

“No Exceptions Strategy”

The New Zealand Disability Strategy shapes Sport and Recreation New Zealand’s (SPARC) “No Exceptions” Strategy with the following vision:-

“All people participating in the physical recreation and sport of their choice.”

The five goals of the No Exceptions Strategy are:-

- All people have access to a range of physical recreation and sport opportunities of their own choice in environments that enable full participation. Accessibility includes physical, attitudinal, resources, information and communication.
- All people participating in quality physical recreation and sporting experiences of their choice.
- The benefits of participation in physical recreation and sport are understood by all.
- People with impairments knowing about opportunities and accessing those they choose.
- People with impairments participating in physical recreation and sport are recognised as role models for all new Zealanders.



INCLUSION is not just a **disability** issue
INCLUSION is about our **abilities**
INCLUSION is about **all** of us
INCLUSION is about living **full lives**
INCLUSION treasures **diversity** and builds communities



The New Zealand Disability Strategy

Disability is not something individuals have. What they have is an *impairment; either physical, intellectual, sensory, neurological or psychiatric*. One in five New Zealanders have an impairment.

Individuals are disabled when society creates barriers preventing people with impairments participating fully in the community and achieving their full potential.

Society needs to take some responsibility for minimising these barriers so that people with impairments can “live in a society that highly values their lives and continually enhances their full participation” (New Zealand Disability Strategy 2001).

Check out www.ccdhb.org.nz for previous monthly articles and healthy recipes

Attitude as a Barrier

Attitude is the biggest barrier for people with impairments participating in physical recreation and sport. Each person with an impairment is unique, so the focus must be on the abilities each person has and being prepared to change or adapt the physical or social environment to meet the needs of the individual.

Implementation of “No Exceptions”

Implementation of the No Exceptions Strategy will be possible only through the commitment of partners within the disability sector, disability sport organisations and sport and recreation providers.



The Halberg Trust Sport Opportunity

Programme is committed to ensuring people with impairments can participate in inclusive sport and physical recreation within their community. For support and assistance to ensure all physical recreation and sport activities are *inclusive* of all people, including those with impairments contact:-

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