

Provider Network Update

September 17 2021

We are at Alert Level 2 – to be reviewed on Monday 20 September. Our focus continues to be on ensuring you have information you need, when you need it, so you can care for your teams and others who depend on your service.

This update covers:

- COVID-19 testing and vaccination update
- Metlink offering free services for people travelling to/from a vaccination centre
- COVID-19 vaccination clinics for hapū māmā to start October 11th – plus attachment
- COVID-19 vaccination information for hapū māmā
- 2021 LifeKeepers Awards – congratulations to Carole Koha and Peter Barnett
- P2/N95 mask use in Alert Level 2
- Full vaccination trained people can apply as provisional vaccinators – plus attachments
- Te Wiki o te Reo Māori – plus attachment
- Nga Tohu Angitu – Celebrating Success Call For Entries
- COVID-19 wellbeing survey latest results
- Message of thanks from CE Fionnagh Dougan
- Wellbeing – self-care

Any questions regarding this communication may be directed to 2DHBCommissioning@ccdhb.org.nz All emails to this email address will be logged and responded to by an appropriate team member.

COVID-19 TESTING AND VACCINATION UPDATE

We have administered more than 407, 500 vaccination doses across our region, and more than 70 per cent of people have now had at least one dose of the vaccine.

We are moving rapidly to deliver the vaccine across our region, and have 67 clinics in place including community clinics, GP clinics, Kaupapa Māori-led clinics, Group 2 vaccination sites, pharmacies, accessible events, Pacific festivals, and workplaces, along with in-home mobile vaccination options for people identified as unable to visit a vaccination site.

Planning is underway for additional second dose events, accessible events and Pacific festivals and we will keep you posted about this.

IN-HOME VACCINATIONS

A network of four community pharmacy teams with homecare experience have so far visited just under 50 people who are unable to safely visit a clinic or who are homebound, sometimes due to severe disability.

Bronwen Shepherd, Unichem & Life Pharmacy COVID-19 operations lead for Wellington, says patients have appreciated the opportunity to be vaccinated in their own homes, and their trusted relationships help foster conversations about vaccinations that can help ease any concerns.



“There was one man who received his first vaccination while watching the government’s 1pm update and was thrilled to be part of the vaccination statistics mentioned by Dr Bloomfield. That was pretty special for us. Both patients and the pharmacists have enjoyed the 15-minute post-vaccination tea and biscuit chats, it’s a valuable experience in these times to be able to take the time and have conversations to address any questions, and simply to connect with one another.”

A collaborative approach across health sector, including the DHB COVID-19 response team, has created a highly targeted, responsive and personalised service that will help protect the whole community.

Anyone who has difficulty leaving their home safely may be able to be vaccinated at home. Talk to your GP or call 0800 829 935 to check if you are eligible for this service.

VACCINATING WORKFORCES

When the country went into alert level 4 there was a further push to get even more essential workers vaccinated. Since then, at least 1000 essential workers in the 2DHB region have received a vaccination, including supermarket employees, border workers and drivers.

ACCESSIBLE EVENTS

For anyone looking for a low sensory and accessible space to get vaccinated, appointments are available at Heretaunga Christian Centre in Upper Hutt from 10am-1pm on Monday 20 September.

This event offers longer appointments, with more space and fewer people around.

To book call 0800 829 935, text 027 281 5017 or email CovidVaxAccessibilityCCDHB@ccdhb.org.nz

NEW REO MĀORI VIDEO FROM IMAC SHOWS HOW VACCINES WORK

As part of Te Wiki o te Reo Māori, IMAC has shared a short video in te reo Māori answering the most common pātai we hear about the COVID-19 vaccine: How does it work?

This information can help inform whānau and alleviate them of any anxieties they have towards the vaccine. What’s even better is that this entire video is in te reo Māori.

Please share this with your networks, hei whakanui i Te Wiki o te Reo Māori, to let people know how the COVID-19 vaccine works.

Full information around vaccination sites can be found here:

Wellington: <https://www.healthpoint.co.nz/covid-19-vaccination/wellington/>

Hutt Valley: <https://www.healthpoint.co.nz/covid-19-vaccination/hutt/>

Full information around testing sites is available here.

Wellington: <https://www.healthpoint.co.nz/covid-19/wellington/>

Hutt Valley: <https://www.healthpoint.co.nz/covid-19/hutt/>

METLINK OFFERING FREE SERVICES TO/FROM A VACCINATION CENTRE

From Monday, Metlink are offering free services for people who are travelling to/from a vaccination centre as part of a coordinated effort to boost attendance at vaccination centres and events across the region.

