

C&C DHB Partner Update

March 2011

Capital & Coast DHB will regularly be providing information packs to stay in touch with our colleagues in primary health and to keep everyone up to date with what's going on.

Please help us by distributing this to other Primary Health Care Providers who you think might find this information useful.

This edition and previous editions are available to view on healthpoint.co.nz under the Medical Professional section – News.

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Attachments to this newsletter are marked as **bold and underlined**

Sharing personal information to assist earthquake victims from Hiranthi Abeygoonsekera, Senior Legal Counsel

The Privacy Commissioner has issued an urgent Code to assist with the sharing of information and to remove any uncertainty about the handling of personal information after the Christchurch earthquake.

The Code will help emergency services and others dealing with the emergency to share personal information as necessary to assist victims of the earthquake and their families.

The Privacy Act would in any event permit the disclosure of information in an emergency, but this code creates greater certainty for those having to deal with these inquiries.

The Code came into force at 5pm on 24 February and will remain in place for 3 months.

The Code provides that agencies can collect, use or disclose information about a person for purposes related to the earthquake. These will include helping government agencies to identify injured people, deal with damaged property, help people get medical and financial help, get information to families, make sure visitors to New Zealand can get home and co-ordinate services.

Questions of disclosure to the news media are not affected by this code and are subject to normal considerations.

Attached is a copy of the Christchurch Earthquake (Information Sharing) Code 2011. Staff at legal services will be happy to assist you with any advice.

Local Primary Care Response to the Christchurch Earthquake

CCDHB would like to extend its thanks to our Primary Care colleagues who have provided an excellent local Primary Care response to the Christchurch earthquake.

CCDHB was requested to provide a Primary Care response to the evacuation centre set up by Wellington City Council in the immediate aftermath of the earthquake. Compass Health was able to provide Primary Care nursing services, mental health services and GP services within an hour of the call. This continued on a rostered basis for the next 3 days. CCDHB would like to thank all PHOs for their prompt and well co-ordinated response when called on to provide emergency services.

All PHOs have been providing free care for patients from Christchurch who identify cost as a barrier at least until March 6th.

If you have capacity to see the casual appointments, please do so. If you do not have capacity, please refer the patients to Wellington Urgent and Afterhours Medical Centre, Kenepuru After Hours or Team Medical in Kapiti.

Process the appointment as a casual (claim the GMS, Insurance etc as applicable). If the patient can pay for the consultation (e.g. has travel insurance or cost no problem), please get them to do so.

For Compass practices, until Sunday March 6th, if cost is a barrier, please invoice the co-payment to Compass Health, detailing on the invoice the reason (Christchurch Earthquake response).

The same process is being co-ordinated with Wellington Urgent and Afterhours Medical Centre, Kenepuru After Hours and Team Medical in Kapiti.

We are providing the same system for medication and will be co-ordinating with local pharmacies. **If patients are unable to pay the prescription costs please annotate on any scripts you are sending to the pharmacy that the invoice is to be sent to Compass.**

If you have people enquiring about staying in Wellington longer and wanting to enroll, either process the enrolment if you are able to accept the patient, or please give them the 0800 555 657 GP waiting list number, for information on practices enrolling.

Counselling Services for displaced people of the Christchurch Earthquake

ACC - claims can be made for those requiring counselling etc if it is as a result of injury or accident

Acute mental health services in the CCDHB area are available through Te Haika (04 918 2267 or TeHaika@ccdhb.org.nz) or CATT team (04) 494 9169 for people experiencing a serious mental health crisis and for whom there are urgent safety issues.

Non-acute mental health services - A nationwide counselling system has been established for displaced victims of the Christchurch earthquake. This is being co-ordinated in Wellington through **Relationship Services and this is being funded directly to provide services.**

To access Relationship Services for telephone counselling anywhere in the country, people can ring **0800 735 283**.

To arrange face to face counselling people can contact the office in their area directly:

- Wellington/Porirua office 04 385 1729
- Wairarapa office 06 377 0920
- Lower Hutt office 04 566 7164
- Palmerston North office 06 357 6483
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For more information or downloadable resources, look on their website www.relate.org.nz

Christchurch Earthquake Recovery Centre

Wellington City Council, 101 Wakefield Street

Wellington City Council along with Housing New Zealand, Ministry of Social Development, Inland Revenue Department and Victim Support have established a recovery centre on the ground floor of the Council building at 101 Wakefield Street.

If you hear of people from Christchurch who require assistance (accommodation, financial assistance, passports, emotional support) then please send them to the Christchurch Earthquake Recovery Centre. The Centre will be open 9am-5pm daily until further notice.

If consulate or medical services are required the appropriate Embassy or agency will be contacted by our staff. Parking is available in the Council basement carpark off Harris Street.

