

ORA (Older Adult, Rehabilitation and Allied Health) Community Services Information



WHO WE ARE

ORA Community Services (previously known as Therapies or Capital Coast Rehab Community Teams)

Key staff:

- Geriatricians
- Physiotherapists
- Occupational Therapists
- Social Workers
- Dietitians
- Speech Language Therapists
- Registered Nurses
- Clinical Nurse Specialist
- Nurse Practitioner
- Neuropsychology
- Family Therapist
- Rehab Physician

WHAT WE DO (NOT AN EXHAUSTIVE LIST)

We provide specialised health and disability services including:

- Specialised older persons services for older people with complex social / functional / medical needs requiring assessment, treatment and, if appropriate, rehabilitation.
- Comprehensive assessment, treatment and if required, specialist rehab for people of all ages (where not related to developmental needs)
- Work with clients and their family / whanau to understand the impact of and response to living with disability / health conditions.
- Work with the client, family / whanau in identifying appropriate goals and providing interventions aimed at reversing or minimising impairments
- Prevent deterioration in functional and physical ability by recommending activities and providing a treatment plan in order to self manage ongoing disability / health issues.
- Education and support for caregivers/family/whanau
- Provision of assessment and intervention for clients with a palliative diagnosis where palliative care providers are not contracted to provide this service – mainly from dietitians and speech language therapists.
- Provide rehabilitation under specific ACC contracts – Training for Independence, Concussion services, Physiotherapy Services, ACC regulations, Wheelchair and Seating and Social Rehabilitation
- Geriatrician outpatient clinics
- Provide accredited Equipment Assessments on behalf of Enable NZ for equipment and housing modifications
- Work with children with physical health needs who require social work intervention

Aged Residential Care:

- Assessment for the need for hospital level care.
- Follow up assessment and intervention where indicated, for patients who have recently moved to residential care facilities and where there is potential to improve the person's function such that they could access a lower level of care.
- Assessments for specialist wheelchairs and equipment where Enable NZ criteria are met.
- Advice to ARC staff to assist in maintaining a client's level of function.

HOW TO CONTACT US

** To make a referral see referral section on the next page.*

Contact details for the ORA community teams are:

Wellington Community Team

Team Leader: 04 918 6341

Admin: 04 918 5909

Fax: 04 385 5827

Email: oracommunityw@ccdhb.org.nz

Kenepuru Community Team

Team Leader: 04 385 5999 x 7212

Admin: 04 385 5999 x 7398

Fax: 04 237 0505

Email: oracommunityk@ccdhb.org.nz

Kapiti Community Team

Team Leader: 04 385 5999

Admin: 04 385 5999 x 4255

Fax: 04 298 7687

Email: oracommunityp@ccdhb.org.nz

WHO IS ELIGIBLE

- Those eligible for publicly funded healthcare living within the Capital and Coast DHB region (Seatoun to Peka Peka Road).
- If a patient's needs can be met at an outpatient clinic and they can travel to an outpatients clinic, the patient would not ordinarily need to be seen by a member of the community team

WHAT DOES IT COST?

The service is free to people eligible for publicly funded healthcare

OTHER CCDHB SERVICES AVAILABLE WHERE NOT APPROPRIATE FOR ORA

- People requiring outpatient therapy – refer directly to the relevant outpatient service
- Older people with complex psychiatric problems and dementias – refer via CCC to the psycho-geriatric service.
- Where the primary concern is related to mental health issues – refer to Mental Health services
- Managing chronic pain – refer to Pain management service

ORA SERVICES DO NOT PROVIDE (NOT AN EXHAUSTIVE LIST)

- General healthy eating, healthy vegetarianism programs, or services to overweight patients with no other co-morbidities who have pre-existing stable conditions
- Home visits to patients living north of Peka Peka Road

HOW TO REFER

All referrals for Community services should be made via the Care-Coordination Centre (CCC) who screen referrals and forward on to the most appropriate team. Please use the appropriate referral form.

CCC telephone number: 0800 282 200

CCC fax number: 04 238 2022

WHERE ARE WE

Wellington Community ORA team
Ewart Building, Wellington Hospital

Kenepuru Community ORA team
Kenepuru Hospital

Kapiti Community ORA team
Kapiti Health Centre