

PANDEMIC COMMUNICATION: COVID-19 PROVIDER NETWORK UPDATE

August 31 2021

We will move to Alert Level 3 from 11.59pm this evening. This will remain in place for one week, with a review by Cabinet next Monday 6 September 2021. We are also seeing a decline in new case numbers in Auckland which is heading in the right direction. Please remember that moving to alert level 3 does not signal a significant change to how we have been working and living under level 4. Dropping down to level 3 is progress, however we must all remain vigilant and exercise caution if we are to keep ourselves and others safe.

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COVID-19 TESTING AND VACCINATIONS UPDATE

Sky Stadium drive through vaccination clinic will be open through until Friday this week – 9am to 5pm each day. Appointments are still available - Online: www.BookMyVaccine.nz (enter 'Sky Stadium' in the location box) or phone: 0800 28 29 26

Booked appointments only - 🚗 maximum four people per vehicle, no bikes, motorcycles or trucks.

Autism New Zealand has increased capacity for its Autism Resource Centre vaccination clinics in Petone – dose one 11 and 12 September 10am to 4pm, and dose 2 24 October 10am to 4pm. This is a supportive environment – low sensory, longer appointment times, and Autism New Zealand staff present. Parents and caregivers can be vaccinated at the same time.

Call 0800 829 935, text 027 281 5017 or email covidvaxaccessibility@ccdhb.org.nz

Full information around vaccination sites can be found here:

Wellington: <https://www.healthpoint.co.nz/covid-19-vaccination/wellington/>

Hutt Valley: <https://www.healthpoint.co.nz/covid-19-vaccination/hutt/>

Due to reduced demand for testing we have closed the testing sites at Te Papa and Hatatai.

Full information around testing sites is available here.

Wellington: <https://www.healthpoint.co.nz/covid-19/wellington/>

Hutt Valley: <https://www.healthpoint.co.nz/covid-19/hutt/>

FREE RIDES TO VACCINATIONS FOR SENIORS

Age Concern is working in partnership with the Wellington City Council to offer free transport to seniors needing to get vaccinated. They must live in the Wellington City area up to Tawa/Linden, be over 65, have a booked vaccination, and have no one else to help them get to the vaccination centre.

Call Ann on 04 499 6648 to arrange. Thank you to Wellington City Council for supporting and funding this service.

VAKA TAUTUA PACIFIC LANGUAGE CALL LINE AND INFORMATION

Vaka Tautua is a national ‘by Pacific, for Pacific’ health, disability and social services provider in Aotearoa with a strong presence in Wellington and other regions. It provides a free call service in Samoan, Tongan, Cook Islands, Māori and English.

The free call phone line - 0800 652 353 (0800 Ola Lelei) is available Monday to Friday 8.30am to 5pm.

Visit their website for more information and for links to COVID-19 resources: <https://www.vakatautua.co.nz/>

HUTT VALLEY EMERGENCY KAI COLLECTIVE

The Hutt Valley Emergency Kai Collective is a group of organisations working together to coordinate the kai response across the Hutt Valley. It has evolved out of an initial partnership between Common Unity and Kōkiri Marae during lockdown 2020, which recognised that our whānau do better when we work together and share resources.

The Collective spans the Hutt Valley and is aligned to and putting into action the aims and intentions of the Hutt Valley Food Resilience Network. It is supported by Lower Hutt Foodbank, Oasis, Kaibosh, Hutt City Council and Upper Hutt City Council.

The Local Distribution Hubs each have an area they are looking after:

Upper Hutt - contact Ōrongomai Marae by calling 04 528 9639 or email uppervalleymarae@xtra.co.nz.

Stokes Valley - contact Stokes Valley Foodbank on 027 557 0248 or message them on their [Facebook page](#).

Taitā and Pōmare - contact Te Aroha Kai by texting 021 300 907, calling 04 030 8345, message them on the [Pomare Taita Community House Facebook](#) page or email pomaretaitatrust@gmail.com.

Wainuiomata - contact Kōkiri Marae by calling 0800 926 257.

Central and South Lower Hutt - contact the Salvation Army by calling 04 570 0273.

You can help by sharing the information above and following the Collectives Facebook page

<https://www.facebook.com/Hutt-Valley-Emergency-Kai-Collective-102830805471395> and responding to the Collective’s requests for help.

ADVICE FOR WHĀNAU AT ALERT LEVEL 3

At Alert Level 3, you legally must stay within your household bubble whenever you are not at mahi or kura. You can expand this to connect with whānau, bring in caregivers or support isolated people.

If you are māuiui, please stay home. If you have cold, flu or COVID-19 symptoms call your health provider or Healthline on 0800 358 5453 and get advice about being tested.

Please keep your distance when outside your whare. You should keep a distance of at least 2 metres in public and retail stores, and 1 metre in controlled environments, like at mahi or kura.

You are strongly encouraged to wear a face covering when outside and, in a place where it's hard to keep your distance from other people. Engari, you must legally wear a face covering when on public transport and flights, when visiting healthcare facilities, and when inside any Alert Level 3 businesses and services that are still open and involve customer contact. (See guidance and information on masks later in this update.)

