Te Karere Hauora

Te Hapori



Provider Network Update

September 8 2021

We are now at Alert Level 2 – to be reviewed on Monday 13 September. A timely reminder that Alert Level 2 with Delta is different from our previous Alert Level 2 rules so it will useful to familiarise ourselves with Alert Level 2 guidelines on both the Ministry of Health website and the Unite Against COVID-19 website. Both of these sites are considered the single source of truth. There are no new cases of COVID-19 in Wellington, and eight of our 17 cases have now recovered.

This update covers:

- COVID-19 testing and vaccination update
- New rules at Delta Alert Level 2
- Updated Guidance for Aged Care Providers plus attachment
- Information sheet for people who have been tested plus attachment
- COVID-19 updates through āwhina app
- Advice for Whānau at Alert Level 2 plus attachment
- Disability community update
- Mask wearing and exemptions
- Uike Katoanga'l 'o e lea Faka-Tonga Tonga Language Week
- Health and Disability Sector Review Update from Transition Unit
- Feedback sought on content for next Disability Survey
- Wāhine Connect Registrations Open
- Pacific Health Review
- Trusted COVID-19 sources
- Nga Tohu Angitu: Celebrating Success 2021 Deadline Extended
- Five Ways to Wellbeing

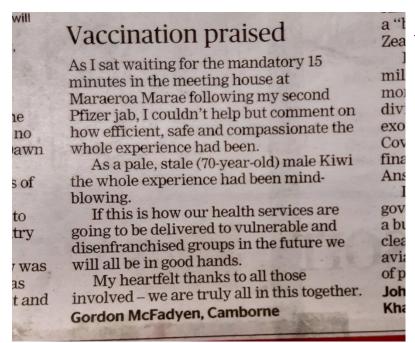
Any questions regarding this communication may be directed to 2DHBCommissioning@ccdhb.org.nz All emails to this email address will be logged and responded to by an appropriate team member.

COVID-19 TESTING AND VACCINATION UPDATE

The new marae outreach clinic at Whakarongotai Marae in Waikanae operated by Maori provider Hora Te Pai is now operating. Their focus is on engaging with whanau to talk about COVID-19 vaccination and to encourage as many whanau members as possible to come in to be vaccinated for the safety of their whole whanau.

The kaupapa Māori drive-through COVID-19 vaccination clinic in Waiwhetu is coming to an end with the move to Level 2. By the end of this week around 5000 people will have been vaccinated at that clinic. Waiwhetu is also taking the lead in vaccinating kura within Lower Hutt.

The Maori providers Kokiri Marae Keriana Olsen Trust and Te Rūnanganui o Te Āti Awa ki te Upoko o Te Ika a Māui have strong ties to the homeless and the disadvantaged through the existing social services they provide. Through the vaccination programme they continue to reach out and support those who are homeless or in emergency and transitional housing.



SHOUT OUT TO MARAEROA MARAE

Lovely feedback in the Dominion Post by a member of the public having his COVID-19 vaccination at Maraeroa Marae clinic. High praise. And well done to the team.

FREE RIDES TO VACCINATIONS

A reminder that Age Concern Wellington Region is working in partnership with Wellington City Council to offer free transport to seniors needing to get their vaccination. For people aged over 65 with a booking and no one else to help them, and who live in the Wellington City are up to Tawa/Linden in the north, call Ann on 04 499 6648 to arrange a ride.

IN HOME VACCINES

These are also available for people who are not able to go to a vaccine appointment because of mobility issues, in-home vaccines may be available.

Call Hutt Valley DHB - 04 566 6999 or Capital & Coast DHB - 04 385 5999

FULL INFORMATION AROUND VACCINATION SITES CAN BE FOUND HERE:

Wellington: https://www.healthpoint.co.nz/covid-19-vaccination/wellington/

Hutt Valley: https://www.healthpoint.co.nz/covid-19-vaccination/hutt/

FULL INFORMATION AROUND TESTING SITES IS AVAILABLE HERE.

