

PROVIDER NETWORK UPDATE

APRIL 2021

While COVID-19 continues to dominate the health response there is still a lot work going on that doesn't stop regardless.

This update covers:

- Disability Equity e-learning module
- Flu vaccinations
- Measles update
- Bowel Screening go live for CCDHB
- Focus on Māori and Pacific mama
- Accessibility Charter signed
- COVID-19 vaccination update
- Cancer Care and COVID-19 guidance
- Health System Changes recap
- Advance Care Plan Training Calendar
- Refugee Health & Wellbeing Workshop
- Using Interpreters Workshop
- Positively Pacific health information
- Face Coverings on public transport
- NZ Medical Student Journal (attached)
- More Of Your Stories Please

Any questions regarding this communication may be directed to 2DHBCommissioning@ccdhb.org.nz All emails to this email address will be logged and responded to by an appropriate team member.

DISABILITY EQUITY E-LEARNING MODULE AVAILABLE TO ALL



The Disability Strategy Team has launched an online e-learning module called Disability Equity which is now being rolled out to all 20DHBs. The module has three separate topics Disability Explained, Engaging With Disabled People, and Working With Disabled People.

It's also available for people outside DHBs via the Ministry of Health's LearnOnline website - <https://learnonline.health.nz/login/index.php> You will need to create a new account if you don't already have one.

The intent of the Disability Equity module is to promote appropriate interactions with disabled people coming in contact with health services and uses rights-based language to encourage a more open mind-set.

The module reinforces both ours and the Ministry of Health’s priority work on equity, and relates directly to nurses providing safe and quality care.

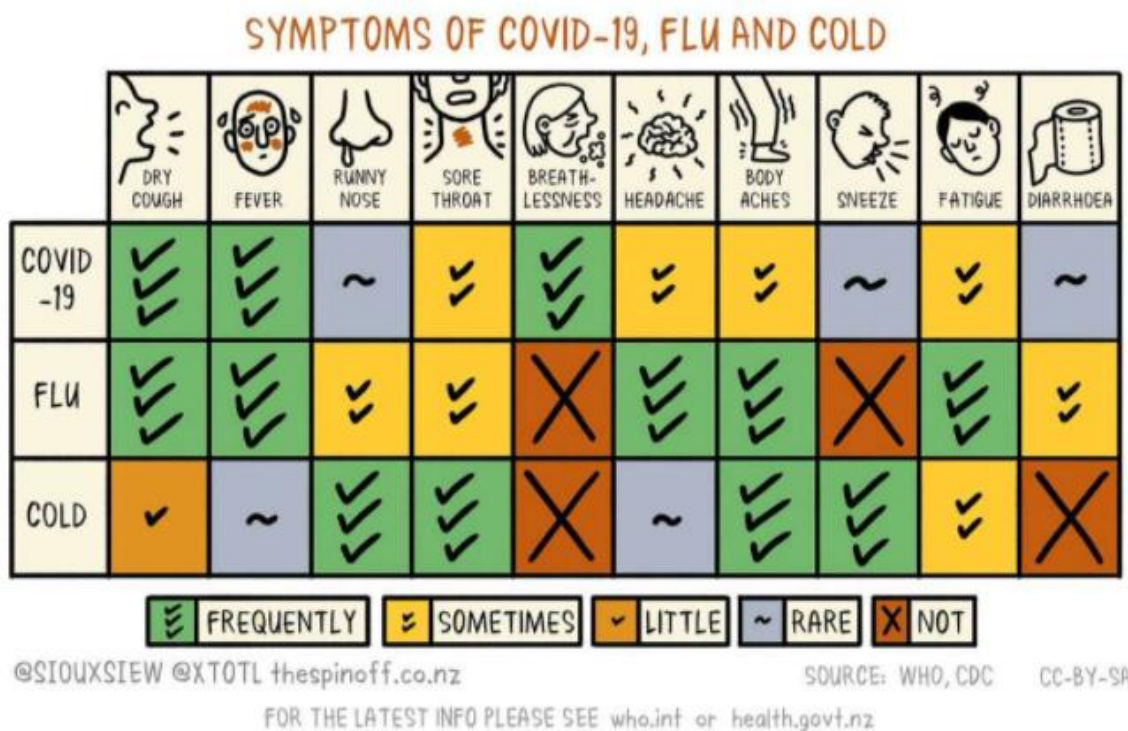
Our Violence Intervention Programme Coordinator in the Strategy, Planning & Performance team, Leanne Scott, (left) was the first CCDHB staff member to complete the module saying “it was enlightening and really useful for my role”.

