

COMMUNITY PROVIDER UPDATE

This update is prepared by the Capital & Coast and Hutt Valley District Health Boards. It is consistent with Ministry of Health advice. The Ministry of Health remains the definitive source of information.

Our focus is on ensuring you have the information you need, when you need it, in order for you to care for your staff and the people who depend on your service.

Any questions regarding this communication may be directed to <u>COVID-19Questions@ccdhb.org.nz</u>. All emails to the COVID-19 email address will be logged and responded to by an appropriate team member.

The purpose of this advice is to provide updates and guidance on:

- My Health Passport Generation II
- World Pharmacist Day
- Pressure Injury Symposium
- Rheumatic Fever reminder
- Social Responsibility in Healthcare
- Primary Healthcare Awards Call For Entries
- Managed Isolation Facilities Update
- A message from our CEO
- Our latest Health Matters magazine (attached)

The advice for all health professionals page on the <u>Ministry of Health's website</u> is a source of up-to-date information. Please check it regularly.

MY HEALTH PASSPORT - GENERATION II



My Health Passport, the second generation Health Passport, has arrived. It includes an Easy Read version and an Express version to ensure it is appropriate for each person who wants one.

My Health Passport is one of the key tools for ensuring people with disabilities who are accessing services receive effective healthcare. It informs clinicians, nurses and others involved in the delivery of healthcare services how best to accommodate someone's needs.

Disabled people can choose to share as much or as little of the information as they wish. It is a mechanism to enable both the disabled person and their support person to communicate the assistance they may require, and is especially useful where a person is unable to describe what they need in times of urgency.

My Health Passport is not a medical record, nor a diagnostic or health management tool. It is a paper to write down anything health providers need to know so there's no explaining over and over.

My Health Passports are free. To get copies go to <u>https://www.hdc.org.nz/disability/my-health-passport/</u> email <u>disability@ccdhb.org.nz</u> phone 0800 Disability (3472245489) or text 021 578 307



WORLD PHARMACIST DAY 2020

The work that pharmacists do helps prevents medication-related harm to patients, reduces length of stay in hospital and prevents readmissions. They also provide vital education to other healthcare professionals about safe ways to use medication. This day was celebrated globally on 25 September, but it's never too late to acknowledge and celebrate this important role.

Our pharmacists and their teams have gone above and beyond to help prevent the spread of COVID-19 and care for those impacted by it, as well as continuing to cater to the ongoing daily medicines related needs of New Zealanders.

They've instigated significant physical changes to pharmacy layouts and customer flow, worked long hours, and incorporated routine PPE use into to ensure they, their staff and their customers remain safe and well.

We understand the disruption and uncertainty of these extraordinary times can be hard. So we would like to thank you for everything you and your teams have done and continue to do on behalf of the people of greater Wellington.

From 1 October, pharmacist prescribers have been able to apply for special authority to prescribe specific restricted medicines which will make it easier for people to get the medicines they need. To receive these medicines, a special authority approval is required. Until this month, only medical practitioners, dieticians, nurse practitioners and optometrists were able to apply for special authority approvals.

There are 36 practising pharmacist prescribers in New Zealand, who usually work in collaborative health team environments with other healthcare professionals such as general practice or hospitals.

PRESSURE INJURY SYMPOSIUM

Registrations are invited for the 2020 Pressure Injury Symposium "International Guidelines in Practice".

When: 8.30am-4pm, Tuesday 10 November

Where: Harbourside, Wellington

More detail can be found in the attachments. To register please email your name and contact details to New Zealand Wound Care Society: <u>administrator@nzwcs.org.nz</u>.

RHEUMATIC FEVER REMINDER

Sadly we have had a further four cases of rheumatic fever confirmed, bringing the total cases in the greater Wellington region to 13. This is a significant spike given we have had only two cases last year. Please continue to encourage getting sore throats checked, and swabbing anyone who presents with sore throats. There are free sore throat clinics throughout the Wellington region.

Because Rheumatic Fever is such a serious illness, all sore throats in Māori and Pacific children and young people (aged 4 and above) need to be checked.

SOCIAL RESPONSIBILITY IN HEALTH CARE

Attached is a pdf of the September NZ Medical Student Journal which has Social Responsibility as its theme. Dr Lupe Taurmopeau presents the Pacific Health Perspective (page 6) highlighting the failures in achieving health equity for Pacific people in Aotearoa. He emphasises the importance of cultural safety and gives some practical tips on how to improve cultural safety when working with Pacific people.



Social responsibility, solidarity, and equity in the time of COVID-19 (page 13) is an interesting editorial from Angela Ballantyne, an Associate Professor of Bioethics, Department of Primary Health Care and General Practice, University of Otago based in Singapore, and Elizabeth Dai General Practice registrar in Melbourne.

Also, in this issue's Māori Health Review (page 44), Emma Espiner and Nadine Houia-Ashwell explore the effect of the COVID-19 lockdown on gambling, harmful alcohol use, and access to unhealthy food. They highlight how three contributors to poor health outcomes were treated as essentials during lockdown and suggest changes to this which would enable a stronger emergence from the COVID-19 pandemic.

