

September 3 2021

This is our new weekly format you will see it has come from a different email address – 2DHBCommissioning@ccdhb.org.nz. All inboxes, including the previous one, will continue to be monitored. At all times, our focus is to bring you information you need in a timely manner.

As we head into the weekend, please remember Alert Level 3 rules apply and we all need to remain vigilant and careful. There is one new case of COVID-19 in Wellington, bringing our region's total number of cases to 17. This is a case already in our quarantine facility and is not unexpected.

This update covers:

- COVID-19 testing and vaccination update
- Community information – Pacific
- Disability community update
- Changes to Guidelines for Tangihanga
- Access to Health and Disability services at Alert Level 3
- Revised Primary Care Quick Reference Guide – plus attachment
- Cancer care and COVID-19 guidance
- COVID-19 vaccination, pregnancy and lactation – plus attachment
- Sport and recreation at Alert Level 3
- MASH Trust lockdown story
- Wellbeing

Any questions regarding this communication may be directed to 2DHBCommissioning@ccdhb.org.nz All emails to this email address will be logged and responded to by an appropriate team member.

COVID-19 TESTING AND VACCINATION UPDATE

MAORI VACCINATION UPDATE

The focus for the Maori COVID-19 vaccination team has always been on Second Doses delivered because that's the one measure that indicates success in the programme. Right now the team is celebrating the news that one in five eligible Maori in the region have been vaccinated with a Second Dose. Momentum is building in the numbers, and a great deal of work is being done inside hard to reach groups.

ASB SPORTS CENTRE POP UP CLINIC

Hundreds of people came to be vaccinated at the ASB Sports Centre pop up clinic in Kilbirnie with dancing nearly as common a site as vaccination – showing that you can still share your culture and your aroha while

following physical distancing guidelines. You can tell when people are smiling, even under a mask, and smiles were everywhere at this clinic.

More than half of all Pacific people in the Capital & Coast and Hutt Valley region have now had at least one dose of the vaccine, thanks to the hard work of our Pacific providers and all of our other vaccination clinics.

<https://www.stuff.co.nz/national/health/coronavirus/126248507/covid19-wellington-woman-with-fear-of-needles-ovcomes-phobia-to-get-her-shot-at-pasifika-mass-vaxx-event>



Warm Pacific greetings on arrival



Maa Nonu and son get vaccinated



Tu Ora vaccinators Alisa and Rose with Bachelor of Nursing Pacific student Naomi

Full information around vaccination sites can be found here:

Wellington: <https://www.healthpoint.co.nz/covid-19-vaccination/wellington/>

Hutt Valley: <https://www.healthpoint.co.nz/covid-19-vaccination/hutt/>

Full information around testing sites is available here.

Wellington: <https://www.healthpoint.co.nz/covid-19/wellington/>

Hutt Valley: <https://www.healthpoint.co.nz/covid-19/hutt/>

COMMUNITY INFORMATION - PACIFIC

Following a National Pacific Fono held on 19 August, information has been put together to address questions about COVID-19, vaccination, what to do if you are a contact of a COVID-19 case, and how to protect yourself and your family.

This is now available on the Ministry's website and will be updated as required:

<https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-resources-and-tools/covid-19-community-information-packs>

COVID-19 VACCINATIONS – DISABILITY COMMUNITY UPDATE

This Disability Strategy team has produced a panui to provide an update on its work over the past few weeks. The team is actively working with partners in the vaccination team, with Primary Health Organisations and Māori and Pacific providers, along with many other groups and organisations.

You can read it here: <https://mailchi.mp/c19484c79647/news-from-the-3dhub-disability-team-10438952?e=bfc098e76b>

KAIĀWHINA DISABILITY

In the last week the Disability team stepped up its efforts and visibility by having a staff member on hand at several of the Community Vaccination Centres to facilitate an accessible journey through the site for members of the public who require assistance. The Kaiawhina Disability greets anyone who needs more time, space or assistance and discuss, understand and assist with access requirements during the vaccination process. Feedback from the centres and the public has been very positive.

ACCESSIBLE EVENTS

The provision of Accessible Events continues to be a useful service for many people who chose this option as a less pressured way to receive vaccinations. During Level 4 we haven't been able to use the equipment used at Levels 1 or 2 (sun glasses, fidget tools, distraction equipment) however people appreciate not feeling rushed.

TV 3 News hub covered the Autism NZ event in August you can see the clip by clicking [here](#). You can read about the Deaf Event in this Stuff article – click [here](#).

Chris Mitchell, General Manager 2DHB COVID Response who has been working closely with the Disability Team, has this to say:

*“The 2DHB COVID Vaccination programme is not equity focused it is equity driven. Equity is at the vanguard of everything we do, be it communicating, inviting, booking and vaccinating. It means that we engage **with**, design **with** and deliver the vaccination **with** the disabled community.*

*To ensure our ‘Trusted Faces, Trusted Places’ mantra we have adopted a co-design model based on “nothing for me without me”. Key to achieving an equity driven programme is engagement with **our** disability communities, supporting **their** designing of and then enabling **them** to deliver accessible vaccination experiences.”*

CHANGES TO GUIDELINES FOR TANGIHANGA

For Alert Level 3 guidelines, Ministry of Health has made changes to the ‘travel’ section of its guidance. Previously, it stated that ‘travel into or out of regions at Alert Level 3 for a tangihanga is not permitted unless you have an exemption’. This now says, ‘whānau can travel within Alert Level 3 regions for a viewing, tangihanga, or burial. They do not need an exemption to do this’.

This means whānau can travel to a neighbouring or further region (also under Alert Level 3) for tangihanga and nehunga without applying for an exemption.