INFLUENZA VACCINATIONS

The flu vaccine is free and available now for over 65 year olds. Free vaccines will also be available for those under 65 who are vulnerable and can get very ill if they come down with flu – including pregnant women and those with certain medical conditions sometime after mid-May – actual date to be confirmed. Please remember there needs to be a two-week gap between the flu vaccination and the COVID-19 vaccination.

The [Fight Flu website](#) has excellent information and a full list of health conditions which make a person eligible for a free flu vaccine. This, and the [influenza page on the Ministry of Health website](#), will be the most up-to-date sources of information so please refer to those sites when giving advice.

The matrix below is also useful for sharing to help identify symptoms and what they mean.



HOW FLU VACCINATION FITS WITH OTHER VACCINES

As COVID-19 vaccinations are rolling out in ARCs, it's important to note that influenza immunisations need to occur two weeks **before** the first dose or two weeks **AFTER** the second dose of COVID-19 vaccination. ARC facilities will receive separate information on the timeframe and rollout of COVID-19 vaccinations but as the COVID-19 vaccination will take priority over influenza it is unlikely any ARCs will deliver the flu vaccine before mid-June.

However, if you have village residents over the age of 65, they are eligible to be vaccinated against influenza now so please encourage them to do so.

MEASLES UPDATE

The national measles immunisation campaign targeting 15-30 year olds has been caught up in the noise of vaccinations and is now taking a back seat to the other more important vaccine campaigns of COVID-19 and flu. It is important to note that the measles campaign has a specific target audience of those who may have missed out on receiving their measles vaccination. Measles is said to be eight times more transmissible than COVID-19 and can be life threatening, so the message is for people to get immunised in order to protect people who are unable to get vaccinated.

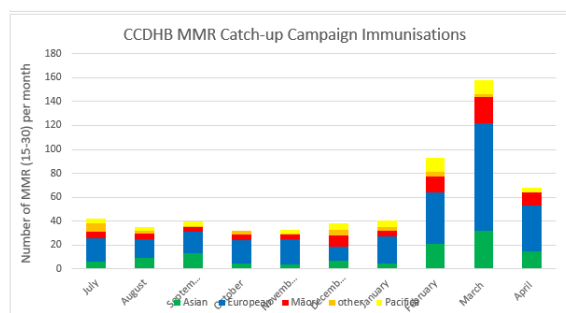
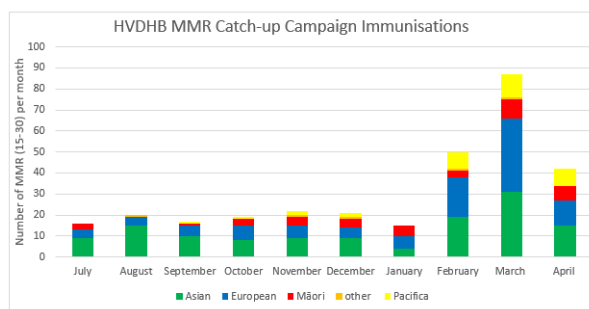
Our Families and Wellbeing team created a series of resources for sharing on social media including a short video in conjunction with our Disability Team. The video features team member Shannon Morris signing in real time with the video voice over and captions – a feat of logistics which has worked really well. [See it for yourself here.](#)

We also have [a local micro-site linked to the national campaign](#) which is hosted by Regional Public Health giving information specific to our Hutt Valley and Capital & Coast DHB regions.

Our Youth One Stop Shop targeted outreach service is delivering promotional, pop up and mobile MMR immunisation services and we are encouraging people to get vaccinated at participating pharmacies.

To date around 600 young people in CCDHB and over 300 young people in Hutt Valley DHB have been immunised with MMR (Measles, Mumps & Rubella) Vaccine and recorded on the NIR.

Although the Director General of Health has released advice regarding immunisation priorities which states MMR vaccinations can be put on hold until later in the year, we have grown our immunisation capacity through our YOSS' targeted MMR immunisation service so will be able to continue to operate throughout the year while working around COVID-19 and the Influenza immunisation schedule.