The Welfare Centre, established at Toi Poneke Arts Centre last week, has been closed and Pipitea Marae will be closed for accommodation from Tuesday 1 March.

Any queries please contact either Jenny Rains 803 8365 / 021 227 8365 or Robyn Steel on 04 803 8770 / 021 247 8770.

Other services/resources available to provide support:

The Ministry of Health website offers some practical and sensible “psychological first aid” fact sheets which may be useful for clinicians to provide to affected people. The site can be accessed

via: <http://www.moh.govt.nz/moh.nsf/indexmh/coping-with-stress-factsheets>

A “psychosocial support in disasters website” developed by The Australian Centre for Posttraumatic Mental Health following the Victorian Bushfire disaster offers a wealth of relevant and up-to-date resources and information for health professionals working with individuals and communities threatened by, or affected by, emergencies and disasters. The site can be accessed

via: <http://www.psid.org.au>

Skylight has set up **an extensive earthquake trauma and recovery support webpage** for families and friends, and those caring for them, including support professionals and employers/managers. See <http://www.skylight.org.nz/> - links to the support page are on the front homepage and can assist with grief, trauma and loss support and recovery right now, and in weeks and months to come. It features key information, links, downloads, helpful articles and support resources relating directly to loss, disaster, trauma, bereavement and grief - for all ages. You can request for your own families or staff, or for clients, a personalized support pack tailor made for their particular circumstances, which will be posted to them. We have a wide range of support resource and information relating to earthquakes, disaster and trauma - for all ages. This is something we do for anywhere in NZ. Skylight can be contacted on **0800 299 100** or **+64 4 939 6767** or by email rs@skylight-trust.org.nz

Porirua Kids Action Project launches Sore Throat Protocol for Porirua East

The ‘Porirua Kids Action Project’ (PKAP) is joint initiative led by East Porirua Primary Care providers, PHO’s, Regional Public Health, CCDHB Clinicians and Planning and Funding. The project focuses on raising awareness and improving the health outcomes of children between 0-16 years in Porirua East, while promoting best practice detection and management within primary health clinics. **See attached leaflet**

Sore throats, rheumatic fever and skin conditions are the initial key health areas to be addressed.

The Porirua Kids Action group has developed a Standing Order and guidelines for the treatment of sore throats based on the **National Heart Foundation Guidelines for Sore Throat Management (see attached)** for **Porirua East**. The training for GPs

and Primary Care Nursing is underway for the Porirua East and we are planning some education sessions for doctors and nurses who work at **Keneperu A&M**.

We would encourage **all Primary Care clinicians** to use the **National Heart Foundation Guidelines** for sore throat management particularly for children and young people aged 3- 45yrs who are in a high risk group. This includes all Maori and Pacific peoples and those living in a high deprivation area.

All of these people presenting with a sore throat should have a throat swab taken and often will require a 10 day course of an appropriate antibiotic.

Community training sessions are being provided the 1st and 3rd March. At these sessions the resources that will be available to the community will be outlined, including flip charts and posters that will be available.

Media, including radio and printed articles are planned for the coming months, including a **“launch” of the project on the 6th March at the National Children’s Day celebration at Aotea Lagoon** led by Dr Larry Jordan, local GP.

GP Registrar Training Pilot for the Wellington Region up and running

This year Health Workforce NZ (HWNZ) have offered Capital and Coast, Hutt valley and Wairarapa DHBs a GP Registrar Training Pilot which will hopefully inform the future of GP training in New Zealand. This pilot is a joint collaborative between Health Workforce NZ, the 3 DHBs and the Royal New Zealand College of General Practice being led by Hutt Valley DHB.

We now have 15 GP registrar trainees engaged in the pilot scheme across the 3 DHBs and across the 3 years of GP registrar training.

In the first year of GPEP1, the trainees will undertake the College prescribed training program readying them for PRIMEX but will be paid as an RMO by Hutt Valley DHB with funding from Health Workforce New Zealand. They will also have the opportunity to undertake some secondary care experience that they identify as a need or an interest where it fits in with the GPEP1 training.

For GPEP2:

The DHBs are entering into a Memorandum of Understanding. By employing practices providing support for education and professional fees, a payment for weekly mentoring of the trainees by a senior colleague on a weekly or fortnightly basis and financial support for the trainee to be released for a half day session to attend training in the secondary care setting.

For second year registrars we are planning to have them rotate through relevant outpatient clinics in time limited blocks. This aims to up skill registrars in areas not covered well in undergraduate training, gaps identified in their career plan or areas of special interest.

The third year GP trainees will negotiate an area of special interest as part of career planning. We will then discuss where a GP with a special interest role might be able to be created in a way that serves the Department and GP well with the ultimate aim of improving patient outcomes.

We have received a lot of support from specialist clinicians willing to undertake this training.

