# Direct Biopsy of the Cervix -**Discharge Information**

**Patient Information** 



Women's Health Service

#### What is a direct biopsy?

A small piece of tissue has been removed from the abnormal area on your cervix. This piece of tissue will be sent to the laboratory for further examination.

#### What happens after my biopsy?

The biopsy has left a small raw area on the cervix. This will heal and form a small scar. It is quite normal to:

- Have some slight bleeding or discharge for five to ten days
- Notice the scab come away

#### Is there anything I need to do?

To help prevent infection and excessive bleeding, we recommend that you take the following precautions for the next five to seven days until your vaginal discharge has stopped;

- Do not have intercourse
- Use sanitary pads instead of tampons or menstrual cups
- Shower instead of having a bath
- Avoid spa pools, hot tubs and swimming pools
- Do not put anything in to your vagina

### When will I get my biopsy results?

Your results will be sent to you, your GP or your smear taker in the post, approximately six weeks after your appointment at the Women's Clinic. If you have any concerns about your results please

contact the Women's Clinic or the clinic nurse whose details were sent to you on a business card (when your appointment time was made).

## Who do I contact if I have any concerns?

If you have any concerns or need further advice please contact the Wellington Women's Clinics, or Healthline, please see the contact details below.

It would be helpful if you have your NHI number with you if you call the Wellington Women's Clinics.

#### Contact us

**Wellington Women's Clinic** Phone: (04) 806 0760 or (04) 806 0759 Hours: 8am - 5.30pm, Monday to Friday (excluding public holidays)

#### Healthline

If you are unsure if you need to visit your GP or afterhours medical centre you may wish to call Healthline for free advice. Call free anytime 0800 611 116