



The Journey Forward Update

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Group

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Message from Lyndsay Fortune - Chair of the Journey Forward Leadership Group:

Kia Ora Koutou Katoa

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Welcome to the first Journey Forward Update for 2008. My time in the leadership role has been quite short and in reflecting on the progress of The Journey Forward Programme during 2007 I want to acknowledge the huge contribution made by Marian Kleist as chair since the start of the programme. Although there are still many things to achieve we are starting to see significant progress some of which is detailed below in 'What's New.' The key to building and sustaining this progress is the establishment and maintenance of good relationships and networks that didn't exist before. We now see this healthy growth occurring in many parts of the sector.

I pay tribute to the sustained hard work of the Workstream leaders and their many group members (nearly a hundred of you!) in 2007. That represents thousands of people-hours contributed. Nga mihinui ki a koutou. My sincere thanks to all of you and I look forward to a year of further productive and stimulating work together with implementation being our key focus.

Lyndsay

What's New on the Journey Forward website



To visit go to www.ccdhb.org.nz and click on TJF logo

We have recently added a 'What's new' link on the front page to make it easier to find new information.

Items added:

- Update on development of the Short Term Assessment & Recovery Service (STARs)
- Service User Focus groups – (full report and summary report). These focus groups were undertaken as part of the Improving Access to primary and secondary care mental health workstream.
- Addictions workstream – Information about this joint working group between Capital Coast DHB and Hutt Valley DHB can be found on the Implementation page.
- Report to the Board on an Integrated Framework for Improving Access to Primary Care and Mental Health Services.

Moving into the Implementation Phase

The process of change can be slow and at times frustrating. As we reflect on the work to date we see that identifying a problem is the easy part, understanding the problem and all the complexities that go with it and finding a sustainable solution is the real challenge. There are parallels with the process of The Journey Forward and the building of the new regional hospital – the challenge has been to undertake a change process whilst continuing to run existing services.

Contact Us

If you have questions you would like answered or have any suggestions that would make these updates more useful and relevant please let us know by e-mailing

journeyforward@kites.org.nz

Following a year of investigation, sharing, researching ideas and comprehensive planning, a number of projects are entering the implementation phase within The Journey Forward.

Specific activities moving to implementation phase are:

Secondment

Over the last year Susan Rawlins has been seconded to The Journey Forward programme team in the role of Project Leader for the Improving Access Workstream. Susan also fulfilled a crucial role working on the development of the STARs project.

Susan has returned to her previous role as team leader with the South Community Mental Health Team.

We would like to thank Susan for her hard work through out the year and for her participation in the Journey Forward at this level. She brought valuable insight to the programme based on her knowledge of the clinical services.

1. Short Term Assessment & Recovery Service (STARs)

The establishment of a first STARs unit in the community is moving towards reality. The unit will provide a new model of service for people in the Capital & Coast district who experience a mental health crisis. [Update on Short Term Assessment and Recovery services \(STARs\)](#)

2. Wet Hostel for Wellington City - Intersectoral Project

A Wet Hostel to accommodate people who have late stage chronic alcohol dependence, are homeless, and have unmet primary health needs. The difficulties for the street homeless people in central Wellington have been highlighted in recent years through the media, and advocacy groups such as Downtown Community Ministry (DCM). A Homelessness Prevention Strategy, facilitated by Regional Public Health and developed by a range of social and health agencies, identified the development of a wet hostel as a key priority.

To date CCDHB and the Wellington City Council (WCC) have significantly contributed funding to the wet hostel initiative, which will be supported through to implementation through TJF Addictions Workstream. Many organizations are working together to make the wet hostel a reality. This "first" for Wellington will provide a safe and comfortable environment for people to have some stability in their lives and enable them to look towards recovering some control over their health and well being. For more details contact jak.wild@ccdhb.org.nz or visit www.dcm.org.nz

3. Improving Access;

A paper called "Improving access to primary care and mental health services – An integrated framework was presented to DSAC (Disability Support Advisory Committee) of the District Health Board on the 13th November 2007

Copies of the full report are available on the website [Integrated Framework Board Report](#) or a hard copy can be obtained from journeyforward@kites.org.nz

The recommendations were presented and approved by the CCDHB on the 5th December 2007.

Improving Access Workstream leader Helen Rodenburg says, "good ideas for innovations in this area will be actively sought and local innovation groups (LIGs) will be encouraged to develop collaborative initiatives."

The Collaborative Group will be looking for inspiring examples of innovation already occurring in mental health services, NGO's and the primary health sector that are working well in improving access for people."

If you / your team are interested in being involved in these developments, please contact Helen - Contact can be made by e-mailing journeyforward@kites.org.nz

4. Mental Health Line

A proposal is currently being considered to redefine the levels of care for the mental health line including extending the provision to 24 hours and an 0800 number. This project will be led by General Adult Mental Health Services. TJF Information, Co-ordination, Quality, and Evaluation Workstream are significantly involved, and informing the developments.

Sharing of information

Kites Trust maintains a database of electronic addresses of people interested in receiving information about the Journey Forward Programme. If you no longer wish to receive these updates then please let us know by e-mailing journeyforward@kites.org.nz

We are occasionally asked to forward general mental health and addiction information through The Journey Forward database. We do not do this but we are happy to advertise networks /newsletters in these updates. It would then become your choice to join them.

For example, CCDHB Local Mental Health Group publishes Coastlines every two weeks. This circulates throughout mental health services and is keen to develop its readership in the NGO and the primary mental health sector – to receive copies e-mail: lydia.rowden@ccdhb.org.nz