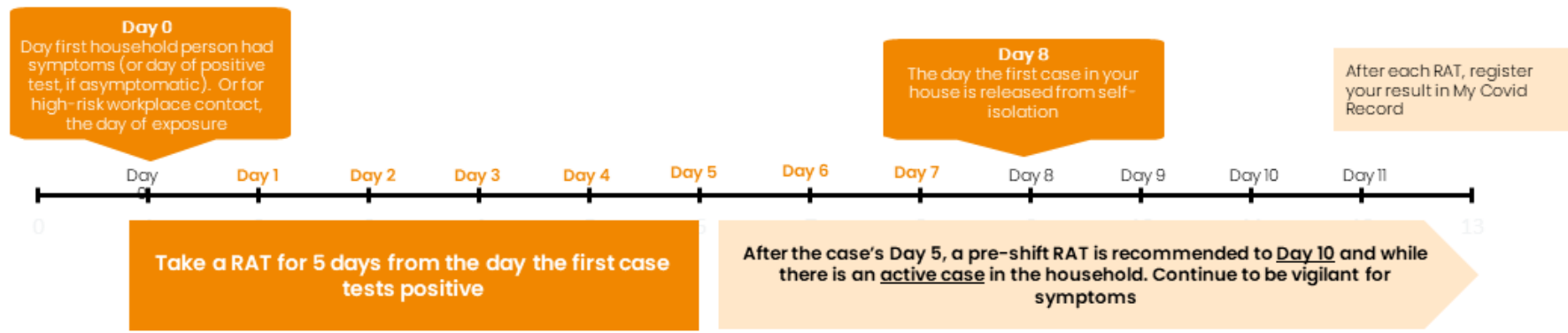


Pathway 1

COVID-19 Healthcare worker return to work guidance **PATHWAY ONE**

Healthcare workers | Household/high risk workplace exposure contacts



What you need to know:

You can continue to go to work if:

- ✓ You have no symptoms.
- ✓ You take a negative pre-shift RAT.

When you are at work:

- ✓ Wear a well-fitting medical mask or N95/P2 respirator (fit checked by user)
- ✓ If you usually work in a higher-risk patient area, you may be required to wear an N95 mask or be redeployed to support elsewhere
- ✓ Recommend continuing to RAT daily to Day 10 and while there is an active case in the household
- ✓ Maintain physical distance, including in shared areas.
- ✓ Practice good hygiene.

When you're not at work:

- Follow public health guidance for household contacts. Take a RAT daily for 5 days.

If you develop new COVID-19 like symptoms:

- Start isolation and immediately take a RAT.
- Only return to work:
 - if symptoms have resolved or are mild
 - after three negative RATs, 24 hours apart, or negative PCR at 48 hours.
- **If you have a history of COVID-like symptoms due to other causes (e.g. hayfever, asthma):**
 - you can continue working if negative RAT and symptoms are mild.
 - take three consecutive negative RATs, 24 hours apart, to confirm the symptoms are not COVID-19.

Are you a household contact?

You are a household contact of someone with COVID-19 if both of these apply:

- you normally live in a house or flat permanently, or part time (for example, shared custody)
- you spent at least 1 night or day (more than 8 hours) in that residence while the person was infectious.

You are also a household contact if you do not normally share a residence with the person who has COVID-19, but have spent a night together in the same room.

Have you been in high-risk workplace exposure event?

For the purpose of this guidance a high-risk workplace exposure event would include:

- aerosol generating behaviours (AGBs) from the case e.g. uncontrolled coughing, singing, shouting, exercise) where the person is not able to adopt respiratory etiquette, OR;
- direct exposure to the mouth/nose/eyes with infectious body fluids (e.g. coughed, sneezed, vomited on) from the case, OR;
- aerosol generating procedures (AGPs) during procedure or settle time;

AND Staff member not wearing P2/N95 and eye protection (correctly).