

## Provider Network Update

October 1 2021

We remain at Alert Level 2

This update covers:

- COVID-19 testing and vaccination update
- Information sessions for hesitant Māori
- Prime Minister Jacinda Adern visits Wainuiomata Marae Vaccination Clinic
- Upcoming Covid-19 Vaccination Events
- Reporting covid-19 vaccine misinformation or scams
- Most routine vaccinations can be given alongside COVID-19 vaccine
- COVID-19 vaccination clinics for hapū māmā – plus attachment
- Tuvalu Language Week
- Further changes at the Auckland regional boundary
- Neurodiversity in the childbirth journey workshop – plus attachment
- International midwifery campaign launches
- Masks for communities
- End of Life Choice Act implementation coming soon - plus attachment
- Wellbeing – Optimistic October

Any questions regarding this communication may be directed to [2DHBCommissioning@ccdhb.org.nz](mailto:2DHBCommissioning@ccdhb.org.nz)

All emails to this email address will be logged and responded to by an appropriate team member.

### COVID-19 TESTING AND VACCINATION UPDATE

#### INFORMATION SESSIONS FOR HESITANT MĀORI

The Māori COVID-19 vaccination team has started running information sessions aimed at providing a space where hesitant Māori can have their questions answered by experts in an informal small group environment. The team at this week's session in Wainuiomata comprised of a GP, a scientist from the Malaghan Institute, and two highly experienced nurses.

The sessions have been designed based on findings of research about what Māori in the region are thinking about vaccination. Face-to-face explanation was preferred so that is where the focus of communication is being directed. The session had the added bonus that the scientist had contracted COVID-19 herself in the UK and was able to relate to the audience what it was like and what lasting effects she had.

The GP on the night was also from the UK and could speak with some experience about the intensity of dealing with Covid and the relative risks between the vaccine and getting COVID-19.

## PRIME MINISTER JACINDA ADERN VISITS WAINUIOMATA MARAE VACCINATION CLINIC

Prime Minister Jacinda Ardern visited the Wainuiomata Marae COVID-19 Vaccination Clinic today much to the delight of many rangatahi who came across from Wainuiomata College across the road. The school has been running debates about COVID vaccination which had led to a rise in the number of rangatahi choosing to get vaccinated according to clinic lead General Manager Teresea Olsen.



Ms Ardern was guided around the clinic by clinical lead Cherry Matthews and Teresea Olsen, and spoke with staff and those who were there to be vaccinated. Selfies were snapped in abundance.

The focus for the Prime Minister was on vaccination of Māori within the Wellington Region. At 64% of Māori in the region having had their first dose, Wellington ranks in first place for Māori vaccination percentages across all regions. However the focus is now on how to reach and engage with the next 20% of Māori who are not yet vaccinated.

All providers are developing mobile services, and data which shows how many unvaccinated people are in each suburb means more precise targeting of where those mobile services are located and how communication is created for each community.

<https://www.stuff.co.nz/national/health/coronavirus/126553075/covid19-youth-may-be-the-last-group-to-get-jabbed-but-theyre-one-of-the-quickest-prime-m>

## UPCOMING COVID-19 VACCINATION EVENTS

Community Covid-19 Vaccination Day. Saturday 2 October, 9:30 to 4:30 pm, St Anne's Church, 22 Emmett Street, Newtown. Walk in appointments are welcome. This event is organised by TŪ ORA Compass Health with the Newtown Union Health Service.

Our first Rainbow Community vaccination event will be held on Sunday 3 October, 10:30 -1pm, at the Hearing Association 16 Kent Terrace, Mount Victoria. Rainbow events are accessible events on specific days where we will have community representatives and support people available. Staff are briefed on safe and inclusive language for LGBTIQ+ people and have guidelines in place. Bookings preferred, walk in options are also welcome. Call 0800 829 935, Text 027 281 5017, Email: CovidVaxAccessibility@ccdhb.org.nz

The next Sky Stadium drive-through event will run from 15-18 October - to cover 2nd dose appointments.

