



The Journey Forward Leadership Group Update

Issue Two

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LOGO

The Journey Forward now has a logo! The winning entry was from Jim Wiki and selected by the Leadership group. Jim explains his work;

'This logo depicts a journey from illness to recovery.

The koru signify the range of services that support the journey.

Additionally, they depict reaching out for support.

The central crescents symbolize the stages of the journey as a person gets stronger. They also represent the intrinsic elements of a person; tinana (body), hinengaro (mind) and wairua (spirit). The supportive environment of the whanau (family) completes the balance of a person.

This is depicted by the shape of the triangle.

The colours represent the transition from complexity (at the peak of the triangle) to enlightenment (at the base of the triangle)."

The standard of entries was very high and we would like to thank everyone who took the time to submit an entry.

Progress to date:

We are pleased to announce the appointment of Susan Rawlins to the position of Project Leader for The Journey Forward. Susan was previously manager of the Wellington South Community Mental Health Team and so brings valuable experience to this role. An additional project co-ordinator position has been advertised.

We have welcomed Stephan Caldis onto the Leadership Group. Stephan works for the PSA and has the backing of the other unions involved in health such as the Food and Service Workers Union and the Nurses Association.

Acute and Crisis Workstream update –The group received the first draft of feedback from the Process Mapping workshops, and are planning processes for communication and discussion about the wealth of information obtained from this. A "Plan, Do, Study, Act" workshop is planned for the workstream next month, to assist us in supporting the implementation of recommendations and solutions identified in the process mapping workshops – with the intention being to also involve people who participated and contributed.

Contact Us

If you have questions you would like answered or have any suggestions to make these updates are useful and relevant please let us know by e-mailing

journeyforward@kites.org.nz

The group has also been involved in reviewing the draft service specifications for the Short Term Assessment and Recovery service, which is currently in tender process.

Improving Access Workstream update: A sub group has started looking at physical care of people with mental illness and the group has begun drafting an intergrated framework.

Process Mapping Workshops

Early in 2006 the acute and crisis workstream discussed the need to develop an understanding of the continuum of acute and crisis mental health services. The group wanted to look at services from the perspective of people who use acute and crisis services and to follow their journey through them.

It was decided that “process mapping” would be the tool to advise on service developments with regard to acute and crisis services.

Process mapping is described as a technique designed to facilitate dialogue and open discussion between service users and providers of health care who may have different perspectives and backgrounds.

Six workshops were held in Porirua, Wellington and Kapiti. Over 160 attendances were recorded and participants included mental health workers, community workers, consumers and family / whanau. Over 40 organisations supported workers to attend and consumers/tangata whaiora and family/whanau members made up one third of participants.

The workshops involved vignettes that were written from consumer / tangata whaiora experience by Case Consultancy, and amalgamated a number of actual experiences. The participants then plotted the consumer journey as it was described and identified barriers / problems and then solutions.

Whilst the aim of these workshops was to explore acute and crisis services it was found in many instances that if options had occurred earlier for consumers / tangata whaiora then the use of acute and crisis mental health services may have been reduced and / or eliminated. The findings of the workshops will therefore be of use to other workstreams within The Journey Forward implementation.

Local Advisory Group (LAG) – After discussion the LAG has now disbanded and the Leadership group has incorporated some of the LAG terms of reference. All current LAG members were invited to join the Leadership group. This decision was made in light of the over lapping of roles between the two groups and the need to ensure people do not have to attend any more meetings than they need to.

Website

Information about The Journey Forward will soon be available on the Capital and Coast DHB website. There will be information about work streams, the programme structure and findings of workshops and upcoming events.

Marian Kleist
Chairperson