

## **Primary Mental Health Site**

Workers in the primary mental health sector who are looking for a one stop source of information should check out the new version of the Ministry of Health's primary mental health website ([www.primarymentalhealth.org.nz](http://www.primarymentalhealth.org.nz)).

The new look website, which was launched at the beginning of September, is intended to be a repository of information and tools that will encourage sector innovation.

It is now more interactive and has a number of new features. Users are now able to post and comment on primary mental health news, documents and literature. There is now a national contact directory that users can add themselves to. And users can now share innovative projects they are working on with the rest of the primary mental health sector.

Mental Health Programme Development team leader Nemu Lallu believes the new version of the website will help primary mental health workers, who don't have time to scour the web for research, but want to learn about what the rest of the sector is doing.

"Feedback I've received has indicated the sector's need for a central repository of primary mental health information. A national contact directory is something the workforce would find particularly useful. This will support clinicians providing mental health services to share learning and knowledge."

"The new version of the website allows workers to quickly and easily add themselves to a national workforce directory, and provides them with useful and relevant news and literature on developments in primary mental health."

"We hope that this will help to stimulate the spread of innovative practice across the sector."

Because the new version of the website is part of the Health, Innovation and Improvement Research Centre, or HIIRC ([www.hiirc.org.nz](http://www.hiirc.org.nz)), new content can be easily and quickly uploaded by anyone. A virtual meeting room (available now at HIIRC) may be added in the future. This feature allows people in different parts of the country to set up an online meeting, with the option of communicating via a webcam and microphone, and even conduct a Powerpoint presentation. The new version of the website retains all the useful content from the old website, such as the popular national list of primary mental health services.

Professor Bruce Arroll, Head of Department and Elaine Gurr Chair in General Practice at the University of Auckland, notes that the new look website gathers information from a wide range of sources and provides an opportunity for interaction.

“It is particularly good to see news of research and primary health organisation initiatives as there is a lot of good work going on that can be missed by others who would be interested”

“I think it will become a valuable cornerstone for primary mental health.”

*The new look primary mental health website:*



**Primary Mental Health**  
Te Pae Kaiāwhā

*First steps to wellbeing*

**LOGIN**

Forgotten password? Register  Remember **GO**


Username  
Password

Welcome to the Ministry of Health's primary mental health and addiction website. This website provides useful resources about primary mental health and addiction for the workforce, academics and consumers. It provides: helpful primary mental health resources, including a national contact directory, a noticeboard for educational and training opportunities, and links to relevant literature information about primary mental health and addiction services and projects, including services available in New Zealand, the Ministry's integration project, as well as the ability for the sector to submit their own projects general information about primary mental health and addiction.

### Key Areas

All Areas

#### Resources

-  **Community**
-  **Measurement**
-  **Contact Directory**

#### Services and Projects

-  **Current Services Database**
-  **Primary-secondary integration project**
-  **Submit service or project**

#### Background

-  **About Primary Mental Health**
-  **Workforce**
-  **Specific populations**
-  **Key NZ Activities**

**Search this site**  Whole Site

Contact: Sebastian\_Rattansen@moh.govt.nz