

## **PHO – Mental Health and Addiction**

### **Summary**

This briefing provides an overview of the Mental health & Addiction framework as it relates to the DHB's overarching aim for 2010/11 is "Better health *and independence for our people, families and communities*". We aim to do this by focusing on improving the quality, efficiency and effectiveness of services, and increasing patient/client satisfaction.

Our objective as a DHB, for both service development and for service provision, is to ensure we have:

- the right range of services,
- which are integrated across the continuum of care, and
- to ensure services are delivered as a single system.

### **Context**

Our 2010/11 District Annual Plan sets out a our priorities for mental health and addictions services encompassing the Health Targets and Indicators of DHB performance along with a range of local and regional commitments to support the delivery of Te Kokiri, The Mental Health and addiction Action Plan 2006-2015.

Our objective as a DHB for both service development and for service provision is on ensuring that we have the right range of services based on the requirements of the service user, which are integrated across the continuum of care, Primary and Secondary to ensure that we deliver services as an integrated single system. This objective is a key driver for us moving forward..

One of our key objectives for 2010/11 is to realign mental health expenditure to the level required to deliver a comprehensive continuum of services within the requirements of the 2010/11 DHB Operating policy Framework.

A key output will be the development of more flexible options for community care and development of partnerships between primary and specialist services to ensure sufficient investment in mental health services to maintain the expected level of access and quality of services.

Our planning for mental health is guided by the Mental Health Commission's Blueprint for Mental Health and Addiction Services (although we note that the 1998 Blueprint model is outdated and many models of care have moved on since the last review) and we acknowledge there are areas of improvement for us whilst we benchmark well in other areas.

### **The Way forward: mental health services for recovery**

Baseline work is currently being undertaken to establish the wider needs model ensuring that local service provision meets the needs of the population and the project will look to report later this year. This will inform options on how best the needs of the population can be met and inform future local contracting. This is a substantial piece of work that will require extensive engagement with all stakeholders.

One of our key objectives for 2010/11 is to realign mental health services to deliver a comprehensive continuum of services while ensuring sufficient investment to maintain the expected level of access to quality services. A key output will be more flexible options for community care and the development of partnerships between primary and specialist services.

A key piece of work currently underway is Knowing the People Planning (KPP). KPP transforms service planning from an exercise of anecdotal evidence to accurate up-to-date information. Improving service performance can then be addressed and the results evaluated across the service.

### **Over the next 12 months**

We are planning a series of Contract relationship meetings and forums with providers of mental health and addiction services over the next twelve months to seek input into the strategic development of our services. The visits and forums will assist us with understanding common issues and themes, to understand the people that use our services better, and how the providers can support them in their services.

### **Contract Relationship Visits**

Prior to the forums the DHB will arrange a contract relationship visit with each provider individually. At these meetings we will discuss any emerging issues and how the provider can contribute to the forums. We will also undertake a second round of contract relationship visits commencing early 2011.

### **Forums Goals**

The Strategic Development forums have been set by service groupings ie "Residential" or "Community Support Work". The goal for the forums is that everybody who is involved on the day would be able to see how their work activity fits in with the services delivered by others in the process. It is also important for CCDHB as the funder of all providers to understand this as well.

### **Forums participation**

We have extended an invitation to those service providers CEO and service managers who have a clear understanding of the operational roles in delivering mental health services contracted by C&CDHB. Other providers that have interface with the services grouped are also welcome to attend,

### **Planned Forums and dates**

We anticipate the forums will cover the following areas:

- Overview of the information and emerging issues you have shared with us.
- Each provider with services in the group will have an opportunity to present their service by outlining how clients enter the service, interventions provided to clients, how clients exit from service, and emerging issues for the people in the service.
- Implementing the Governments priorities and our 2010/11 District Annual Plan commitments.

The table below shows the planned forums and dates.

<b>Planned Forum</b>	<b>Forum Date (9am-4pm)</b>	<b>Follow –up Forum Date (9 – 11am)</b>
Residential	13 August 2010	31 August 2010
Community Support Work	20 August 2010	9 September 2010
Alcohol and Other Drugs	27 August 2010	16 September 2010
Kaupapa Maori (tentative dates)	10 September 2010	1 October 2010
Other Community support services	17 September 2010	7 October 2010
Children and Youth	24 September 2010	15 October 2010
Primary Mental Health	8 October 2010	26 October 2010