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Full information around vaccination sites can be found here:

Wellington: <https://www.healthpoint.co.nz/covid-19-vaccination/wellington/>

Hutt Valley: <https://www.healthpoint.co.nz/covid-19-vaccination/hutt/>

Full information around testing sites is available here.

Wellington: <https://www.healthpoint.co.nz/covid-19/wellington/>

Hutt Valley: <https://www.healthpoint.co.nz/covid-19/hutt/>

## REPORTING COVID-19 VACCINE MISINFORMATION OR SCAMS

CERT, the government organisation working to stop the spread of mis- and dis-information about the COVID-19 vaccine is interested in reports of any emails, social media posts, leaflets and the like. You can forward any emails, scans or images of vaccination misinformation to [covid@ops.cert.govt.nz](mailto:covid@ops.cert.govt.nz)

More information on their website here: <https://www.cert.govt.nz/individuals/common-threats/covid-19-vaccine-scams/report-covid-19-vaccine-scams-or-misinformation/>

This site is also good for checking any other scams circulating such as the flubot malware targeting Android phones: <https://www.cert.govt.nz/individuals/alerts/flubot-malware-infecting-android-phones/>

## MOST ROUTINE VACCINATIONS CAN BE GIVEN ALONGSIDE COVID-19 VACCINE

As announced late last week, New Zealanders can now receive the majority of other vaccines before, after, or at the same time as their COVID-19 vaccine.

There has been a disruption to routine vaccinations throughout the pandemic so this change to the immunisation programme will help get routine vaccinations back on track. The COVID-19 Technical Advisory Group (CV-TAG) has recommended that most routine vaccinations such as MMR, HPV and the influenza vaccine may be administered before, after, or at the same time as the Pfizer COVID-19 vaccine, without concern for spacing. The exception to this is the shingles vaccine, which has a recommended seven-day gap.

The recommended standard six-week gap between dose 1 and dose 2 of the Pfizer COVID-19 vaccine remains.

We have seen the impacts of the Delta COVID-19 outbreak in recent weeks, but it wasn't long ago that we had a measles outbreak in New Zealand. It's important that you don't delay routine immunisations, as they help to prevent widespread illness and protect our communities.

Recommended routine vaccinations can be viewed on the [New Zealand Immunisation Schedule](#).

## COVID-19 VACCINATION CLINICS FOR HAPŪ MĀMĀ

A reminder that Ora Toa has set aside a safe, supportive environment on Mondays from 10.30am to 2.30pm specifically for hapū māmā who would like to get vaccinated. **These clinics will start on Monday 11<sup>th</sup> October**, and include longer appointment times for asking questions. The environment is low sensory, quiet and spacious, and means hapū māmā can be vaccinated alongside other hapū māmā and be together as a community.

See **attached pdf** for information on how to organise an appointment or a discussion for a woman who would like more information.

## COVID-19 VACCINE INFO FOR HAPŪ MĀMĀ

Royal Australia & NZ College of Obstetricians and Gynaecologists – RANZCOG – has shared a video on social media to encourage hapū māmā to get vaccinated and why it's important. The video features māmā and daughter team – Dr Kasey Tawhara who is an obstetrician and her māmā Dr Pauline Gray who is a midwife. It is encouraging to see the video has had almost 2000 views. You can see it here: <https://fb.watch/81aHTwcTzc/>

## TUVALU LANGUAGE WEEK

This week just ended was Tuvalu Language Week with the theme, “Fakaakoigina tou iloga kae tukeli ke magoi mote ataeao”, which in English means, “Embracing our culture and a more secure vibrant future.”

Pacific Health Plus (PHP) runs a COVID-19 vaccination clinic out of Freedom Church, Porirua.



A relationship of trust is key to running a vaccination clinic with local and easy to access for Pacific People, and could offer vaccinations in a culturally-appropriate setting.

GP and clinical leader for Pacific Health Plus Dr Esela Natano (pictured left) is of Tuvaluan descent, and encourages healthcare staff to learn and speak a few Tuvaluan words, and by embracing some of the cultural values:

He says sharing and caring is very strong in our culture.

"The language and culture is our identity, it's the only thing that can show that you are Tuvaluan."