Wellington: https://www.healthpoint.co.nz/covid-19/wellington/

Hutt Valley: https://www.healthpoint.co.nz/covid-19/hutt/

NEW RULES AT DELTA ALERT LEVEL 2

Some changes have been made to strengthen the Alert Level 2 settings due to the high transmissibility of the Delta variant, particularly in shared spaces. These include:

- Face coverings are mandatory in public facilities. You can remove your mask to eat or drink at hospitality venues. Staff must wear face coverings.
- Mandatory record keeping for a range of locations.
- Indoor hospitality and venues have a limit of 50 people. This includes for weddings, funerals and tangihanga.
- Outdoor events have a limit of 100 people.
- Indoor public facilities, such as gyms, museums, and libraries now have a two metre physical distancing requirement.

Find out more on the Unite Against Covid-19 website

MANDATORY RECORD KEEPING

From today, Wednesday 8 September 2021 additional businesses and locations will be required to take steps to ensure people can easily make a record when they visit. Good record keeping supports faster communication with those who are identified as contacts of a positive case. This applies to everyone aged 12 and over.

Mandatory record keeping will apply to range of new locations including:

- health and aged care facilities
- local and central government facilities
- some exercise facilities
- social services providers with customer service counters
- hospitality and entertainment businesses.

The full list of locations, guidance for ensuring that alternative recording keeping methods protect people's privacy, and more information about mandatory record keeping are available on the Unite Against Covid website

MANDATORY RECORD KEEPING AT AGED CARE FACILITIES AND HEALTH CARE FACILITIES

The new rules will apply only for 'visitors to aged care and health care facilities'. It does not apply to patients or staff, as there are already record keeping practices in place for them (for example, appointments, swipe cards or rostered shift records).

Where possible, the patient should still scan in, but it this isn't mandatory provided that an alternative record with the time and contact details of the person is made by the facility. In a situation where someone is brought into a health care facility for care without an existing appointment, then the facility is likely to record that the person has been there during the time that they are receiving care.

Anyone who accompanies the patient or visits them will need to scan or sign in (preferably both), so that there is a record of them being at that facility.

Contractors should sign in to ensure they themselves have a record of their time on site as an extra precaution that other records of their visit may not have been kept.

A health care facility is defined as any facility or location that provides, or arranges the provision of, personal health services or public health services.

UPDATED GUIDANCE FOR AGED CARE PROVIDERS

Guidance for aged care providers has been updated for Alert Level 2 – see **attached**. You can view the guidance on the Ministry of Health website here: <u>Aged care providers</u> and here: <u>Guidance at Alert Level 2 for Aged care providers</u>

INFORMATION SHEET FOR PEOPLE WHO HAVE BEEN TESTED

With a strong emphasis on testing, the Ministry of Health has produced an information sheet to tell people what they need to do if they've just been tested.

The information sheet is attached and can also be found here:

https://www.health.govt.nz/system/files/documents/pages/you_just_got_tested_information_sheet_-30 aug 2021.pdf

COVID-19 UPDATES THROUGH ĀWHINA APP

In the last few weeks there have been many updates to COVID-19 healthcare and disability information for the healthcare sector on the Ministry of Health website. You can stay up to date by receiving notifications through the Āwhina app when content is updated.

Download the app on your phone or tablet from App Store or Google Play. More information here: https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-information-health-professionals/covid-19-awhina-app

ADVICE FOR WHĀNAU AT ALERT LEVEL 2

Face coverings are mandatory when inside public facing venues. You can however remove your face covering to eat and drink at hospitality venues. This will have a significant impact on preventing transmission.

Everyone aged 12 and over must keep a record of where they have been when visiting certain places. This is so contact tracing can happen quickly. You can do this by using the NZ COVID Tracer app or by keeping your own record. No matter how you do it, just make sure you keep track of where you go, when you go there, and who you see.

You can hold social gatherings for weddings, civil union ceremonies, birthdays, and tangihanga, but they are limited to 50 people for indoor venues and 100 people for outdoor venues.

