

# The characteristics of older people assessed by interRAI, Central Region - 1 July 2018 to 30 June 2019

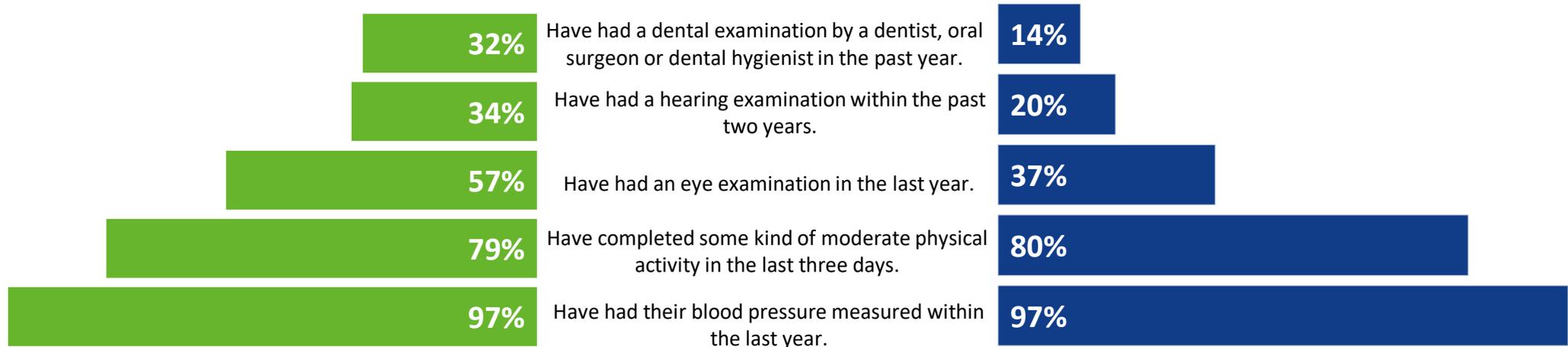


**Non-Māori**

There are many protective behaviours such as regular checkups and lifestyle factors which support older people to experience good health and a sense of wellbeing.



**Māori**



One of the ways DHBs help older people get the right support at the right time, is to have a health professional complete an assessment of a person's health and wellbeing. This assessment is known as an interRAI comprehensive clinical assessment.

The information in this infographic is from interRAI Home Care assessments for people living at home in the community.

We publish the interRAI Home Care assessment information to encourage health professionals, community groups and whānau to check in with older people and see how they are doing.

**Notes:** 8,866 interRAI Home Care assessments were completed. Of those assessed, 7% identified themselves as Māori and the latest population estimates distributed by Stats NZ, shows 7% of the population aged 65 plus, identify as Māori.