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## FUN FACTS ABOUT TUVALU

- Tuvalu is made up of nine inhabited islands with a population of approximately 11,000.
- It is the fourth-smallest nation in the world.
- Approximately 4,653 people who identify as being from Tuvalu living in NZ, according to the 2018 Census.
- Tuvalu language is very similar to Samoan.
- Download and print [Tuvalu language cards](#), featuring a pronunciation guide, the alphabet, everyday phrases, a short prayer and hymn.
- Find out more about Tuvalu Language Week, including online events, on the [Ministry of Pacific Peoples website](#).
- [Tuvalu COVID-19 vaccination resources can be found here](#).

## FURTHER CHANGES AT THE AUCKLAND REGIONAL BOUNDARY

Additional reasons for permitted travel have been introduced for movement across the Auckland boundary.

The additional permitted travel reasons are for:

- people relocating permanently to:
  - move into a new property that they have purchased or rented
  - start a new job
  - undertake tertiary education or study
  - shared caregiving arrangements
- people returning home from Alert Level 3 to Alert Level 2.

In these circumstances people no longer need to apply for a personal travel exemption. As long as they bring proof of their reason for travel to the boundary they will be allowed to cross.

## NEURODIVERSITY IN THE CHILDBIRTH JOURNEY WORKSHOP

Neurodivergent persons find themselves in a health-care system often unable to respond to their specific needs. This workshop continues the korero around helping Neurodivergent persons and health professionals support each other in the pregnancy, birthing and early parenting journey.

Neurodivergent speakers will present on the latest evidence and lived experience at a workshop on **Tuesday 5 October**, exploring care for Tangata Whaitakiwātanga (Autistic) and Aroreretini (ADHD) consumers through the child bearing journey. Neurodiversity is the idea that the range of brain types and neurological functioning, particularly in the areas of sociability, learning, attention, and mood, is quite broad and should be regarded as part of normal human life. One of the biggest gaps in neurodiversity research is in pregnancy and parenting.

- 1) Morning Session (for health professionals and general public admission) starting at 8.45am - 12.45pm
- 2) Afternoon session (for health professionals only) starting at 1.30pm - 4.00pm. Note you are also welcome to come to the morning session as well.

These sessions will both be at the Learning Centre, Hutt Valley DHB. You can attend in person or you can zoom in. Zoom details below. Health professionals attending will be able to gain Midwifery Council Continuing Education Hours. A sensory-friendly room has been provided and fidget toys will be available.

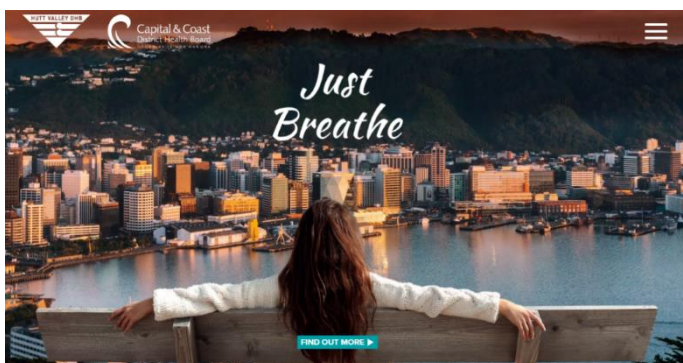
### FOR MORE INFORMATION:

Full details and bios of speakers is attached can be downloaded here:

<http://www.huttmaternity.org.nz/resources/latest-news/2021-09-15-neurodiversity-in-the-childbirth-journey-workshop/neurodiversity-study-day-programme-and-speakers-final.pdf>

For more information and to RSVP for either session please email: [BirthForEveryone@huttvalleydhb.org.nz](mailto:BirthForEveryone@huttvalleydhb.org.nz)

## INTERNATIONAL MIDWIFERY CAMPAIGN LAUNCHES



An international recruitment campaign has been launched to help address workforce pressures and encourage international candidates to join our talented workforce. With the help of an external recruitment organisation, this campaign will help reach the widest pool of candidates possible. The intent for this international campaign is to ensure there isn't any added pressure placed on the already tight domestic workforce pool.

