



The Draft Journey Forward Mental Health & Addiction Action Plan 2011- 2014

“There is no health without mental health”



Agenda

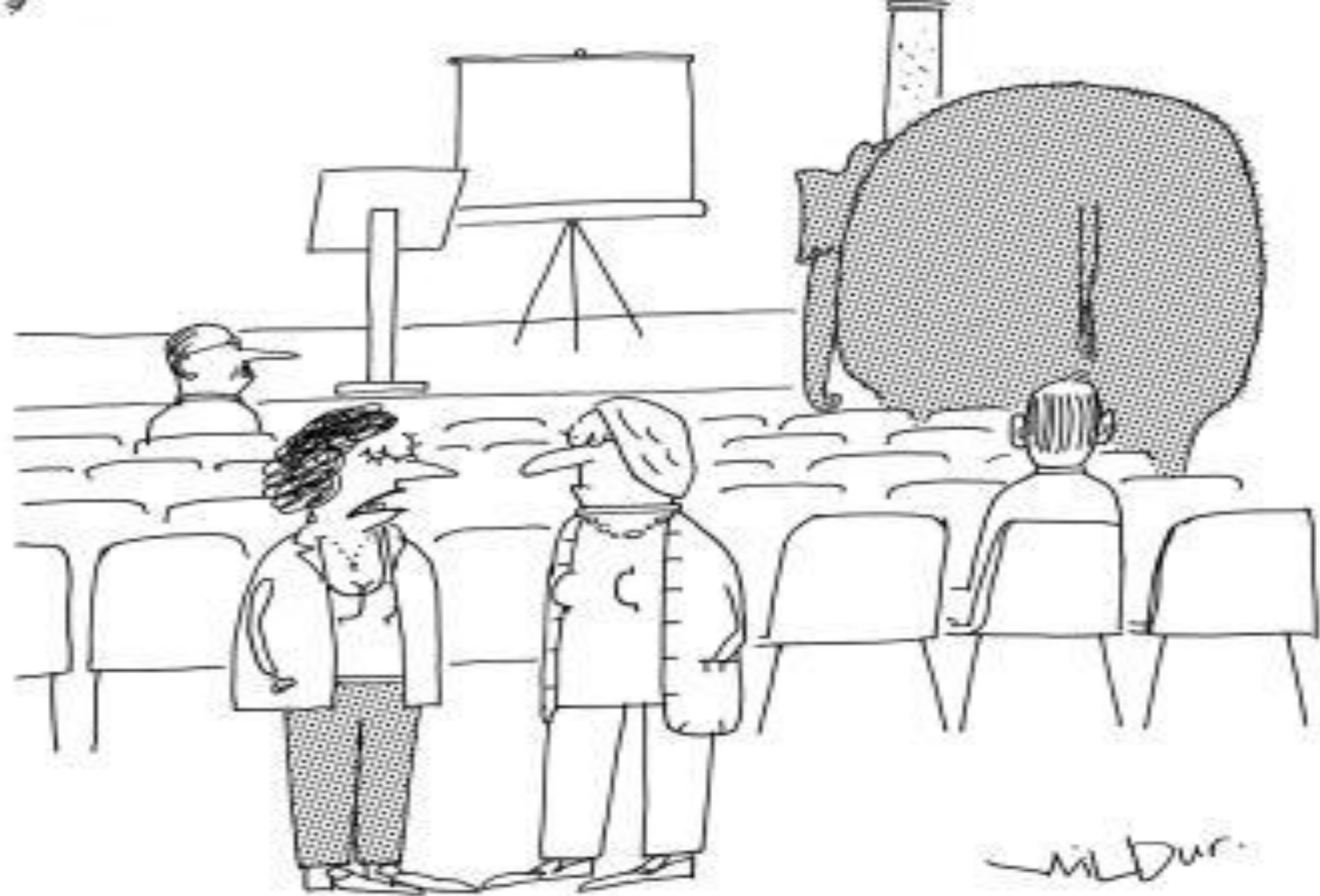
| | | Graeme Savage |
|---------|---|-------------------------------------|
| 9.30 | Karakia Whakatimatanga Welcome and Introductions | Sandra Williams Pauline Morrison |
| 10 am | Action Plan – part 1 | Marion Thomas Sandra Murray |
| 10.30 | Morning Tea | |
| 10.50 | Action Plan – part 2 | Marion Thomas Sandra Murray |
| 11.20 | Questions and Answers | |
| 11.45 | Next Steps | Sandra Williams |
| 12 noon | Karakia Whakamutunga | |

What do we want to achieve today?