Indoor facilities, like gyms and libraries, must now ensure physical distancing of at least two metres is kept at all times. This brings these venues into alignment with current rules for other public venues like retail stores and supermarkets.

Lastly, unchanged Alert Level 2 settings remain. There are no restrictions on who can be included in your household bubble. You can go to mahi, and all businesses and services can open but legally must follow public health rules. Ka mutu, early learning services, schools, kura and tertiary education facilities are open to everyone.

If you have any symptoms, you must get tested wherever you are in Aotearoa. Please call Healthline or your health provider if this is you and they'll provide advice on getting tested.

FUNERALS AND TANGIHANGA AT ALERT LEVEL 2

Updated guidance is now available and is **attached**. It can also be found here:

https://www.health.govt.nz/system/files/documents/pages/alert-level-2-deaths-funerals-tangihanga-info-families-whanau-7-september-2021.pdf

COVID-19 VACCINATIONS - DISABILITY COMMUNITY UPDATE

Some people may require support to make a decision about receiving the Covid-19 Vaccination. Everyone has the right to make decisions and give informed consent. Everyone also has the right to access easy to understand information and support to help them make their decision.

The Personal Advocacy and Safeguarding Adults Trust (http://www.patrust.net.nz/) can work with disabled people nationwide who may require help with their decision about the Covid-19 vaccination. This includes people with a learning disability, neurodiversity or cognitive impairment.

- If you already have trusted whānau and supporters to help you make this decision, they can coach you on how to use a Supported Decision Making approach.
- If you do not have any other trusted whānau or supporters, they can help you to understand, make, and record this important decision.
- Anyone can make a referral. For more information call or email: 0800 728 7878 safeguardingadults@PASAT.org.nz

MASK WEARING AND EXEMPTIONS

This is repeated information, but given the contagious nature of the Delta variant, it is mandatory for everyone aged 12 and over to wear a face covering when visiting any business or service currently open at Alert Level 2. Wearing a face covering is about keeping yourself and others safe.

Exemption cards for face coverings are still active and available. Some people who have a disability or health condition may not be able to wear a face-covering safely or comfortably. If you cannot wear one, you can get an exemption card. You can show your exemption card when needed, for example to a bus driver. You do not need to have an exemption card, but you may feel more comfortable showing something official to confirm you cannot wear a face covering.

To get an exemption card you can contact Disabled Persons Assembly NZ on 04 801 9100 or at info@dpa.org.nz

UIKE KATOANGA'I 'O E LEA FAKA-TONGA – TONGA LANGUAGE WEEK



There are approximately 300-350,000 Tongans worldwide, including those who live in Aotearoa – both immigrants and New Zealand-born. Alfred Soakai, Pacific equity lead for the 2DHB COVID-19 response team was born and raised in Tonga before moving to New Zealand in 2019 to be with his wife and children.

He joined the COVID Response Team this year, and says his role is "all about promoting equity for Pacific people, factoring it into decisions made and plans being put in place."

"Our communities are most at risk with COVID," he says. "We see that during community outbreaks time and time again in Aotearoa. Our people need to get vaccinated, to protect ourselves, our families and our communities."

The best part of his job is "seeing our Pacific communities rallying together and coming forward during the vaccination festival events we've been running across Wellington."

Alfred says Tongan language week is "a time to reflect on our heritage. It serves as a reminder on how we're doing in passing our heritage to our children, informing them of they come from. Whether it's language, or other parts of our culture, this is the perfect time to do that. As we take our journeys into the future, it's good to know where we came from."

