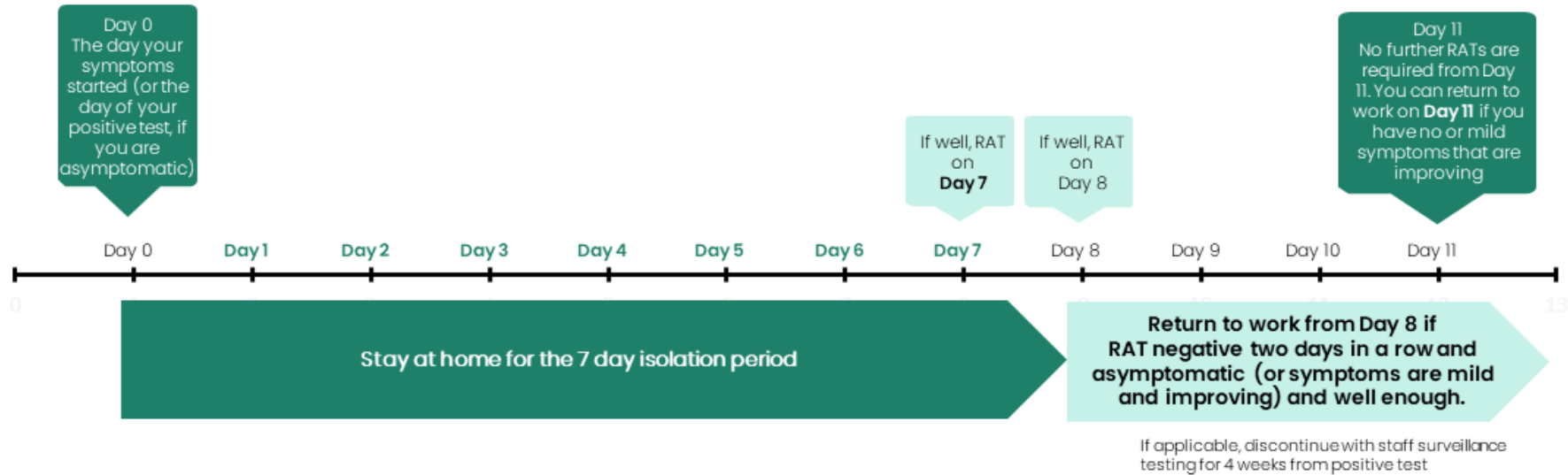


Pathway 2

Healthcare workers | COVID-19 cases | Service NOT at risk by absence



What you need to know:

You are COVID-19 positive.

Stand down and isolate at home:

- Stand down from work for 7 days from symptom onset
- Follow standard community isolation instructions

Returning to work:

You can return to work on day from Day 8 if you have two consecutive negative RATs 24 hours apart and feel well enough.

Follow these mitigation measures to Day 10:

- Wear a well-fitting medical mask or N95/P2 respirator (fit tested and fit checked by user)
- Practice other IPC measures (hygiene measures and physical distancing)
- Be mindful of risk to others in shared areas.
- Avoid shared transport for commuting if you can
- If you usually work in a higher-risk patient area, you may be redeployed to support elsewhere.

If you develop COVID-19-like symptoms in the next 4 weeks they are unlikely to be due to COVID-19. Follow usual processes to reduce transmission of non-COVID-19 illness and seek medical attention as required.

If you have symptoms that are more than mild, that are not improving:

- Continue to remain at home
- Manage your symptoms as you would normally do for a flu-like illness and seek medical attention if required

Definition of mild symptoms

- No fevers (without fever-reducing medication such as paracetamol)
- Minimal cough/sneeze
- Minimally runny nose (you have occasional sniffing but do not need to remove your mask to wipe your nose)
- Feeling generally well enough to return to work