



## Advance Care Planning Snippets – Spring 2020

**Welcome from Sean Thompson: 3DHB ACP Facilitator**

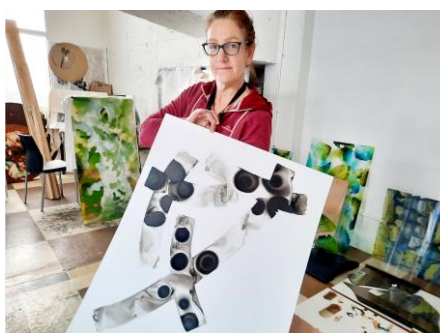
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Tēnā koutou katoa. The sun is out, daylight savings is here - it's Spring!

This morning I walked past my neighbour's cherry tree, bursting with blossom and the footpath covered in petals. It was a beautiful sight and poignant to reflect on life's beauty and life's changes through each season. The changing seasons are a reminder to keep thinking and talking about our future and what is important.

### "Wide Shoulders" 28<sup>th</sup> September – 4<sup>th</sup> October

Following her mother's diagnosis with dementia six years ago, Wellington artist Julie Daysh processed her journey in the way she knew best – through art. Julie's mum sadly passed away earlier this year and Julie will be exhibiting her work at Wellington's Thistle Hall as a way to start conversations on dementia. She welcomes all to stop in to reflect and to share their own stories. Thistle Hall Gallery 239 Cuba St, Wgtn.



### What's been happening in ACP?

**Projects including:** Streamlining systems for storing and accessing ACPs in hospitals and the community. Education sessions for primary care, community groups, DHB teams, junior doctors, social work, aged residential care, nursing staff, paramedics, NGOs, hospice and palliative care. Supporting ACP initiatives with Māori throughout 3DHB. Developing ACP initiatives with Pasifika. Collaborating on ACP nationally with HQSC. Finalising 2020/2021 financial contracts, particularly with NGOs.

### Adding ACPs to hospital files

Thanks for sending ACPs to [acp@ccdhb.org.nz](mailto:acp@ccdhb.org.nz) (for Hutt, Wairarapa and Capital & Coast). In the past three months we have uploaded six times more ACPs per month to hospital files than for the previous six months! These are people whose health care wishes are now able to be easily accessed and followed in hospital.

### Advance Care Planning learning opportunities

The Level 1A ACP workshops are in full swing and all have been fully booked. There are still spaces in the Carterton workshop on November 24<sup>th</sup>. Email me or sign up or via your DHB professional development site. The Level 1 [eLearning](#) is the required pre-workshop course. It is free and highly recommended to all.

We have also been invited to run ACP workshops for the Māori Women's Welfare League, Atiawa and for Stroke Central field officers.

I'm currently planning the 2021 training and education schedule so let me know if you would like me to talk to your team or group or if you would like a stand-alone Level 1A ACP workshop for your organisation.

### Ō tātou hiranga | What matters to us 2 & 3 December 2020

The Health Quality & Safety Commission will host a national ACP virtual hui for health workers and managers. This will be an engaging two days exploring our role in putting what matters most to our patients and their whānau at the centre of health care planning and delivery. We'd love you to join us.