The free travel be available for anyone heading for a vaccination and passengers can simply hop on board any Metlink bus or train service as they head for a vaccination.

The free return trip on Metlink bus and train services will be available to all passengers travelling on the day of their vaccination appointment who can show their booking confirmation and date either on paper or their devices. Passengers unable to use buses or trains are encouraged to contact Metlink directly on 0800 801 700 to arrange community transport to and from their vaccination centre.

If you'd like to share this message across your channels to help promote this, you can find Metlink's post here: <https://www.facebook.com/metlinkwgtm/photos/a.524391004608456/1474693586244855>

COVID-19 VACCINATION CLINICS FOR HAPŪ MĀMĀ

Ora Toa has set aside a safe, supportive environment on Mondays from 10.30am to 2.30pm specifically for hapū māmā who would like to get vaccinated. These clinics will start on Monday 11th October, and include longer appointment times for asking questions. The environment is low sensory, quiet and spacious, and means hapū māmā can be vaccinated alongside other hapū māmā and be together as a community.

See attached pdf for information on how to organise an appointment or a discussion for a woman who would like more information.

COVID-19 VACCINE INFO FOR HAPŪ MĀMĀ

Royal Australia & NZ College of Obstetricians and Gynaecologists – RANZCOG – has shared a video on social media to encourage hapū māmā to get vaccinated and why it's important. The video features māmā and daughter team – Dr Kasey Tawhara who is an obstetrician and her māmā Dr Pauline Gray who is a midwife. It is encouraging to see the video has had almost 2000 views. You can see it here: <https://fb.watch/81aHTwcTzc/>

2021 LIFEKEEPERS AWARDS – CONGRATULATIONS TO OUR WINNERS

Our congratulations to Carole Koha and Peter Barnett on winning LifeKeepers Awards. These awards recognise the often heroic but unacknowledged commitment of individuals and organisations who preserve with efforts and mahi that makes a vital contribution to suicide prevention.

The awards were announced on Friday 10th September, World Suicide Prevention Day.

LifeKeepers is a free national suicide prevention training programme for New Zealanders who want to create communities of care and prevent suicide. It is funded by Ministry of Health and delivered by Le Va, an NGO specialising in mental health and wellbeing, suicide prevention and violence prevention. Since launching in 2017 more than 4500 people have completed the training.

CAROLE KOHA

Carole has been engaged in Kaupapa Māori mental health and addiction services for the past 30 years working both in mainstream clinical services and developing Kaupapa Māori Mental Health & Addiction services within communities with Iwi Māori organisations.

Carole has also been involved with the Suicide Prevention & Postvention Governance Group for Capital & Coast, Hutt Valley & Wairarapa DHBs for many years and through many changes.

Over this time, Carole has been a strong voice for Māori and for rangatahi. She is passionate about reducing inequalities and improving outcomes for Tāngata Motuhake and their whānau. Carole has been at the coal face of supporting people in suicidal distress and beyond. She is seen as a taonga in her community and has made a measurable difference to people that have often been marginalised.

Carole is being acknowledged for her years of dedication to the kaupapa of suicide prevention, 'walking the walk' and advocating for Māori and rangatahi so less lives are lost to suicide.

PETER BARNETT

Peter brings together both professional expertise and lived experience to help others on their journeys to recovery – working directly with tangata whaiora and supporting others to value and honour the sharing and use of lived experience to empower and strengthen.

Peter has extensive experience of governance, management, policy development, advisory and voluntary roles in Government and community organisations. He also has lived experience of both mental distress, addiction and as a survivor of suicide attempts, and of related recovery journeys

Peter has set up and led consumer organisations to gain greater participation and influence in strategic and service development at national, local and service levels. He is also a member of several governance groups within the DHB, working to ensure the voice of lived experience is heard.

Peter is being specifically acknowledged for the difference he has made within governance groups. Peter has elevated the voice and needs of people affected by suicide, helping to shift thinking from a focus on a medical framework towards supporting and empowering communities to support their members and design/deliver their own solutions.

P2/N95 MASK USE IN ALERT LEVEL 2

EXEMPTION CESSATION P2/N95S IN ALERT LEVEL 2

The Ministry of Health has removed the exemptions put in place for N95/P2 use by Pharmacy and General Practice outside of the Auckland region. From 15 September 2021, N95/P2s will only be supplied to those Pharmacy and General Practice outside of the Auckland region undertaking swabbing, who have provided the Ministry of Health with a fit test declaration.

