

Mothers with babies in NICU staying in NICU or Ronald McDonald House Patient Information



Women's Health Service

Congratulations on the birth of your baby. We understand that having a baby in NICU must be a difficult time for you and your family.

Prior to your discharge from the Postnatal Ward you will be referred to the Social Worker. They will arrange alternative accommodation. They will take into account your individual circumstances.

Once you are discharged from the ward you will be under the care of your Lead Maternity Carer (LMC).

If you normally live outside the Wellington region, the Community Midwifery Team will provide your midwifery care. One of the midwives from the Community Midwifery team should be in contact with you the day after discharge. If for some reason this does not happen please phone the hospital on (04) 385 5999 and ask for the community midwifery team midwife to be paged.

Your LMC is notified of your discharge.

Your postnatal midwife is

.....

Contact number

.....

Accident and Urgent medical centre

Phone (04) 384 4944.

Open 8am to 11pm every day of the year. No appointment is necessary.

The centre is located at 17 Adelaide Road Wellington.

Prescriptions

Can be obtained from:

Unichem Newtown Mall pharmacy located at 195 Riddiford Street, Newtown. Phone (04) 389 8394

Or

After hour's pharmacy Phone (04) 385 8810.

Mon-Fri 5pm -11pm Sat, Sun and Public holidays 8am -11pm. Located at 17 Adelaide Road (next to the Accident and Urgent medical centre).

Whilst I am staying in NICU or Ronald McDonald House:

Are meals provided by the hospital?

Meals will not be provided following discharge of the mother. You can purchase meals from Wishbone located in the atrium, or Fuel located by the purple lifts.

There are also local cafes close to the hospital.

A snack may be available for the mother in the Ward 2 Ronald Mc Donald room. Please ask the volunteers on duty.

Are showering and toilet facilities available?

Showers and toilet facilities are located in NICU or Ronald McDonald House.

Are there any clothes washing facilities?

A washer and dryer are available in the Ward 2 Ronald McDonald room for NICU residents. There may be a delay if they are busy, but the volunteers are willing to do your washing for you.

Ronald McDonald House also has facilities for residents.

Can I loan Breastfeeding /Expressing Equipment?

If not discussed prior to discharge, please ask the NICU staff for further information.

Is postnatal care provided?

Your LMC (or Community Midwifery Team Midwife if from out of town) will provide your postnatal care.

[continued]

Is general medical care and prescriptions provided?

You may be given a prescription prior to discharge. Contact your LMC (or Community Midwifery Team Midwife if from out of town) for advice (maternity related).

General Medical care (non-maternity related) will be via a doctor/GP.

You will need to attend the after hours medical centre to see a doctor /GP.

No appointment is necessary.

Postnatal care after 6 weeks?

Once you are discharged from your LMC (or Community Midwifery Team Midwife if from out of town) you will need to see your GP for any concerns.

Contact us

Ward 4 North

Wellington Hospital

Phone: (04) 8060880 (Extension 80880)

NICU

Wellington Hospital Phone: 04 8060 800

Capital & Coast DHB

Phone: (04) 385 5999 Email:

info@ccdhb.org.nz

www.ccdhb.org.nz