



## Werry Workforce Whāraurau

Triple P Online: Positive Parenting Programme



# TRIPLE P ONLINE INITIATIVE SUPPORTING WHĀNAU THROUGH COVID-19

Werry Workforce Whāraurau would like to invite you to participate in this initiative which is part of the Ministry of Health's psycho-social response to the COVID-19 pandemic. Triple P Online (TPOL) includes strategies for parenting during the COVID-19 pandemic, and will assist services to support families/whānau in building their confidence at this challenging time.

### What do we want to achieve?

- Families can learn strategies/tools to feel confident about parenting during the effects of this COVID-19 pandemic.
- The workforce has the tools to provide evidence-based, responsive, and helpful ways of supporting whānau.

### How will we achieve it?

- Provide access codes for the Triple P Online Programme to the workforce for distribution to families/whānau with children and teenagers free of charge.

### How can your organisation or service be a part of this initiative?

#### OPTION 1

Distribute programme access codes through your own account within a built for purpose Triple P Online Client Management System. You will be given a login to the system that will enable you to issue codes to parents directly.

#### OPTION 2

The referring organisation completes a simple online form that is automatically sent to Werry Workforce Whāraurau.

The parent then receives an access code by email from the Triple P Online Management System.

### Why Triple P?

The Triple P – Positive Parenting Program is one of the most effective evidence-based parenting programmes in the world, backed up by more than 35 years of ongoing research. Triple P gives parents simple and practical strategies to help them build strong healthy relationships, confidently manage their children and teenager's behaviour, as well as prevent problems developing.

Triple P is currently used in more than 25 countries and has been shown to work across cultures, socio-economic groups, and in many different kinds of family structures.



For more information or to confirm your participation in this initiative please contact the

Werry Parenting Team: [parentingteam@werryworkforce.org](mailto:parentingteam@werryworkforce.org)

For a sneak peek at Triple P Online: <https://werryworkforce.org/triple-p-online-tpol>