USE OF P2/N95 PARTICULATE RESPIRATORS: COVID-19 VACCINE

Please also note that as per the [COVID-19 Vaccine Operating Guidelines](#) (pg. 76 which should be read in conjunction with COVID-19 Readiness Plans Community Response Framework and Primary care quick reference guide) for Infection Prevention and Control requirements – specifically mask wearing across Alert settings – does not require the use of an N95/P2 particulate respirator.

The Ministry of Health’s centralised supply of PPE **will not** provide N95/P2 particulate respirators for use in Vaccine Centres. DHBs are also asked to not provide N95/P2 respirators from their supply to Vaccine Centres. The supply of N95/P2 particulate respirators is specifically selected for use across a range of sectors.

All Vaccine Centres as per the request in the Vaccine Operating Guidelines (pg. 46) see below, contact the [COVID-19 Health Supply Chain](#) team are asked to access PPE through the existing PPE Portal via HealthCare Logistics or Onelink.

10.4.7 Ordering Personal Protective Equipment (PPE)

Information Required	Details	Process
Order for PPE	<ul style="list-style-type: none">The PPE provided will be based on current COVID-19 Alert Level settings.Healthcare providers should hold contingency stock of PPE which can be utilised in the event of Alert Level changes.	<ul style="list-style-type: none">Order via the existing PPE Portal via HealthCare Logistics or Onelink.If you are a new provider or currently do not hold contingency stock, please contact COVID.healthsupplychain@health.govt.nz to discuss your requirements.

Please note that there are no exceptions unless approved on an individual case by case basis by the Ministry of Health directly. The Principles of Supply clearly articulate PPE across Alert Levels and settings. If you are unsure in the first instance, please refer to [Covid-19: Personal Protective Equipment Central Supply](#).

FULL VACCINATOR TRAINED PEOPLE CAN APPLY AS PROVISIONAL VACCINATORS

The high demand for vaccinator training has generated increased pressure on the availability of clinical assessments – the final step in achieving approval as a full ‘authorised vaccinator’.

To support the rollout of the COVID-19 vaccination programme, the Ministry is now allowing health care professionals who have completed IMAC’s vaccinator foundation course to apply to become a provisional vaccinator as an alternative option.

This means people who have undergone full vaccinator training but can’t book a timely clinical assessment through an Immunisation Coordinator, can instead undertake a peer assessment, and apply for authorisation as a ‘provisional vaccinator’ if they would like to begin vaccinating.

People who have completed the IMAC vaccinator foundation course and who would like to apply to become a provisional vaccinator should:

- Discuss this with their employer, noting the limited scope of the provisional vaccinator role
- Complete the [peer assessment](#) required of provisional vaccinators (**attached**)
- Submit their [provisional vaccinator application form](#) (**attached**) and all required documentation to vaccinatorauthorisations@health.govt.nz

Provisional vaccinators can only administer MMR and influenza vaccines, plus the COVID-19 vaccine if they provide their IMAC COVID-19 vaccine education course certificate.

TE WIKI O TE REO MĀORI - MĀORI LANGUAGE WEEK



Reo Maori – https://www.reomaori.co.nz/tewiki_2021 – has some great resources for using te reo in the workplace, including a series of words and phrases to use for hui ā-ipurangi online meetings - Huitopa/Zoom and Huitīma/Teams - **attached**.

Perhaps one of the more useful phrases would be *kua ngū tō reo* which means *you're on mute*.

Top tip: Pānui / Read

Use the [signage list](#) to put up signs around your workplace or try [these](#) labels, or spend an hour reading a te Reo Māori book. Suggestions for books for readers of all levels can be found here: <https://www.reomaori.co.nz/ideas#pānui>

NGĀ TOHU ANGITU: CELEBRATING SUCCESS AWARDS DEADLINE APPROACHING



A reminder there is still time to nominate either yourself, another individual, or a team whose work deserves recognition. We have seen true unity and creativity during a period of high demand for health care services, including delivering the largest ever vaccination programme in our region for COVID-19. We have seen innovation, collaboration, demonstrations of excellence, outstanding teamwork and leadership, and going the extra mile to deliver fantastic care.

- **The new closing date for entries to the CCDHB awards is Friday 24 September.**
- **The new closing date for entries to the HVDHB awards is Friday 1 October.**

Please note the nomination is a simple process which involved writing a short paragraph only, and perhaps a photo if you have one. So if you know a person or team deserving acknowledgement for their mahi, [fill in this simple online form](#) You will need to show who has benefited, and how, and you can nominate yourself. [Find out what makes a great nomination](#) in the **attached** pdf.