- To present the draft Journey Forward Action Plan – 2011 - 2014
- To share information about the outcomes the sector is seeking
- Understand the action plan and direction
- Feedback on the key concepts

Context

- The Journey Forward 2005 – 2011
 - Health & Well Being
 - Te Haika
 - Key directions are still valid
- Current Environment



WE HAD TO HIRE A BIGGER VENUE TO ACCOMMODATE
THE ELEPHANT IN THE ROOM

Overview

- Prioritised change
- Address at system level as suggested by the sector – e.g. common assessment processes and transition arrangements
- Majority of actions for the next 3 years are focussed on general adult services
- After this, we anticipate focussing on the identified priority populations; where possible we will start this process earlier for these populations.

Why do we need an action plan?

- Consumers and providers have identified that change is needed.
- Current configuration of services does not equitably meet service users need
- Environment has changed
- Ensuring effective and efficient services for service users
- Collaboration and integration at a system level

Development Process

- Stakeholder input (including strategic development forums), research and analysis
- Leadership group input & review of draft document
- Consumer involvement in forums and leadership group, seeking more today.

Questions

- Given the current environment will these actions and timeframes produce the outcomes sought?
- What actions and outcomes would you prioritise?
- What are the barriers to implementation?
- How would you like to be involved?
- What do you think the ongoing mechanism for advice for this action plan from the sector should be?
- What else do we need to consider?



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DHB Strategic Direction

- Improving the health of local people, families and communities and reducing inequalities within our population
- Infrastructure that supports the integrated delivery of services across the district
- Financial and clinical viability of services, facilities and support
- Improving the culture of our organisation and our providers and how we work together locally and across the region

Vision

- a society that promotes mental wellbeing; mental health services that promote recovery.

Scope

- Progress The Journey Forward Service Development Plan 2005 – 2010
- Guide for planners, funders, providers , service users
- Brings together a range of strategic documents