PRIMARY HEALTHCARE AWARDS | HE TOHU MAURI ORA

We can all agree 2020 has been a tough year across all sectors and your work has been more important than ever

<u>Primary Healthcare Awards</u> are open and there are 22 award categories to enter. These span the primary healthcare sector, so before entering please take the time to read about the categories that apply to you/your team below and the awards criteria.

Check out the important tips, key information and requirements in the entry guide. These will be a huge help when creating a strong entry! Entries close at 10pm on 15 November 2020.

MANAGED ISOLATION FACILITIES UPDATE

You will be aware CCDHB is leading the health response in collaboration with Regional Public Health in the managed isolation facilities (MIFs). It is a true inter-agency operation with NZ Defence, Police, and security alongside hotel management and staff. While there are often negative media stories around the facilities, we'd like to share with you some of the human stories of life in managed isolation.



The teams at the MIFs go out of their way to ensure milestones are celebrated for the young and the old. Birthday parties are celebrated in style for these boys, one having his first birthday and first ever taste of cake, while the other celebrated his 8th birthday with his family courtesy of the hotel staff.







(right) The military will put their hand to anything and are now completely adept at putting together baby change tables. Travellers arrive at Wellington Airport after a long flight and there are often several babies in the groups. The Defence team purchased and assembled baby change tables to make some of the arrival process a little easier for parents.

(left) Some of the MIF team enjoying a thank you cake from MBIE. Our Charge Nurse Manager, Miranda Walker is in the centre with MIF programme manager Sam Valentine on the far right. Military tradition says the youngest person in the room cuts the cake so Navy Officer SLT William Neilson performed the honours.



A website has been launched with everything you need to know about managed isolation www.miq.govt.nz

ADVANCE CARE PLANNING

Attached is the latest news from our Advance Care Planning Team. A 2021 training and education schedule is being planned so please get in touch if you would like a workshop/training for your organisation. Also of note is a virtual Hui for health workers and managers hosted by the Health Quality & Safety Commission 2 and 3 December.

A MESSAGE FROM OUR CEO

Earlier this week we sent out this message from Fionnagh Dougan expressing a huge thank you for the work you are doing. In case you missed it, we have repeated here.

Kia ora koutou

I would like to convey my sincere gratitude to all of you - our partners and healthcare colleagues - who have delivered essential services to our communities throughout the COVID-19 response. I appreciate that many of your people have worked incredibly hard and gone the extra mile to deliver great care while also responding to the extra demands placed on you by the re-emergence of COVID-19. Your hard work, professionalism and support for your communities have been outstanding.

While there are too many people to name individually, groups across the spectrum of primary and community services have all come together to deliver support where it was needed most in the face of significant challenges. This includes PHOs and general practice, Aged Residential Care facilities, NGOs, Māori and Pacific health providers, support workers, maternity carers, pharmacies, dental practices, and local government organisations.



I would also like to give a special thanks to those who supported our Community-Based Assessment Centres or carried out testing in-practice, and to our colleagues who continue to run our Managed Isolation Facilities, contact tracing, and community response and testing teams.

Our next steps

Although we may be at alert level 1, recent cases show that we need to remain prepared should there be further community transmission outside of Auckland. Some of the strengths of our response to date have been strong communication, an excellent adherence to best practice, and a vigilance to the signs and symptoms of COVID-19. I would encourage you to maintain this focus with your people and within your communities.

We will also need to think innovatively and build even closer working relationships to effectively reach our priority populations. The excellent *'Swab-Tember' Pasifika* campaign provides an example of providers and community groups thinking creatively and coming together to run pop-up swabbing clinics in a host Pacific church every Sunday during September. The campaign team included Te Awakairangi Health Network, Tū Ora Compass and Ora Toa, Pacific Health Plus, Pacific Health Service Hutt Valley, and Pacific church ministers. Initiatives like this will be essential to our public health efforts, and I would like to thank all those involved.

Standing ready

Our teams across Hutt Valley and Capital & Coast DHBs will continue to work with you all to maintain a state of preparedness should COVID-19 reappear in our community. We know only too well that many people continue to feel the impacts of COVID-19 in other ways. The pandemic has had a disproportionate effect on Māori and Pacific communities, who continue to experience poorer health outcomes overall. Rest assured - addressing these inequities remains a key priority for us.

Once again, thank you for your efforts. I am immensely proud of how our region has worked together to respond quickly, effectively, and compassionately to our challenges as they arise. It is a privilege to be part of such a dedicated response team.

Ngā mihi

Fionnagh Dougan, Tumuaki | Chief Executive

QUESTIONS

Any questions regarding this communication may be directed to <u>COVID-19Questions@ccdhb.org.nz</u>. All emails to the COVID-19 email address will be logged and responded to by an appropriate team member.

Don't forget past updates, attachments and resources can be found here.

THANK YOU

Thank you for all you do, and continue to do, every day to keep our communities safe. If there is anything you want to know about please email <u>COVID-19IMTCOMMUNITY@ccdhb.org.nz</u> or reply to this email.

Our latest edition of Health Matters is attached. We want to tell more of your stories, so please let us know what is happening in your area so we can share the good news. Send your ideas to the above email address or talk to your contract manager.

Rachel Haggerty

2DHB Director, Strategy, Planning & Performance