However, if whānau want to travel through an Alert Level 4 region (without stopping) to attend a tangihanga or nehunga in an Alert Level 3 region, they will need to apply for an exemption and can do this online.

While these changes will be difficult for whānau, these guidelines have been designed to keep all our communities safe and will be continually amended as we adapt to this changing environment.

ACCESS TO HEALTH AND DISABILITY SERVICES AT ALERT LEVEL 3

The Ministry has updated information on accessing health and disability services at Alert Level 3. This covers hospitals, emergency ambulance services, general practices, screening services, community health services, disability and aged care services, and mental health and addiction services.

Read more: [Health and disability services at Alert Level 3](#)

REVISED PRIMARY CARE QUICK REFERENCE GUIDE

The Ministry's Primary Care Quick Reference Guide has been updated to include videos for safe use of P2/N95 particulate respirators, testing advice, updated exemption for essential healthcare workers to the Section 70, mask wearing and exemptions for people with disabilities.

See the [Ministry's COVID-19 Primary care page](#).

CANCER CARE AND COVID-19

Te Aho o Te Kahu Cancer Control Agency has released guidance for clinicians on COVID-19 vaccines and cancer. You can find the latest advice here <https://teaho.govt.nz/cancer/covid19> as well as other reports and publications for information and guidance on cancer and screening services during the COVID-19 response.

COVID-19 VACCINATION, PREGNANCY AND LACTATION

The Immunisation Advisory Centre (IMAC) has produced advice and guidance for health professionals around vaccination and pregnancy which recommends that pregnant women/people are routinely offered the vaccine at any stage of pregnancy. This aligns with recommendations in many other countries, including the UK, the US, Australia and Israel. The guidance document **attached** also includes references and links to research papers.

SPORT AND RECREATION AT ALERT LEVEL 3

Warmer weather and lockdown is inviting people to get outdoors and get active. Sport New Zealand has important information about play, active recreation and sport at Alert Level 3. Play must be contained within your bubble. Streets, outdoor parks and fields are okay, but playgrounds are closed. People are also encouraged to stay local, and ensure activities are low risk so as to avoid injury and the need for medical care.

See the Sport New Zealand website for more information: <https://sportnz.org.nz/resources/play-active-recreation-and-sport-at-alert-level-3/>

MASH TRUST LOCKDOWN STORY

Living Plus Lower Hutt Team Leader Jo Hockley has shared this lovely story of lockdown at MASH Trust.

With minimal warning we were thrown back into Level 4 lockdown. We had been here before, and we knew we could get through this again. Our motto "Kia kaha, we've got this" spread positivity through our teams and gave us confidence to get through another lockdown. For how long? We did not know.

Lower Hutt Living Plus staff were redeployed into our homes and 'I' "you" 'them' and 'us' became "WE". Together we brought laughter, fun and a hype of lockdown activities into our homes.

Staff challenged other homes with a cooking competition, and when homes outside our area saw the photos on our MASH Trust Facebook page, they started to join in too.

The next challenge was 'Create your own bird feeder'. We are excited to see the teams working together alongside the people we are supporting. It appears the competitiveness is bringing out the best in everyone.

For a photo montage, see the last page of this update.

WELLBEING

Te Papa may be closed but it has almost 800,000 artworks, objects and specimens from its collections that can be explored online. Take a virtual tour with the whānau of Taonga Maori, Pacific culture, contemporary art, photography. Start here: <https://collections.tepapa.govt.nz/>

THANK YOU

It's always good to reflect on just how much good work is going on; work which relies on us being healthy both mentally and physically. Especially now we have fabulous culinary delights available to us. Thank you for all that you and your colleagues are doing.

If you have any questions or concerns please email us at COVID-19questions@ccdhb.org.nz and a member of the team will respond. Or you can contact your contract manager.

A reminder that our previous provider updates and any attachments can be found here <https://www.ccdhb.org.nz/for-health-professionals/covid-19-resources-for-our-community-providers/>

Rachel Haggerty

Incident Controller Community IMT

LOCKDOWN LIFE AT MASH TRUST



Left to right: Homes scone making challenge Jamie and Deidre at Oxford, Martin with Magali and Trisha at Parliament, superb presentation from Kingfisher, and a team effort at Witako.



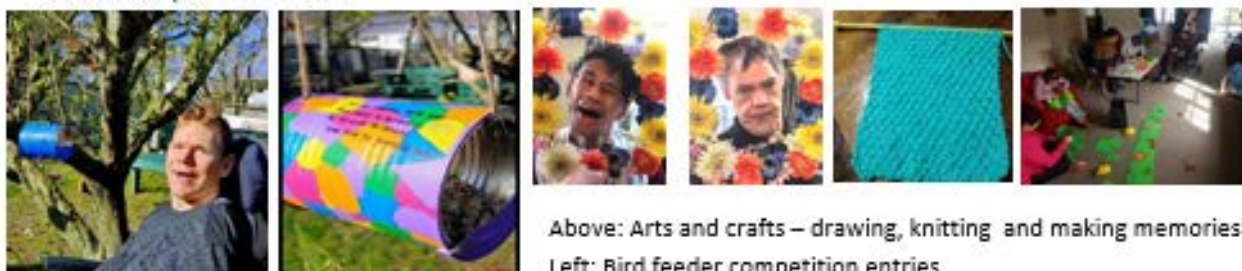
Left to right: Martin waterblasting, Rosie and Taylor enjoying a story, and more storytelling with friends.



Food brings everyone together



Left to right: Jared learning to use Teams to chat with his friends; Wendy, Rosie and Amelia enjoy the sun, and it's foot spa time for Paul.



Above: Arts and crafts – drawing, knitting and making memories
Left: Bird feeder competition entries