Note: April date is only captured from 1st to 19th

CCDHB JOINS NATIONAL BOWEL SCREENING PROGRAMME

CCDHB has now joined the National Bowel Screening Programme and the first letters are rolling out to eligible people aged between 60 and 74 years of age around two weeks before their birthday. This is excellent news for the wider region as it means we can intensify our outreach and messaging to coordinate across the two DHBs.

New Zealand has one of the highest rates of bowel cancer in the world. It is the second-highest cause of cancer death in New Zealand. Around 3,200 people are diagnosed every year, and 1,200 of those will die from bowel cancer. However, the chance of surviving this cancer are very good when the cancer is found early.

We are committed to achieving equity in screening rates for Māori, Pacific peoples and people with disabilities and have a robust plan for communicating and engaging with these priority populations to ensure equitable participation in the programme.

The number of eligible participants for bowel screening at CCDHB is estimated as 43,240 based on StatsNZ population projections (2018) for the 2020/2021 financial year. This covers people aged between 60 and 74 who are domiciled in the Wellington, Porirua and Kāpiti regions.

The Ministry of Health has estimated that the CCDHB bowel screening programme is likely to find around 52 colorectal cancers in the first year of bowel screening, with a similar volume expected in the second year. After this time, the DHB is likely to find around 35 cancers through the screening programme per annum.

Our display of the giant walk-through bowel at Kenepuru Hospital drew a lot of attention and shows how engaged and ready people are to talk about bowel cancer. The giant bowel shows the variations of polyps from early stage through to cancer and will be on display in the atrium at Wellington Hospital on 6th and 7th of May. If you have a health promotion event and would like to have the bowel or someone to come and talk about the bowel screening programme and how it works email us at 2DHBcommissioning@ccdhb.org.nz



The bowel screening nurses and programme manager inside the giant bowel at Kenepuru Hospital.

FOCUS ON MĀORI AND PACIFIC MAMAS

Breastfeeding has wide ranging benefits for the mother and baby, and an equity gap has been identified which our Families & Wellbeing team within SPP is working to fill. Women will benefit from five new Māori and Pacific lactation consultants across the CCDHB catchment area as well as a Māori and Pacific midwifery service- Te Ao Marama Midwifery Tapui. The new midwifery service will support mama and whānau in Porirua, reducing the number of times women in Porirua need to come to Wellington Regional Hospital for antenatal, birthing and postnatal care.

FIRST DHBS TO SIGN ACCESSIBILITY CHARTER

Early this month we signed the Accessibility Charter to show our commitment to accessible information for all. We are the first DHBs to sign the Charter which was launched by MSD in 2018. Our Disability Team has been driving the implementation of the Charter across both DHBs. Find out more about what the Charter means <https://www.odi.govt.nz/guidance-and-resources/the-accessibility-charter/>



General Manager of Disability Strategy Rachel Noble (centre) holds up the signed Accessibility Charter with CE Fionnagh Dougan and members of the Executive team

COVID-19 VACCINE UPDATE

Across our two DHBs and with support from PHOs, we have now delivered more than 17000 doses of the Pfizer vaccine. We want to express our thanks to all those who have been involved in the rollout to date, in particular our vaccination and administration teams, who have developed and refined their processes to ensure people are vaccinated efficiently and that their experience is a positive one.

As we continue to work through our eligible Group Two vaccine recipients – including frontline health staff, people in long-term residential care and older Māori and Pacific people living in the community – and prepare for the Group Three launch in May, we will see our numbers continue to grow and the pace of vaccination increase.

If you are eligible for vaccination now and have not yet had your first dose, please book your appointment as soon as possible. The Pfizer COVID-19 vaccine is the best way for all of us to protect ourselves, our colleagues and communities, and the people we care for together.

NEW [VACCINATEGREATERWELLINGTON.NZ](https://www.vaccinategreaterwellington.nz) WEBSITE LAUNCHED

The COVID-19 vaccination response team has launched a local website with information and easy access to resources including an [excellent vaccination guide](#) which tells you all you need to know.

