Te Karere Hauora

Te Hapori



Provider Network Update

September 10 2021

We are now at Alert Level 2 – to be reviewed on Monday 13 September. Our focus continues to be on ensuring you have information you need, when you need it, so you can care for your teams and others who depend on your service.

This update covers:

- COVID-19 testing and vaccination update
- Talking about immunisation plus attachments
- RPH guide to contact tracing plus attachment
- COVID-19 community response framework updated plus attachment
- Maori language moment coming up on Tuesday
- Racism and bias study for registered nurses and nurse practitioners
- World Suicide Prevention Day
- Healthier Lives National Science Challenge plus attachments
- Wellbeing for our little people plus attachments

Any questions regarding this communication may be directed to 2DHBCommissioning@ccdhb.org.nz All emails to this email address will be logged and responded to by an appropriate team member.

COVID-19 TESTING AND VACCINATION UPDATE

We have now administered more than 356,600 vaccination doses across our region. This week, in Level 2, we also begin in-home vaccinations for people identified as unable to attend a vaccination site.

Last week more than 12,500 people were vaccinated at three drive-through clinics, including at Sky Stadium, and a Pacific Vaccination Day at ASB Sports Centre in Kilbirnie was also a great success.

In total more than 68,000 doses were administered across our vaccination sites and we wish to thank everyone involved for their mahi including DHB staff, from vaccinators to logistics, managers and support staff plus our amazing providers, medical practices and partners.

We have 67 clinics throughout the region including community clinics, GP clinics, Kaupapa Māori led clinics, Group 2 vaccination sites and pop up sites for essential workers. To find out more about our region at Alert Level 2 Delta for COVID-19 vaccinations please visit the <u>Vaccinate Greater Wellington</u> website.

SKY STADIUM DRIVE THROUGH

Our drive-through COVID-19 vaccination clinic at Sky Stadium operated over eight days, supporting more than 7,000 Wellingtonians who came out to be vaccinated for their communities and their whānau.

The clinic was a model of cooperation between the DHB, NZ Defence Force, Whitireia Polytech nursing students, Wellington Free Ambulance and $T\bar{u}$ Ora.

Now that everyone aged 12+ is eligible for vaccination, it was great to see so many parents bringing their children along and getting vaccinated together.

ADVICE FOR WHĀNAU

For whānau who are anxious about the number of vaccinations we have in the country, we have enough for all eligible New Zealanders. 250,000 doses arrived from Spain today.

Testing remains critical at all alert levels. Follow all the rules and get tested if you are māuiui.

Record keeping will help prevent future outbreaks so encourage whānau to keep scanning.

Full information around vaccination sites can be found here:

Wellington: https://www.healthpoint.co.nz/covid-19-vaccination/wellington/

Hutt Valley: https://www.healthpoint.co.nz/covid-19-vaccination/hutt/

Full information around testing sites is available here.

Wellington: https://www.healthpoint.co.nz/covid-19/wellington/

Hutt Valley: https://www.healthpoint.co.nz/covid-19/hutt/

TALKING ABOUT IMMUNISATION

Immunisation Advisory Centre (IMAC) is a local source of independent, factual information based on scientific research regarding vaccine-preventable diseases and the benefits and risks of immunisation. It has also been training New Zealand's vaccinators for more than 15 years, providing information and training for health professionals, national immunisation coordination and policy advice and research into many aspects of vaccines and vaccine-preventable diseases.

IMAC developed an <u>accelerated provisional vaccinator training course</u> to grow New Zealand's vaccinator workforce by up to 3,000 vaccinators by mid-2021 to support the COVID-19 Immunisation Programme. This training is available to a range of health professionals including nursing and medical students, paramedics, and nurses working in aged care.

The **attached** slides addressing how to talk about immunisation and the COVID-19 vaccine, pregnancy and vaccine hesitancy were presented by IMAC at the Aotearoa Breastfeeding Network recently

For more useful links to other information for this topic:

IMAC's COVID-19 education website for https://covid.immune.org.nz/

Written resources for health care professionals: https://covid.immune.org.nz/faq-resources/written-resources

Fact sheet on Covid-19 vaccination, pregnancy, and lactation:

https://covid.immune.org.nz/sites/default/files/2021-07/COVID-

19%20vaccination%20pregnancy%20and%20lactation%20fact%20sheet.pdf

FAQs in plain English - https://covid.immune.org.nz/faq

An 0800 number phoneline that supports health professionals with queries - 0800 466 863

IMAC Facebook page: https://www.facebook.com/ImmunisationAdvisoryCentre

You can also subscribe to their newsletter to get the most up to date information on the COVID-19 vaccine: https://covid.immune.org.nz/newsletter

RPH GUIDE TO CONTACT TRACING

Regional Public Health is encouraging everyone to use the contact tracing app which is now mandatory for everyone aged 12 and over. The app has a significant impact on how quickly RPH can do its work identifying and tracing contacts and locations of interest, and speeds up the ability to have people isolating and not mixing in the community unknowingly.

A contact tracing poster explaining the process is **attached** and can also be downloaded here: https://www.rph.org.nz/news-and-events/news-and-media-releases/2021-09-08-contact-tracing-and-keeping-safe/contact-tracing-process-final.pdf

For those people that cannot use the NZ COVID Tracer app, a COVID-19 Contact Tracker booklet is an alternative. This helps those who can't access a smartphone or may not be adept at QR code scanning.

You can order one here: www.rph.org.nz/covidbook

You can also order copies in different languages here: https://covid19.govt.nz/health-and-wellbeing/contact-tracing/nz-covid-tracer-booklet/

COVID-19 COMMUNITY RESPONSE FRAMEWORK UPDATED

This framework was developed as a guide for the community health system when moving between different health sector alert levels. Not all information will be relevant to your workplace.