More information can be found here, including past winners, and a tip sheet for what makes a great nomination.

TIPS FOR NOMINATION

Nominations are limited to around 300 words so type your entry in a Word document or other notepad so you can edit it and monitor your word count, then copy and paste into the field in the form. Write one block of text – no paragraphs – or your text may not copy over correctly.

You will need a name or names for your nominees, and a phone number and email address.

A photo is also useful if you have one – of the person or team, or of their work.

All of the award categories are here: <http://www.huttvalleydhb.org.nz/about-us/celebrating-success-awards/>

MOH COVID-19 HEALTH AND WELLBEING SURVEY

The purpose of the COVID-19 Health and Wellbeing Survey is to support the government's response to COVID-19. It is designed to provide regular monitoring and reporting on key areas of interest such as people's:

- health and wellbeing
- worries relating to COVID-19
- understanding and compliance of the Alert Level rules
- household financial struggles

Results are used to understand what additional support and information New Zealanders need around COVID-19.

The COVID-19 Health and Wellbeing Survey re-started on 19 August 2021, less than two days after New Zealand moved to COVID-19 Alert Level 4. It was also in field between 30 March and 27 September 2020.

Every day about 300 people, aged 15 years and above, complete a 10–15 minute phone interview. A team from CBG Health Research Limited interview people by phone.

The latest survey results can be found here: <https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-resources-and-tools/covid-19-health-and-wellbeing-survey>

MESSAGE OF THANKS FROM CHIEF EXECUTIVE FIONNAGH DOUGAN

A message of thanks was sent to all of our providers this week. In case you missed it, or did not receive it, here is Fionnagh's message:

I want to thank you for your outstanding leadership, and on the ground efforts, while we collectively managed the recent outbreak of Delta in our communities. Your support made a huge difference in enabling our region to move quickly back to a more normal way of life.

We know that testing is critical, and over three weeks in alert levels 3 and 4, our partners administered more than 35,000 tests – an outstanding result.

Recent weeks have also shown what we can achieve on the vaccination front. Over 297,388 people, or 71% of those eligible in the wider Wellington and Hutt regions, have now received at least one dose of the vaccine.

This has only been possible through partnerships with our primary health partners – PHOs, GPs, pharmacies, Māori providers, Pacific providers, medical labs – as well as Church leaders, NGOs, community groups, and Councils, Te Papa, and SKY Stadium. You collectively enabled thousands of Wellingtonians to feel safe, welcomed and comfortable as they did their part to get tested and vaccinated.

We want to recognise our Regional Public Health group and their role in contact tracing, not only in our region but also nationally. Finally, throughout all of this, staff in our hospitals, GPs and pharmacies operated tirelessly to deliver healthcare for those who most need it, and continue to do so as we return back to normal health services under alert level 2.

The level of collaboration has been outstanding. While I know there still a lot of work to do, thanks to you, we are a lot closer to achieving our goal of protecting greater Wellington from COVID-19.

Ngā mihi

Fionnagh Dougan

Āpiha Whakahaere Mātāmua / Chief Executive
Capital & Coast and Hutt Valley District Health Boards

WELLBEING – SELF-CARE

Self-care isn't selfish, it's essential. And self-care is extremely important now more than ever given our current circumstances with COVID-19.

This month's [Action for Happiness calendar](#) encourages everyone to be kinder to themselves – as well as others – especially when things go wrong. Self-care also increases resilience and helps us get more out of life and accept others as they are.

ACTION FOR HAPPINESS APP

The **Action for Happiness app** is based on the themes and actions from our [popular monthly calendars](#) and will give you a couple of friendly "nudges" each day - firstly that day's action in the morning and secondly an inspiring message towards the end of the day.

The app is like having a little personal action coach in your pocket who:

- Gives you friendly 'nudges' with an action idea each day
- Sends you inspiring messages to give you a boost
- Helps you connect & share ideas with like-minded people

Download from the App Store or Google Play

** Please note that the push notifications are currently timed for UK use so may not arrive at the ideal time of day in other time zones!

THANK YOU

Thank you for all your mahi. I hope you get to enjoy some time off over the weekend with whānau and friends.

If you have any questions or concerns please email us at COVID-19questions@ccdhb.org.nz and a member of the team will respond. Or you can contact your contract manager.

A reminder that our previous provider updates and any attachments can be found here <https://www.ccdhb.org.nz/for-health-professionals/covid-19-resources-for-our-community-providers/>

Rachel Haggerty

Director, 2DHB Strategy, Planning & Performance