – 10am)

This room is for parents/caregivers to have a break and make themselves a hot drink. It is situated outside Ward 1 (Level 3) and accessed by pin code. The code is changed occasionally and is displayed on the ward notice board.

Smoke Free Policy

Wellington Hospital is a smoke free site, which means that there is no smoking within the hospital or the grounds at any time. If you would like help to stop smoking there are services that we can refer you to. Just ask your child's nurse.

Leaving the ward

In case your child needs you, please let your child's nurse know where you will be or how you can be contacted if you leave the ward.