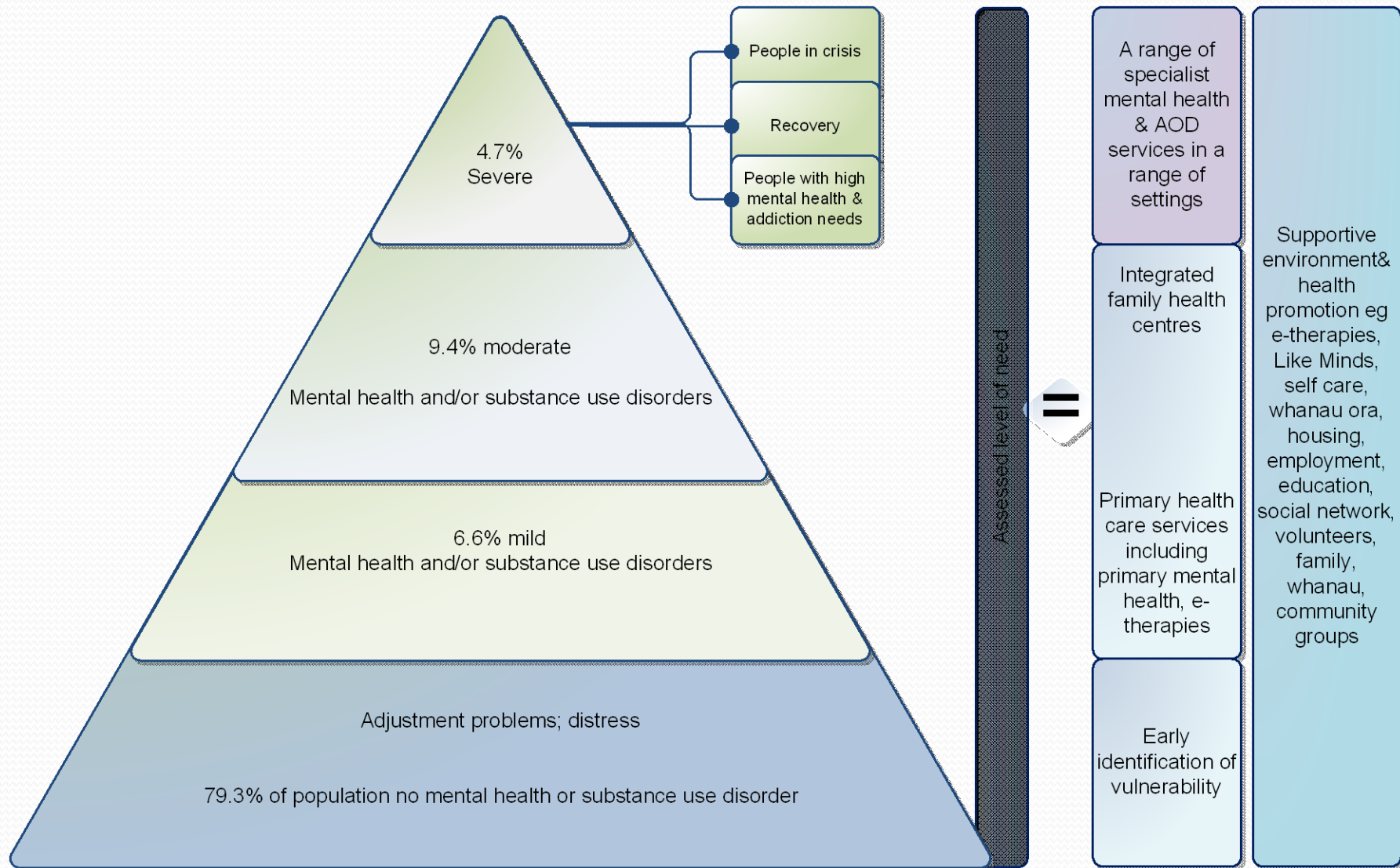
Future Directions

- For the Whole Population
- For the Service User
- Providing Value for Money

Key Determinants of Mental Health

- Housing
- Employment & meaningful activities
- Family /whanau
- Treatment
- Support

Range of Services



Action 2014

| Priority | Mental Health & Addiction Priority |
|--|--|
| Improving health and reducing inequalities | <ol style="list-style-type: none"><li data-bbox="568 379 1644 434">1. Shared assessment and planning processes<li data-bbox="568 448 1862 572">2. Realign services to meet identified population need and national requirements<li data-bbox="568 586 1702 711">3. Reconfigure supported living and community services |
| Integrated delivery of services | <ol style="list-style-type: none"><li data-bbox="568 729 1688 853">1. Single point of entry and transition between services<li data-bbox="568 868 1392 922">2. Shared electronic health record |
| Financial and clinical viability | <ol style="list-style-type: none"><li data-bbox="568 979 1103 1033">1. Quality information<li data-bbox="568 1048 900 1102">2. Workforce |
| Improving the culture and working together | <ol style="list-style-type: none"><li data-bbox="568 1150 1785 1275">1. Intersectional collaboration & partnerships with other agencies<li data-bbox="568 1289 1740 1343">2. Implementing local, regional and national plans |

Improving the health - local people, families and communities and reducing inequalities

| Intended Outcomes | Actions | When |
|---|--|-----------------|
| <ul style="list-style-type: none"> •One story = one form •Supporting independence by services assisting service users to focus on achieving their recovery goals and/or building resilience | <p>Shared assessment and planning processes</p> | <p>2012</p> |
| <p>Services available for service user & population match identified need and service coverage requirements</p> | <p>Realign services to meet identified population</p> | <p>2011 /12</p> |
| <ul style="list-style-type: none"> •Services support clients to lead their own recovery •Natural supports are utilised | <p>Reconfigure supported living and community services</p> | <p>2011 /12</p> |