As part of this campaign [a microsite has been developed](#) to showcase our region, the important mahi that midwives do, and to provide relevant information for those looking to move into our wonderful region. This microsite is live as of today, and will be followed by advertising in international journals and job boards.

We look forward to welcoming additional midwives into our DHBs and region. If you have any questions, please contact [Jolene.Ingram@ccdhub.org.nz](mailto:Jolene.Ingram@ccdhub.org.nz).

## MASKS FOR COMMUNITY

To tackle mask poverty members of the Pomare Sewing Group, the Common Unity Project Aotearoa, plus local groups in Petone and Porirua, and in Rimutaka Prison, have sewn 4000 reusable masks.

The project initially saw the distribution of 16000 disposable masks throughout Wellington, Hutt Valley and Porirua as a first phase response to the announcement of mandatory mask wearing as part of the recent lockdown. Phase 2 was about finding a sustainable alternative solution by approaching local community groups to source materials and sew reusable ones.

DHB Māori Health Service Planning & Integration Managers Korena Wharepapa-Vulu & Anita Taggart helped co-ordinate the project aiming to get as many masks out in to the community by using our community providers as distribution and collection points for those in need and help alleviate any mask poverty.

Kōkiri Marae Health Services, Te Rūnanganui o Te Āti Awa, Pacific Health Service, Nāku Ēnei Tamariki and many other local providers throughout the region, all contributed to the distribution of masks through their services with a focus on supporting Māori, Pacific and disabled peoples.



Kathy Samuel, 70, got stuck into sewing as part of the Pomare Sewing Group with her mokopuna, Aaliyah Tamatea-Samuels, 22. Kathy has always enjoyed sewing and asked to teach people how to sew masks. Aaliyah couldn't sew at all before starting on these and says she can now "make masks like a pro"

## END OF LIFE CHOICE ACT IMPLEMENTATION COMING SOON

The Act comes into effect from Sunday 7 November – 12 months after the public voted in support of it through a binding referendum. Once the Act comes into effect, assisted dying will be lawful in New Zealand. The End of Life Choice Act 2019 outlines the legal framework that gives people with a terminal illness and who meet the eligibility criteria the option to request medical assistance to end their lives.

We know this change will impact many of you and we encourage you to start conversations with your teams to let them know this change is coming and encourage them to do the on-line learning module. These training resources are for health professionals only. If you don't already have a [LearnOnline account](#), you can create one to access the learning.

Further learning modules for health professionals will be released over the coming months and will focus on conversations about assisted dying, the assisted dying care pathway and supporting staff to have the conversations around this topic.

The attached [information sheet provides training help](#) for you and your teams log in.

## WELLBEING – OPTIMISTIC OCTOBER

Optimistic October is all about taking daily actions to help you focus on what really matters and to do this, it's helpful to set goals. Making goals achievable and ensuring you have a few short term as well as longer term, makes us feel like we're making progress. It doesn't matter if your goal for the day is something really small, the important thing is to give yourself the opportunity to feel like you've achieved something and to celebrate that!

This month's [Action for Happiness calendar - 'Optimistic October'](#) is full of ideas to help you think about how you can put this into practice.

If you feel you aren't coping and need someone to talk to, please call or text 1737. This service is available 24/7. There are also a range of self-help tools and resources available on the [Ministry of Health website](#), including [Small Steps](#), [Whakatau Mai – The Wellbeing Sessions](#), [Staying on Track](#), the [MELON](#) app and [Mentemia](#).

## THANK YOU

Thank you for all your mahi. Please also make sure to take care of yourself this week.

Please remind your friends and whānau to get information on COVID-19 and the vaccine from our trusted sources – the [Ministry of Health website](#), [Unite Against COVID channels](#), [Karawhiua channels](#), the [Te Puni Kōkiri 'COVID-19 Information for Māori' portal](#) and [Positively Pacific](#).

If you have any questions or concerns please email us at [COVID-19questions@ccdhb.org.nz](mailto:COVID-19questions@ccdhb.org.nz) and a member of the team will respond. Or you can contact your contract manager.

A reminder that our previous provider updates and any attachments can be found here <https://www.ccdhb.org.nz/for-health-professionals/covid-19-resources-for-our-community-providers/>

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