

# PROVIDER NETWORK UPDATE

This update is prepared by the Capital & Coast and Hutt Valley District Health Boards. Our focus is on ensuring you have the information you need, when you need it, in order for you to care for your staff and the people who depend on your service.

Any questions regarding this communication may be directed to [2DHBCommissioning@ccdhb.org.nz](mailto:2DHBCommissioning@ccdhb.org.nz). All emails to this address will be logged and responded to by an appropriate team member.

The purpose of this advice is to provide updates and guidance on:

- Three COVID-19 cases in New Zealand
  - CBACs are open
  - RPH is still contact tracing
  - Contact tracing posters and apps
- Staying safe

## THREE CASES OF COVID-19 IN NEW ZEALAND

Yesterday a third case of COVID-19 was announced, again connected with our border control. Two of the cases have had a lot of media coverage, and a number of questions have been asked. As a result, a review is underway.

We would like to reassure you that even though we are at Alert Level 1 and business as usual is becoming the norm, your commissioning team has not gone away. COVID-19 response is a very real part of our daily activities.

## CBACS ARE OPEN AND TESTING

CBACs are open and testing numbers are on the rise. [You can find information on CBACs here](#). This includes locations, opening hours, and whether or not walk-ins are available or if appointments are required.

Please do not hesitate to get tested, or encourage your team or staff to get tested if you have any concerns. It's easy and it's free. Contact Healthline or your GP for a referral.

## REGIONAL PUBLIC HEALTH

Our RPH team is hard at work contact tracing and monitoring just as they have throughout Alert Levels 4, 3 and 2. Their work hasn't slowed down, and won't slow down for some time to come.

In the Wellington region, all people with COVID-19 illness and their close contacts receive daily telephone calls from Regional Public Health staff as part of ongoing monitoring. This involves checking their health and well-being, and monitoring the status of their illness.

## CONTACT TRACING APP AND POSTERS

Contact tracing is only as good as the information the contact tracers get. If you haven't already, download the [contact tracing app on your phone](#). You can also get your own official NZ COVID Tracer QR code poster through the Ministry of Health's new [self-service webform](#).

You will need to create a separate poster for each of your premises or unique locations but can print as many copies of each poster as you need. Make sure to put them on display in prominent locations next to every entrance.

A [video explaining the process](#) for getting QR code posters is available on the Ministry's website.

Having visitor sign in sheets, journals or keeping notes in your phone also works. Don't rely on your memory because as we have seen, when you are under stress or some time has lapsed your memory may be sketchy.

## STAY SAFE

We are in Alert Level 1 and it feels like life has almost returned to normal in many cases. However, now is not the time to become complacent.

- Be mindful of your bubble and keep it small if you can.
- Keep a record of where you have been and who you have been with, dates and times.
- Wash your hands often.
- Cough and sneeze into your elbow or tissue and dispose of the tissue straight away.
- Stay home and stay away from others if you are sick.

These messages become more important now that we are in the thick of winter, and we are mixing and mingling with other people again. The usual winter flus, coughs, colds and sniffles are making their appearance. So, if you are worried, call Healthline or your GP about being tested for COVID-19.

## QUESTIONS

If you have any questions regarding this update or any other questions for the team, please email [2DHBCommissioning@ccdhb.org.nz](mailto:2DHBCommissioning@ccdhb.org.nz)

## THANK YOU

Once again, I would like to thank you all for the work you are doing. Your work is very much appreciated.

**Rachel Haggerty**

DIRECTOR, 2DHB COMMISSIONING TEAM