Shared assessment and planning

- shared assessment process
- single service user held recovery plan

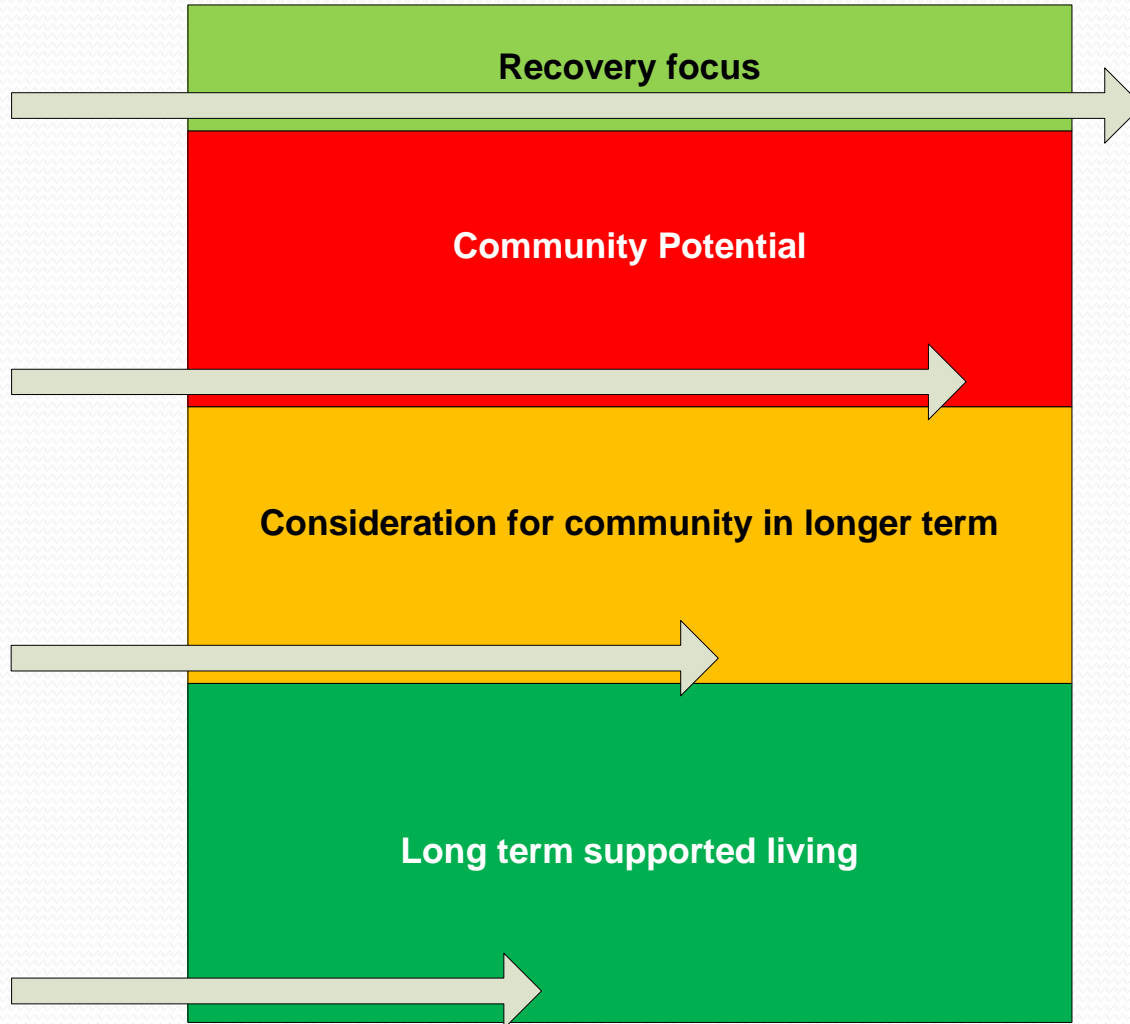
Realign services

- Map access to services & identify population groups
- Identify barriers to recovery
- Compare current services purchased with Ministry requirements
- Support service models that utilise natural supports

Reconfigure supported living and community services

- Increased housing coordination
- Friendly landlord agreements
- Reconfigure supported accommodation
- Transition services
- Reconfigure community support

Supported Accommodation Service Users



Integrated delivery of services

| Intended Outcomes | Actions | When |
|--|---|------|
| <ul style="list-style-type: none"> •equitable and streamlined access to and utilisation of services •seamless service with an easy and well informed transition between services | Single point of entry and transition between services | 2012 |
| Information is shared appropriately with service users, services and agencies to enable recovery | Shared electronic health record | 2013 |

Single point of entry & exit

- Identify barriers and strengths to entry and exit
- single point of entry for all services
- shared framework for entry and exit (transition)

Financial and clinical viability of services

| Intended Outcomes | Actions | When |
|--|---------------------|-----------|
| <ul style="list-style-type: none"> •Information is available to continually improve service quality •Clients are informed of possible treatment and support alternatives to support their recovery •comprehensive and comparative stakeholder feedback | Quality information | 2011 - 14 |
| <ul style="list-style-type: none"> •Right People - Appropriate skill mix to support population need in all services •Secondary and tertiary mental health services are a centre of excellence providing an easy point of contact for advice for other health services and agencies | Workforce | 2011/12 |

Quality Information

- Business as usual information
- An information directory maintained online
- Stakeholder feedback

Workforce

- Consistent competency based and joint training
- Appropriate workforce
- Competency development for whanau ora approaches.
- Specialist advice

