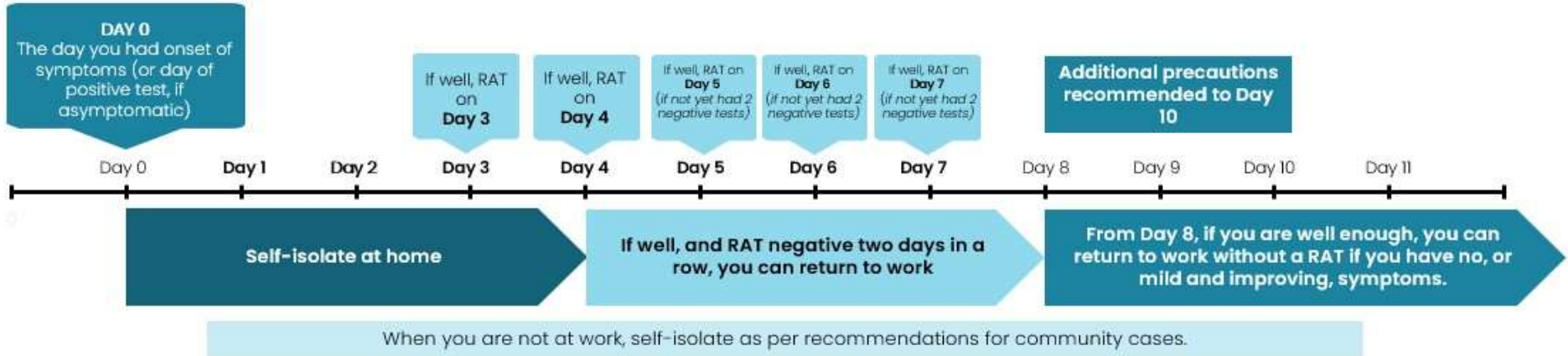


Healthcare workers: COVID-19 cases (and service is at risk by absence)



What you need to know

If you test positive for COVID-19:

- Stand down from work and isolate at home.
- Follow standard community advice on how to isolate.

If you have no symptoms, or mild and improving symptoms:

- Do a RAT on Day 3 if feeling well enough to return to work. If negative, take another pre-shift RAT the following day. You can return to work if you have two negative tests AND you feel well enough AND if you have no symptoms, or mild and improving symptoms.
- If you don't have a negative RAT on two consecutive days but are feeling well enough with no, or mild and improving, symptoms, you can return to work on Day 8 without the need for a negative RAT on that day.

Follow these additional precautions to Day 10:

- Wear a well-fitting medical mask or N95/P2 respirator (fit tested and fit checked by user)
- Practice other IPC measures (hygiene measures and physical distancing)
- Be mindful of risk to others in shared areas and when eating and drinking.
- Avoid shared transport for commuting if you can
- If you usually work in a higher-risk patient area, you may be redeployed to support elsewhere.

After Day 10:

- If you develop COVID-19-like symptoms in the next 4 weeks they are unlikely to be due to COVID-19. Follow usual processes to reduce transmission of non-COVID-19 illness and seek medical attention as required.
- If applicable, discontinue with staff surveillance testing for 4 weeks from positive test

Definition of mild symptoms:

- No fevers (without fever-reducing medication such as paracetamol).
- Minimal cough/sneeze.
- Minimally runny nose (if you have occasional sniffing but do not need to remove your mask to wipe your nose).
- Feeling generally well enough to return to work.

If you have symptoms that are more than mild, or that are not improving:

- Continue to remain at home.
- Manage your symptoms as you would normally do for a flu-like illness and seek medical attention if required.