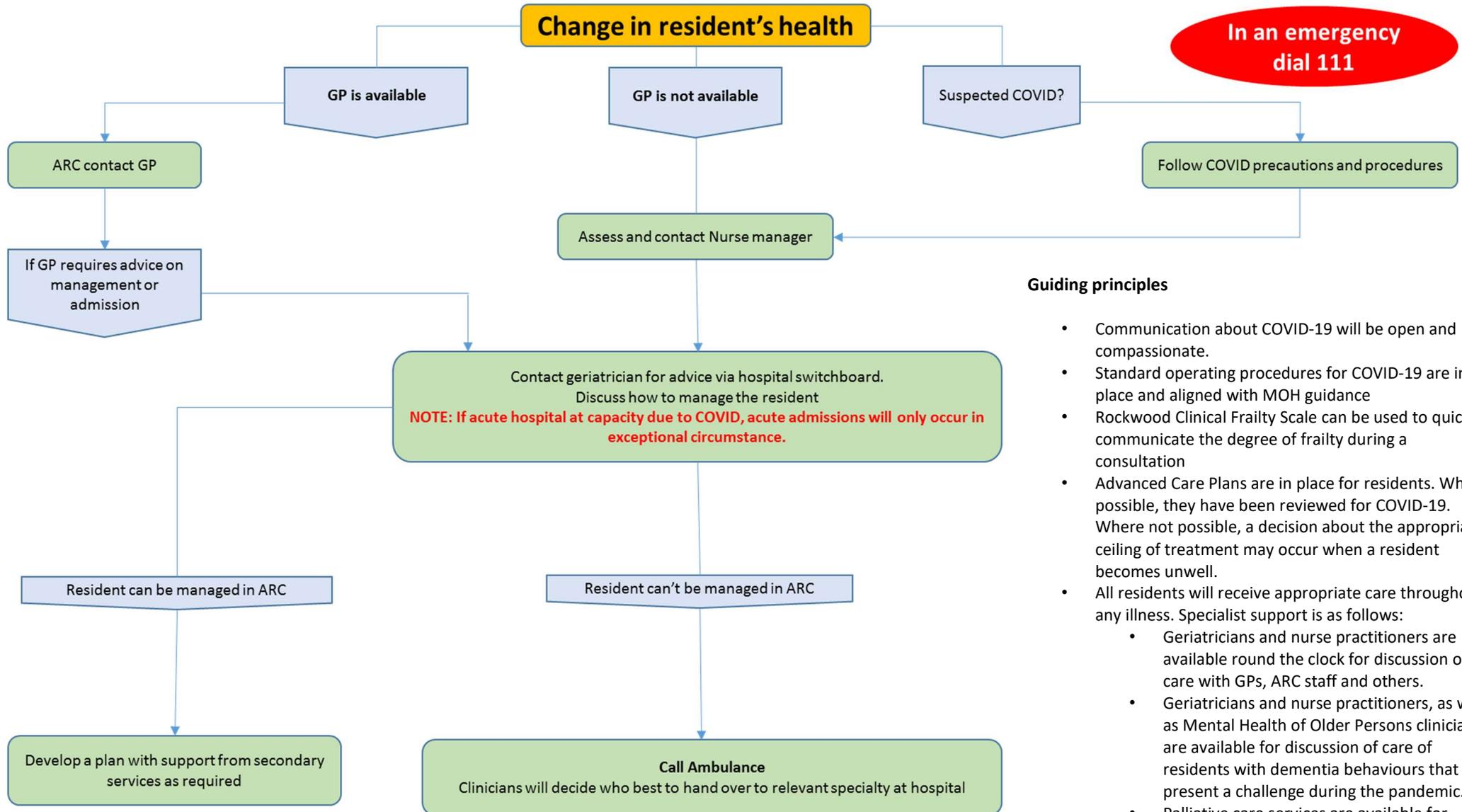


# Escalation pathway for ARC residents

This guidance and decision making pathway has been developed for ARC staff and GPs in CCDHB and HVDHB to follow while the health system is responding to the COVID – 19 pandemic (9 April 2020)



## Guiding principles

- Communication about COVID-19 will be open and compassionate.
- Standard operating procedures for COVID-19 are in place and aligned with MOH guidance
- Rockwood Clinical Frailty Scale can be used to quickly communicate the degree of frailty during a consultation
- Advanced Care Plans are in place for residents. Where possible, they have been reviewed for COVID-19. Where not possible, a decision about the appropriate ceiling of treatment may occur when a resident becomes unwell.
- All residents will receive appropriate care throughout any illness. Specialist support is as follows:
  - Geriatricians and nurse practitioners are available round the clock for discussion of care with GPs, ARC staff and others.
  - Geriatricians and nurse practitioners, as well as Mental Health of Older Persons clinicians, are available for discussion of care of residents with dementia behaviours that present a challenge during the pandemic.
  - Palliative care services are available for guidance on care of a person with palliative needs or who is at the end of life, including those dying with COVID-19.
  - Access to kaiwhakarite or kaumātua support to ensure cultural needs are met

## AFTER HOURS CONTACT NUMBERS

Region	Health practitioner	Phone number	Operating hours
Wellington	Geriatrician after hours	04 385 5999	4pm to 8am the following day
	Palliative care advice	04 801 0006	
Hutt Valley	Geriatrician after hours	04 5666 999	
	Palliative care advice	04 569 7921	

## WORKING HOURS CONTACT NUMBERS

Region	Health practitioner	Phone number	Operating hours
<b>Health of Older People</b>			
Wellington to Ngaio	Dr Kate Scott	0272 448 627	Monday to Friday 8am – 4pm
	NP Zaf Malik	027 311 9861	
	NP Diana Minee	027 564 1237	
Ngaio to Pukerua Bay:	Dr Janet Turnbull	027 245 6918	
	NP Katie Bolton	027 200 4653	
Kapiti	Dr Janet Turnbull	027 245 6918	
	NP Julie Hollingsworth	027 274 1195	
Hutt Valley	First port-of call	04 5666 999	
	On call geriatrician		
	NP Mary Daly	027 454 8768	
<b>Older Person's Mental Health service</b>			
CCDHB	Te Haika	0800 745 477	Monday to Friday
Hutt Valley	Psychogeriatric team	04 570 9907	8am – 4pm
<b>Specialist Palliative Care service</b>			
CCDHB	Mary Potter Hospice doctor	021 594 906	Monday to Friday
Hutt Valley	Te Omanga Hospice	04 569 7921	8am – 4pm