Improving the culture and working together

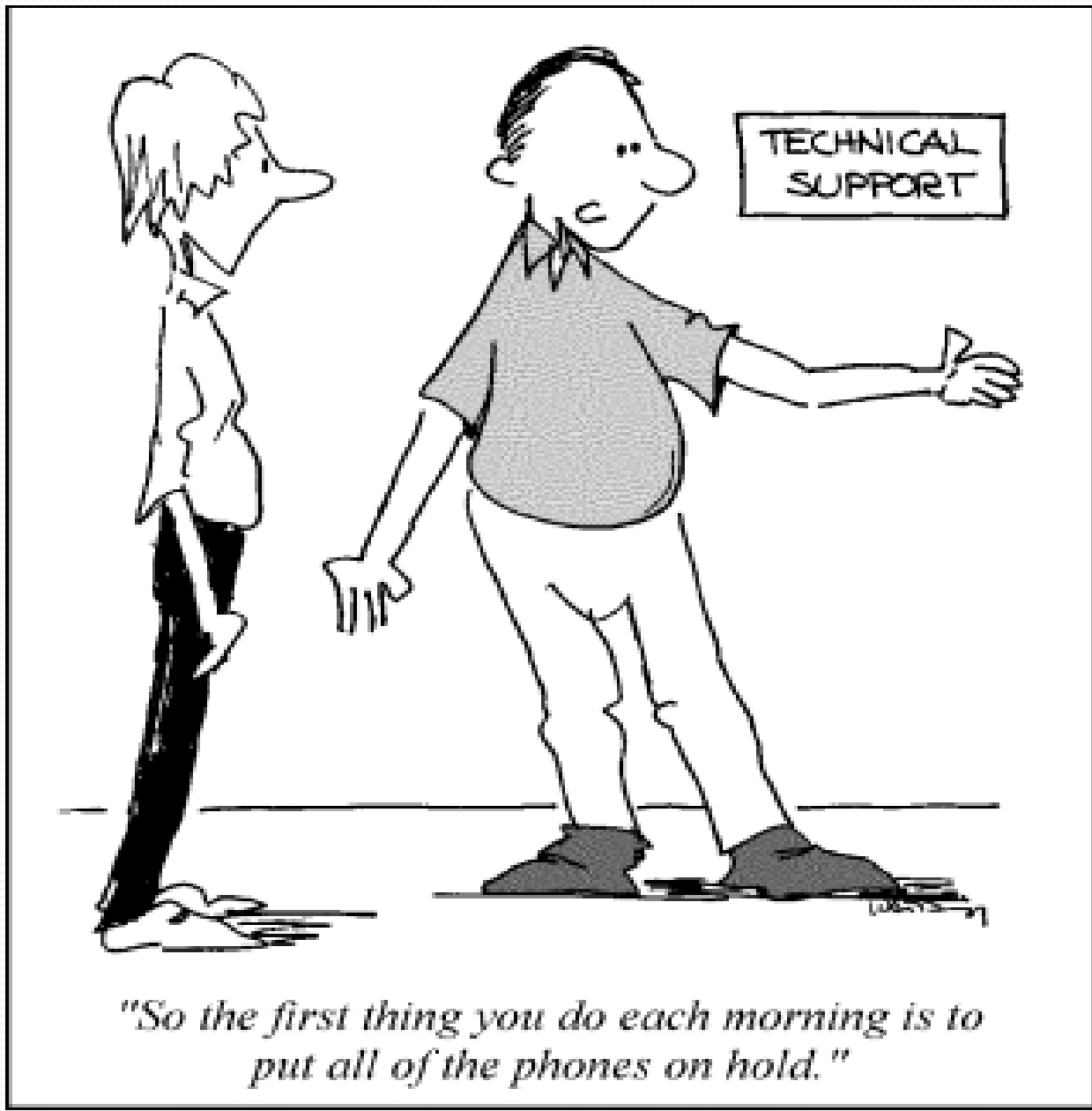
| Intended Outcomes | Actions | When |
|---|---|------|
| Clients non health needs are appropriately met by our inter-sectoral partners | Intersectional collaboration & partnerships with other agencies | 2014 |
| Appropriate sub-regional configuration of mental health & addiction services is available to service users with the most effective use of resources | Implementing local, regional and national plans | 2014 |

Intersectoral collaboration & partnerships with other agencies

- Partnerships between the DHB and key multi-sectoral services
- Housing coordination
- Advocacy and support of policies across agencies – Children & youth, housing retention

Local, regional & national plans

- Implement as applicable locally



"So the first thing you do each morning is to put all of the phones on hold."

Questions & Answers

Questions

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- What actions and outcomes would you prioritise?
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- How would you like to be involved?
- What do you think the ongoing mechanism for advice for this action plan from the sector should be?
- What else do we need to consider?

Next steps

- Provide your feedback on the draft action plan by 12 noon, 3rd May 2011
 - Email journey@kites.org.nz
 - Post to : Action Plan Feedback, Planning & Funding, CCDHB, Private Bag 7902, Wellington
 - Phone Doris Tuifao on 806 2437
 - Sandra Murray or Marion Thomas will call you back to discuss your feedback
- Feedback will be considered and updated document will be sent to CPHAC and the Board in late May /early June 2011.
- Action plan & final document – www.ccdhb.org.nz

Thank you