The alert system used for this framework is not the same as the Government alert system. This alert system considers the state of the local health system and will therefore vary region by region. This means that some activities will continue, reduce or cease depending on the state of your local health system, or it may depend on the needs of your practice population or community, including equity considerations.

The framework is **attached**, and you can read more information for managing suspected and confirmed cases of COVID-19 in primary care on the Ministry of Health website here: https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-information-health-professionals/covid-19-primary-care#communityresponse

MĀORI LANGUAGE MOMENT ON 14 SEPTEMBER



Mahuru (September) is the perfect time to start your te Reo Māori journey or to shift it up a gear.

As part of this year's Te Wiki o te Reo Māori next week, we need you to join others across Aotearoa in celebrating this year's Māori Language Moment at midday on Tuesday 14 September. https://www.reomaori.co.nz/#take-part

Stop and take a moment for te Reo Māori. Your moment can be as simple or as hard as you want it to be. You can listen to it (whakarongo), speak it (korero), learn it (ako), sing it (waiata), read it (pānui), or play it (tākaro). Whichever you choose, know that you are part of a team of New Zealanders helping to keep te reo safe for the future.

RACISM AND BIAS STUDY FOR REGISTERED NURSES / NURSE PRACTITIONERS

Racism and bias causes harm and contributes to health inequity. Cultural safety and te Tiriti o Waitangi (Treaty of Waitangi) competencies set out protective criteria that aim to reduce unsafe nursing care.

Te Kupenga Hauora Māori, Faculty of Medical and Health Science, The University of Auckland is running a study that will simultaneously measure bias and identify nurse's access to professional development.

This is part of Sonia Rapana-Hawkins' Doctor of Philosophy study asking 'Does racism exist among nurses in Aotearoa New Zealand?'

If you choose to participate, approximately 25-30 minutes of your uninterrupted time will be required to complete an anonymous online survey. At the end of the survey, we will offer you a chance to win one of two \$250 vouchers.

<u>To participate or find out more, follow this link.</u> For further information about the study please contact d.cormack@auckland.ac.nz.

WORLD SUICIDE PREVENTION DAY 2021

Today is World Suicide Prevention Day today and this year's theme is 'Creating Hope Through Action' - a reminder that our actions, no matter how big or small, may provide hope to those who are struggling.

For more information please visit: https://mentalhealth.org.nz/suicide-prevention

If you, or someone you know needs help, please contact Te Haika on 0800 745 477. You can also text or call 1737. For immediate safety concerns, call 111.

HEALTHIER LIVES

Healthier Lives is one of the 11 National Science Challenges established by central government in 2014 which bring together the country's tpo scientists to work collaboratively across disciplines, institutions and borders to tackle some of the biggest science-based issues and opportunities facing Aotearoa New Zealand.

Healthier Lives is undertaking innovative research aimed at significantly reducing the death and disease burden of some of our leading health problems. https://healthierlives.co.nz/

HEART HEALTH EQUITY HUI REPORT

A national hui led by the Manawataki Fatu Fatu programme discussed how to achieve equitable heart health outcomes, and document current research and service delivery. It also developed a vision of what equitable service delivery looks like, and created a plan or 'equity roadmap' for moving towards it. Hui participants identified eight major areas for action over the next year – details are in the report attached and here: https://drive.google.com/file/d/1dLLHPcwYnX09JgqohSwFfqxPUGztOH7I/view

STUDY SHOWS NEED TO PRIORITISE HIGH RISK GROUPS

A recent study has modelled the potential effect of COVID-19 vaccination programmes showing that targeting high risk groups will result in lower hospitalisations and deaths in most scenarios. Healthier Lives deputy director Andrew Sporle says it is critical to include strategies that ensure maximum protection for Maori and Pasifika who are at higher risk for hospitalisation and death from COVID-19, and benefits the whole population as a result.

Read the Herald article here: https://www.nzherald.co.nz/nz/covid-19-coronavirus-delta-outbreak-hundreds-could-die-if-nz-re-opened-without-health-measures-study/H2NU4J35ATUOLMUCIOF63WXHX4/

Read the research paper here: https://www.thelancet.com/journals/lanwpc/article/PIIS2666-6065(21)00165-6/fulltext#%20

MORE INFORMATION ON HEALTHIER LIVES

Follow Healthier Lives on Twitter <u>@HealthierNZ</u> to keep up to date with news about the prevention and treatment of non-communicable diseases in Aotearoa New Zealand.

Read more about Healthier Lives' research here: https://healthierlives.co.nz/

A diagram summing up all the research and related activities going on across the Healthier Lives Science Challenge in one page is **attached**.

WELLBEING FOR OUR LITTLE PEOPLE

Lockdown can be incredibly tough for our tamariki and mokopuna. Hapai Te Hauora – Maori Public Health has put together a resource that may help us understand our little people better, with some tips on how we can best support them during this time. They may be little, but they will be feeling lots of big emotions.

Two handy reference posters are **attached**. These posters and more excellent resources can be found here: https://www.hapai.co.nz/covid-19-info-hub

THANK YOU

Thank you all. It's Spring so make sure you take some time to enjoy it.

If you have any questions or concerns please email us at COVID-19questions@ccdhb.org.nz and a member of the team will respond. Or you can contact your contract manager.

A reminder that our previous provider updates and any attachments can be found here https://www.ccdhb.org.nz/for-health-professionals/covid-19-resources-for-our-community-providers/

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