Gatherings of up to 10 people can go ahead, but only for weddings and tangihanga. For tangihanga, up to 10 people in the same bubble may go to view the tūpāpaku. Other whānau can also view the body by appointment, but only in groups of up to 10 from the same bubble. Ka mutu, a group of up to 10 people from the same bubble can go to the urupā with the tūpāpaku for burial. You can read more about tangihanga on the [Ministry of Health website](#).

Lastly, at Alert Level 3, travel between regions is heavily restricted and many whānau will need to apply for an exemption if they'd like to do this. Learn more about travelling across Alert Level boundaries [here](#).

Read the full set of Alert Level 3 guidelines on the [Unite Against COVID website](#).

SECTION 70S UPDATED

Section 70s have been updated over the last two days to further clarify requirements of people who have visited a location of interest and their household contacts.

S70 ISSUED, LOCATIONS OF INTEREST IN NEW ZEALAND – 29 AUGUST 2021

Requirement for any person attending a location of interest at the relevant times to comply with the health instructions as per the location listed.

This update takes into account the different health requirements which now include monitor for symptoms, or test and self-isolate.

S70 ISSUED, FOR HOUSEHOLD MEMBERS OF A PERSON WHO HAS BEEN AT A LOCATION OF INTEREST OR IS A CLOSE CONTACT

This requires the household members to stay at home until the close contact has received a negative day 5 test result.

The exemption that enables people who provide essential health services or are a managed isolation/quarantine worker, or who are household members of a close contact, to return to work earlier than the five days specified if they meet the criteria listed does still apply.

This update allows household members to exercise while they are awaiting their close contacts' day 5 negative test. They must follow physical distancing requirements when doing so (they cannot go to the supermarket or visit other essential services).

S70 ISSUED (NEW), REQUIREMENTS FOR ANY PERSON IN THE TAMAKI-MAKAURAU-AUCKLAND HEALTH DISTRICT WHO HAS RETURNED A POSITIVE TEST FOR COVID-19

This requires people in the Auckland district that have returned a positive test to be isolated or quarantined in a managed isolation or quarantine facility for 14 days.

Information on the section 70 and locations of interest in Aotearoa New Zealand are available on the Ministry of Health website <https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-response-planning/covid-19-epidemic-notice-and-orders#section70>

UPDATED IN-HOME CARER INFORMATION

The Ministry of Health has updated its guidance and information for in-home carers.

<https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-information-specific-audiences/covid-19-how-do-i-keep-myself-and-others-safe-home-carer>

In-home carers are strongly advised to get vaccinated. Those who have not been vaccinated and would like to be, can book themselves on the website <https://bookmyvaccine.covid19.health.nz/>

Employers of in-home carers must have appropriate guidelines and systems in place aimed at keeping staff safe in the workplace. This includes following the appropriate workplace health and safety guidelines and notifying a carer if the person they are visiting is sick.

GUIDANCE FOR WELL CHILD TAMARIKI ORA PROVIDERS AT LEVEL 3

Advice for Well Child Tamariki Ora (WCTO) providers has been updated for WCTO service provision in Alert Level 3. See the attached pdf for the full guidance.

The objectives of this updated guidance are to:

- refresh advice for WCTO service delivery in Alert Level 3
- minimise possibility of community spread of COVID-19 to protect whānau
- maintain the safety of the clinical workforce.

WCTO is an essential service. WCTO kaimahi should only be deployed to other COVID-19 related services if necessary and where there is capacity after priority work is covered.

WCTO kaimahi may be interested to download the [Awhina app](#) to easily access the most up to date information for health care workers.

UPDATE ON MASK WEARING

NO SCARVES OR BANDANAS

Ministry of Health guidance has been updated to specify the use of face coverings such as a scarf or bandana are no longer recommended. A suitable reusable or disposable mask is needed to help protect against the airborne spread of the COVID-19 virus.

For clients and whānau who may be experiencing difficulties accessing affordable masks, and therefore essential services, this is an excellent video showing how to make a mask or face covering using a bandana and hair ties. No special skills required. You can see it here: <https://www.youtube.com/watch?v=igQ03c1rPXc>

SESSIONAL USE OF MASKS RECOMMENDED

Please remember that masks are required at all times in healthcare settings, and that continuous (sessional) use is recommended – rather than switching masks between patients – to preserve mask stocks. It helps to drink plenty of liquids prior to your work shift and at breaks to avoid dehydration.

N95 masks are only recommended for clinical staff when taking nasopharyngeal swabs at a primary care practice or CTC when indoors and ventilation is not optimal, or when providing care to a patient with HIS criteria or symptoms of acute respiratory tract infection. Masks (medical masks or N95) should be changed after four hours or if they are soiled or damp.

WELLBEING

Tip from Age Concern: Choose what you read and listen to. We can easily fall into a state of fear or sadness if we let the negative creep in too much. Look for the happy news, information, and music.

You will find some tips and ideas for at Umbrella: <https://umbrella.org.nz/boosting-our-wellbeing-during-uncertain-times/>

THANK YOU

Thank you all once again for the valuable work you do. Stay safe. Be kind.

If you have any questions or concerns please email us at COVID-19questions@ccdhb.org.nz and a member of the team will respond. Or you can contact your contract manager.

A reminder that our previous provider updates and any attachments can be found here <https://www.ccdhb.org.nz/for-health-professionals/covid-19-resources-for-our-community-providers/>

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