If you have a specific interest in this program as a trainee or trainer for the future please contact myself adrian.gilliland@ccdhb.org.nz or Dr Liz Fitzmaurice who is leading this program for the Wellington Region.
Liz.Fitzmaurice@huttvalleydhb.org.nz

PDRP Portfolio Assessment Workshop Monday 2nd May 13.30-16.00

This workshop is open to managers and nurses* in the Primary and Aged Care Sector who are assessing portfolios for the Capital and Coast DHB PDRP.

The workshop will cover:

- The Professional Development Recognition Programme - what and why
- Portfolio requirements
- Principles of assessment
- Portfolio assessment practice

Where: Conference Room, Kenepuru Hospital

Through the main hospital entrance, turn right, through outpatients to the education centre, first room on the right

When: Monday 2nd May 13.30-16.00

Please ensure you reserve a space by phoning or emailing Amanda McLaren, Clinical Nurse Specialist Professional Development:

(04) 918 6348 or Amanda.mclaren@ccdhb.org.nz

There is no charge for attending this workshop

* Registered Nurses can assess registered nurse portfolios, Enrolled Nurses can assess enrolled nurse portfolios

New Zealand Resuscitation Council Level 7 CORE courses for GP's

Prime Consulting are offering NZRC level 7 courses specifically for General Practitioners.

These courses are held in Lower Hutt, and are held at the weekend to reduce the disruption and associated cost of attending a course during the working week.

Courses are taught by experienced instructors with many years experience of teaching resuscitation at all levels from basic to advanced including the pre-hospital environment.

Upcoming courses are being held on the following Saturday's;

19th March

2nd April

16th April

7th May

Courses are dependant on sufficient numbers enrolling, and whilst every effort will be made to ensure the courses run, we cannot guarantee that all will.

To request a place on one of these courses, please return a completed **attached application form** with full payment to the address shown. Applications by email will be accepted once payment has been received.

The NZRC CORE course is held over one day, with a recommended 6 week period of pre-reading, aimed at allowing you to acquire the underpinning knowledge and basic practical skills to successfully complete the course.

It is essential that you are familiar with the information in the appropriate NZRC course manual as all written and practical assessments are based on this.

Course fee \$400 inclusive gst.

A 50% refund will be provided if places are cancelled prior to six weeks before the course. The full fee will be retained if the place is cancelled within six weeks of the course.

The course is dependant upon sufficient numbers of candidates, and whilst all attempts to ensure the course runs will be made, the course may be cancelled at short notice. In the case of cancellation by Prime Consulting, a full refund will be issued unless candidates wish to transfer to another course where places are available.

No responsibility for additional costs is accepted by Prime Consulting including but not limited to any loss of earnings incurred due to short notice cancellation.

Morning and afternoon refreshment and a light lunch will be provided.

The course manual is not included in this fee, but can be obtained from the New Zealand Resuscitation Council via their website www.nzrc.org.nz

Medical Protection Society, Education and Risk Management Workshop

The Medical Protection Society (MPS) are offering C&C DHB region doctors another chance to attend their **Mastering Professional Interactions Workshop** (3 hours) free of charge. The workshop focuses on reducing risk through more effective communication with colleagues. A pdf overview is **attached**. The workshop presenters will be completing their accreditation to present on behalf of MPS as part of the workshop.

I have attended this workshop and found it very useful particularly in improving interactions and getting better outcomes for our patients with our specialist colleagues.

This is not a workshop that we offer within our own schedule of communication skills workshops and is a great opportunity for doctors in our region. Spaces are very limited so please be in quick if you are keen to attend. Bookings will be on a first in first booked basis. Food will be provided by MPS. The workshop will be held on:

Wednesday 16 March 1.30-4.30pm in room L1103, level L/11, Ward Support Block, Wellington Hospital

To book please email: communicationskillsworkshops@ccdhb.org.nz
For any questions please email: kate.macintyre@ccdhb.org.nz

Update on Anticoagulation Project

CCDHB would like to apologise to Primary Care Providers who had signed up for education meetings on Anticoagulation (Warfarin Management) in Wellington, Keneperu and Kapiti that were cancelled.

The Anticoagulation Working Group has finalised the majority of the required components of the new model for managing anticoagulation across Primary and Secondary Care.

However there are delays in the launching of the new model due [to issues with the IT solution and we are working on getting the best solution available](#)

The working group is now investigating alternative options and plans to finalise these over the next couple of months to have in place a comprehensive model for anticoagulation for the CCDHB region.

As soon as we have finalised these plans we plan to reschedule the education sessions and launch a comprehensive model for anticoagulation for the CCDHB region

If you have any feedback, suggestions or questions regarding these communications please do not hesitate to contact us.

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For C&C DHB information for the general public about Primary Care, visit:
http://www.ccdhb.org.nz/planning/Primary_Care/Primary_Care.htm

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