COVID-19 VACCINATIONS IN ARCS UPDATE



Vaccinations for residents and staff in Aged Residential Care started last week. Community Pharmacists are delivering this programme. The first week saw nearly 200 resident and 200 ARC staff vaccinated on site across four facilities. We anticipate that residents in all 42 ARC facilities across our two DHBs will be vaccinated by mid May.

[Check out this lovely story](#) about 101-year-old Maisie Lund, a resident at Summerset on the Coast being one of the first to be vaccinated as the programme rolled out in ARCs.

CANCER CARE AND COVID-19

Te Aho o Te Kahu Cancer Control Agency has released guidance for clinicians on COVID-19 vaccines and cancer. [You can find the latest advice here](#) as well as other reports and publications for information and guidance on cancer and screening services during the COVID-19 response. As the vaccine is rolled out wider, this information will be useful to many of you.

HEALTH SYSTEM CHANGES

As you will be aware, Health Minister Andrew Little has announced the future shape and structure of the health and disability system, which will be the Government's blueprint for the health sector in the future. I have put links at the end of this email.

The announcement signals a significant shift in how the system will operate in future in terms of policy decisions, funding and commissioning, and delivery of services at a national and regional level.

This future pathway is well served by our current strategies across Hutt Valley and Capital & Coast DHBs. Our focus on equity and improving health outcomes, by working in localities, can only be strengthened by the proposed changes.

We are excited about the opportunities to move faster, and with greater purpose to deliver equity and improved health outcomes for the communities we serve. We see the next twelve months of work being well aligned to support the creation of this new system of health care.

WHAT THIS MEANS FOR YOU

The changes will take time to implement. The Minister has confirmed that DHBs remain the planner and funder for services during the transition. If either DHB funds you and your services, our current letters of intention remain and we will work with you to finalise contracts and commissioned services for the coming year. If you have any questions, contact your contract manager directly.

ADVANCE CARE PLANNING UPDATE & TRAINING CALENDAR

Advance Care Plans (ACPs) are a process for thinking about, talking about and documenting future health care wishes. ACPs promote rich conversations among people, their whānau, support networks and medical teams. People who have an ACP are shown to experience less stress around their future care because unnecessary hospital admissions are minimised, and the dying process is eased. An ACP also means health crises are more manageable for people and their whānau as their wishes have already been discussed, and grief is lessened for loved ones after a person dies.

Advance Care Plans are [available for download here](#) or hard copies can be requested from [Health Quality & Safety Commission here](#).

ADVANCE CARE PLANNING INCENTIVISED FUND

A fund has been established to support NGOs, not-for-profits, community groups and Marae to support their clients to complete ACPs. \$150+gst can be claimed for ACPs completed by people in the Capital and Coast and Hutt Valley regions by the organisations that support them. For more information on how to qualify or to apply, contact the 3DHB ACP Manager Sean Thompson acp@ccdhb.org.nz

ADVANCED CARE PLANNING WORKSHOPS

Advance Care Planning workshops are very popular and are held regularly around the region. **Attached** is the 2021 Advance Care Planning (ACP) training calendar for Kāpiti, Porirua, Wellington, Wairarapa and the Hutt Valley.

If you have not previously attended a workshop or if you would like a refresher, please sign up! Please also print this calendar for your workplace noticeboards or email it to your colleagues and anyone who might be interested in learning about and training in ACP.

For resources and more information about ACP visit www.advancecareplanning.org.nz or contact Sean Thompson (sean.thompson@ccdhb.org.nz) directly.

WORKSHOP ON HOW TO USE INTERPRETERS

Interpreting Wellington and Regional Public Health invite you to a special workshop on how to use interpreters in a clinical context, in order to meet the requirements of human rights and sign language legislation. Come and join us for a varied programme including an interpreting demonstration and interaction with your colleagues. We will help you identify the risks of using clients' family and friends as BYO interpreters, and will give you some tools for working with interpreters to get the best possible communications with your clients.

For more information, including registration details, visit <http://www.rph.org.nz/health-professionals/training-opportunities/>

This workshop has been endorsed by the Royal New Zealand College of General Practitioners (RNZCGP) and has been approved for up to 3 hours for General Practice Education Programme Stage 2 (formerly AVE) and Maintenance of Professional Standards (MOPS) purposes. A certificate of attendance will be provided.