- Due to COVID-19 Alert Levels across Aotearoa Uike Kātoanga'i 'o e lea faka-Tonga Tonga Language Week will be celebrated online. Some online events and activities will be streamed online on the official NZ Tonga Language Week Facebook page.
- Porirua City Council will be streaming events including important discussions on education, traditional Tongan dances and a talk on how to make a Tongan traditional kakala necklace.
- Download and print Tongan language cards, featuring a pronunciation guide, the alphabet, everyday phrases, a short prayer and hymn.
- Find out more about Tongan language week on the Ministry of Pacific Peoples website.
- Discover Tongan COVID-19 vaccination resources here: https://covid19.govt.nz/iwi-and-communities/translations/tongan/

HEALTH AND DISABILITY SECTOR REVIEW - UPDATE FROM THE TRANSITION UNIT

Stephen McKernan, Director of the Transition Unit, is sending monthly updates covering work in progress. Key points are that health services continue as normal as reforms progress, that a consumer voice framework – Partners in Care – is being established in partnership with Health Quality and Safety Commission to ensure people and whānau have a meaningful say in the design and delivery of health services, and to give certainty to all providers as to the status of their contracts.

Board appointments are expected to be announced sometime this month.

Simon Everitt has been appointed as Director, Public Health Agency Establishment focusing on establishing the interim Public Health Agency within the Ministry of Health. The Agency will be the first component of the new Ministry to be designed as part of the wider health reforms.

The search for interim chief executives is underway and advertising is likely to appear during September.

LOCALITIES

Localities is the term being used for the 'nationally coordinated, locally-driven' aspect of the future health system, and is a term our two DHBs have used for some time. The Transition Unit has been gathering insights from a range of sources including DHBs, PHOs, the GM Maori networks and other stakeholder groups as well as engaging with a kaupapa Maori reference group, Pacific providers and other community-based providers.

The findings have reinforced the importance of local relationships and the time and investment required to build trust. Alongside the discovery phase, the Transition Unit is also working on developing an approach to prototyping the locality model with a small number of initial locations. This includes confirming the initial selection principles, criteria and process. The prototypes are intended to be the first localities in the future system and will provide critical insight and feedback to help refine the approach before implementation more widely across the system. The prototypes are planned to be up and running in early 2022.

ENGAGING WITH IWI MAORI PARTNERSHIP BOARDS

A series of hui are planned to explore the future role and functions of Maori Partnership Boards in the future health system. These were planned kanohi ki te kanohi face-to-face but challenges due to COVID-19 lockdowns means the hui will now be virtual.

NZ HEALTH CHARTER

The Transition Unit is planning a two-phased approach to engage with the sector on the Charter.

Phase one, which will run from September to December 2021, will focus on exploring ways the Unit can get ideas and test assumptions for developing the Charter with key stakeholder groups such as unions, industry/peak bodies and other sector representative groups.

This will be followed by a second phase, between January to May 2022, which will be much more extensive and will include extensive engagement with the wider health workforce, through the form of face-to-face workshops, surveys and a mixture of other online and face-to-face methods.

EXISTING CONTRACTS

Once Health NZ and the Māori Health Authority are legally established in July 2022, there will be some changes.

Agreements held by DHBs will be vested in Health NZ under the Health Sector (Transfers) Act on 1 July 2022. DHBs and the Ministry of Health will ensure that all providers are certain as to the status of their contracts by December 2021.

Selected agreements will be transferred to the Māori Health Authority to be managed and commissioned. Decisions about which agreements will transfer will be subject to advice to the incoming interim Māori Health Authority and will be communicated to providers in the new year.

SUBSCRIBE

Further information about the progress of the health reforms is available on the <u>Transition Unit</u> pages of the DPMC website. <u>Link to subscribe to this newsletter.</u>

FEEDBACK SOUGHT ON CONTENT FOR THE NEXT DISABILITY SURVEY

Statistics NZ is asking New Zealanders what data they would like to see about disabled people, as part of consultation for the upcoming 2023 Disability Survey.

Public consultation on the content of the Disability Survey will began on Monday 6 September and will <u>end at</u> 5pm on Friday 29 October 2021.

The Disability Survey is the primary source for estimating how many disabled people are in New Zealand. It also provides information on the experiences of disabled people, and how well they are faring across a range of housing, economic, and wellbeing outcomes. The Disability Survey is a key source of information that government and other organisations use to understand the needs of disabled people and plan services for them.

