



**Central Region Eating Disorders Service
Education Day**

**0845-1645 Tuesday 19 October 2010
Learning Centre**

**1st floor Clock Tower Building
Hutt Hospital**

0845-0915 **Coffee/tea, registration** *Auditorium*

0915-1030 **Welcome and introductions** *Auditorium*
Toni Atkinson Acting MH Manager, HVDHB
Colin Hamlin Senior Advisor, Policy, MoH

1030-1145 **Concurrent presentations:**

Venue	Presentation	By	Should interest
<i>Auditorium</i>	Assessment, Diagnosis and Treatment of eating disorders	Dr Felisa Roldan Nadine Woodley-Rideout	Medical, Allied Health and senior nursing staff, other disciplines involved with the assessment and diagnosis of ED
<i>Meeting Room 2</i>	Introduction to eating disorders	Emma Thompson	People new to ED's; students; community groups;
<i>Tutorial Room 1</i>	Relational approaches to eating disorders	Catriona Cairns Jessica Diorio	Psychotherapists; therapists; counsellors; case managers.
<i>Meeting Room 3</i>	Co-existing disorders-working with clients with self harm behaviours using distress tolerance techniques	Anna Brealey Emma Sutich	Clinicians of any discipline working with clients with co-existing disorders

1145-1230 **Lunch and networking** *Auditorium*

1230-1330 **Concurrent presentations:**

<i>Auditorium</i> <u>Grand Round</u>	STARVATION - the treatment of patients with an eating disorder and the use of the Mental Health Act <i>Chair: Dr Wolfgang Kure</i>	Dr Hiran Thabrew Consultant C&A Psychiatrist <i>C&C DHB</i> Dr Felisa Roldan;	Psychiatrists; Physicians; Registrars; MOSS; MHIPS staff; emergency department and general ward staff, all comers.
<i>Meeting Room 2</i>	Utilizing Music Therapy and Massage Therapy with clients with an eating disorder	Melissa Garber Michelle Richecoeur	MH clinicians; therapists; counsellors; OT's; Physiotherapists

1330-1445 **Concurrent presentations:**

Venue	Presentation	By	Should interest
<i>Auditorium</i>	Psychotherapy with clients with an	Dr Felsia Roldan	Experienced clinicians of any

	eating disorder and Mindfulness in the treatment of Bulimia	Emma Sutich	discipline
<i>Tutorial Room 1</i>	Working with clients with an eating disorder in a MH inpatient setting and supporting staff	Rada Maricic Fauiki Meafoou Sharleen Tippett Nadine Woodley-Rideout	MHIPIU staff; CNS's; Nurse Educators; Nurse Consultants; Team Leaders
<i>Meeting Room 3</i>	Longitudinal case study utilizing the Maudsley Model with a young male and his family	Clive Bayless Paula Fielden (C&C DHB)	Family therapist, therapists, case managers
<i>Meeting Room 2</i>	Refeeding clients with a restrictive eating disorder	Sue Scarlet	Physicians; Dietitians; RN's.

1445-1505 Afternoon tea

1505-1620 Concurrent Presentations:

Venue	Presentation	By	Should interest
<i>Auditorium</i>	Working with clients with severe enduring eating disorders (SEED)	Emma Sutich Dr Felisa Roldan	Senior clinicians; CMH staff
<i>Meeting Room 2</i>	Family Therapy with families of clients with an eating disorder	Clive Bayless Sharleen Tippett	Clinicians who utilize family therapy with clients with an ED
<i>Tutorial Room 2</i>	So your patient has a family, does it matter and do you need to talk to them?	Laura Southward- Ellis	Family/ consumer advisors; social workers, staff who work with and support families
<i>Meeting Room 3</i>	Eating with clients with eating disorders-developing adaptive functional behaviours and Nutritional messages for clients with eating disorders	Anna Brealey Sue Scarlet	Occupational therapists, clinicians Anyone giving nutritional advice nutrition advice to clients

1630 Close of day Auditorium

Note: The room venues may alter dependant on numbers for each session-please check on the day on the main list outside the Auditorium and on the room doors for the session titles, your name and the venues.

Cost: \$20 per person
(to cover catering etc)

You can send a cheque made out to HVDHB to CREDS with your paper RSVP or separately if you register via email (please ensure we will know who it is from).

HVDHB departments can organise cost code crediting if required.

Alternatively cash will be collected from you on the day.

CREDS Staff at this education day

Clive Bayless	Family Therapist
Anna Brealey	Occupational Therapist
Catriona Cairns	Psychotherapist
Jessica Diorio	Psychotherapist
Melissa Garber	Music Therapist (<i>Contracted</i>)
Jan Haines	Support Worker
Fauiki Meafoou	Support Worker
Rada Maricic	Mental Health Nurse
Michelle Richecoeur	Massage Therapist (<i>Contracted</i>)
Dr Felisa Roldan	Consultant Psychiatrist/Psychotherapist
Sue Scarlet	Dietician
Laura Southward- Ellis	Family Advisor HVDHB
Emma Sutich	Consultant Clinical Psychologist
Sharleen Tippett	Clinical Nurse Specialist
Emma Thompson	Educator
Sue Willoughby	Team Leader
Nadine Woodley-Rideout	Residential Nurse Co-ordinator