REFUGEE HEALTH AND WELLBEING PRIMARY CARE WORKSHOP

Do you work with refugees? Would you like to know more about the resettlement process and health provision. Registration is at 8.30am and the workshop runs from 9am – 4pm on Thursday 13 May in the Learning Centre Auditorium at Hutt Hospital.

This workshop will cover these aspects of refugee resettlement:

- The Immigration Process
- Mangere Refugee Resettlement Process
- Refugee Trauma Recovery Services
- Red Cross Social Services
- Wellington Community Law Centre
- Primary Health Care Clinical Services
- Regional Public Health Role
- Refugee Voices
- Shakti

For more information contact the course facilitator Carolyn Boyle, public health nurse, 027 570 9886 or email caroline.boyle@huttvalleydhb.org.nz

For a registration form and to assist with catering RSVP by Thursday 6 May 2021 to: Chelsea Downing, Regional Public Health, Email: Chelsea.Downing@huttvalleydhb.org.nz

POSITIVELY PACIFIC

Great work continues with the [Positively Pacific website](#), [Facebook page](#) and Instagram channels getting accurate and helpful information about COVID-19 to its communities. Some excellent Pacific voices captured on video including this one of Otila Tefono, clinical specialty nurse which is well worth sharing.

View the video here: <https://www.youtube.com/watch?v=3y-c3oo-mQA>

CONTINUE TO PROTECT YOURSELF AND OTHERS FROM COVID-19 AND THE FLU

Winter is coming and all of the good practices COVID-19 has drilled into us applies to influenza, coughs, colds and other influenza-like illnesses so whether you are at home or at work, please continue to play your part to protect yourself and others.

FACE COVERINGS ON PUBLIC TRANSPORT

A reminder from Metlink and Regional Public Health to encourage communities in greater Wellington to get their COVID-19 and vaccination information from trusted sources. The Ministry of Health and Unite Against COVID-19 websites contain factual and reliable information on COVID-19 and the vaccination roll-out.

Face coverings are required to be worn on public transport, unless you have a condition that makes wearing one unsuitable or are under 12 years old.

Wearing a face covering on public transport, is a simple and effective way to help keep us all safe. Thank you to everyone in our region who continues to wear face coverings on public transport.

MORE OF YOUR STORIES PLEASE

We want to share more of your stories. If you have news you'd like to share about the good work you are doing with other community providers as well as our hospital teams. Please email 2DHBCommissioning@ccdhb.org.nz or let your contract manager know. We can share your stories on our website, our intranet, and in our Health Matters publication – **latest is attached**.

We produced lots of your great stories over COVID-19 and in other Health Matters magazines which you can find on our [Community Provider page](#) here. And all the [previous updates and resource material](#) has been stored here as well.

NEW ZEALAND MEDICAL STUDENT JOURNAL

Attached is a copy of the latest New Zealand Medical Student Journal with some articles and contributions that may be of interest. Contents include:

- *A narrative review of the health impact of climate change and food security on Pacific Island countries and territories* co-authored by Thomas Swinburn, Vili Nosa, and Judith McCool. Thomas Swinburn is a fourth-year medical student at Waikato Hospital with an interest in public health. Associate Professor Vili Nosa is Head of the Pacific Health Section at the School of Population Health, Faculty of Medical and Health Sciences, The University of Auckland. Associate Professor Judith McCool is Head of Department of Epidemiology and Biostatistics at the School of Population Health, Faculty of Medical and Health Sciences, The University of Auckland.
- *The assertion of Tino Rangatiratanga in tertiary education and by Iwi: The Tū Kahika foundation year health sciences scholarship at the University of Otago and the Te Rarawa Response to COVID-19* written by Nadine Houia-Ashwell (Te Rārawa, Ngāpuhi, Ngāi Tahu, Ngāti Porou) a fifth year medical student at University of Otago Medical School (Wellington).

QUESTIONS

If you have any questions regarding this update or any other questions for the team, please email 2DHBCommissioning@ccdhb.org.nz

We have also been adding resources to the dedicated [community provider page on our website](#).

THANK YOU

It's always good to reflect on just how much good work is going on; work which relies on us being healthy both mentally and physically. Thank you for all that you and your colleagues are doing.

Rachel Haggerty

DIRECTOR, 2DHB STRATEGY, PLANNING AND PERFORMANCE