More information can be found here: Disability Survey 2023: Consultation

WĀAHINE CONNECT REGISTRATIONS OPEN

Registrations for the Wāhine Connect September mentoring cohort are now open. This is an New Zealand-based charitable trust designed to support women working in the health sector. Their primary function is to match women looking for advice and support to mentors across the country, and provide a structured mentoring programme. See their website for further details.

For any questions on the programme feel free to contact Programme Manager Tash Crosby tash@wahineconnect.nz

PACIFIC HEALTH REVIEW

Pacific Health Review Issue 30 is attached, covering a range of topics regarding Pacific people living in Aotearoa New Zealand, including declining alcohol consumption, the inequity of access to contraception for women, and barriers to health care access for Pacific communities. It can also be viewed online here:

https://www.pacifichealthreview.co.nz/ph/Publications/Recent-Reviews/Pacific-Health/Pacific-Health-Review-Issue-30.aspx

TRUSTED COVID-19 SOURCES AND NEW PORTAL FOR WHANAU MAORI

Last week a new portal was launched on the Te Puni Kôkiri website to bring together all the COVID-19 information relevant to whānau Māori. The portal includes updated information on COVID-19 and the vaccination rollout, resources for whānau, as well as links to important information across the web.

This new portal will be a one-stop-shop for whānau, reducing the time it takes for them to get the help they need.

Other trusted sources of information on COVID-19 and the vaccine – the Ministry of Health website, Unite Against COVID channels, Karawhiua channels, the Te Puni Kōkiri 'COVID-19 Information for Māori' portal, and Positively Pacific, the Pacific health information hub for the Wellington region.

NGA TOHU ANGITU: CELEBRATING SUCCESS AWARDS DEADLINE EXTENDED

The response to COVID-19 over the last few weeks has inevitably impacted on people's ability to focus on nominations. For that reason the nominations period for the Ngā Tohu Angitu Celebrating Success Awards 2021 has been extended by two weeks for both HVDHB and CCDHB.

- The new closing date for entries to the CCDHB awards is Friday 24 September.
- The new closing date for entries to the HVDHB awards is Friday 1 October.

Please note the nomination is a simple process which involved writing a short paragraph only, and perhaps a photo if you have one. So if you know a person or team deserving acknowledgement for their mahi, <u>fill in this simple online form</u> You will need to show who has benefited, and how, and you can nominate yourself. <u>Find out what makes a great nomination</u> in the **attached** pdf.

More information can be found here, including past winners, and a tip sheet for what makes a great nomination.

FIVE WAYS TO WELLBEING

The Five Ways to Wellbeing were created as a result of the New Economics Foundation's Foresight Project on Mental Capital and Wellbeing research report. The review found that building five actions into day to day lives is important for the wellbeing of individuals, families, communities and organisations. You can introduce these acitons into your life, any time, to begin to feel the benefits. Whakatokia nga rautaki mama nei ki to ao kia rongo ai koe I nga painga.

Wellbeing resources can be access here: https://mentalhealth.org.nz/five-ways-to-wellbeing

The report on the Foresight project looking at how to improve mental capital and mental wellbeing can be found here: https://www.gov.uk/government/collections/mental-capital-and-wellbeing#final-project-report

THANK YOU

Thank you again for your ongoing commitment and hard work in these extraordinary times. Your efforts are recognised and appreciated. It's always good to reflect on just how much good work is going on; work which relies on us being healthy both mentally and physically. Stay safe and stay well, and if you are sick, stay home.

If you have any questions or concerns please email us at COVID-19questions@ccdhb.org.nz and a member of the team will respond. Or you can contact your contract manager.

A reminder that our previous provider updates and any attachments can be found here https://www.ccdhb.org.nz/for-health-professionals/covid-19-resources-for-our-community-providers/

Rachel Haggerty

Incident Controller Community IMT